

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

### UNDER 13 BOYS MINITHON (b)

Choice of Long Jump (LJ) or High Jump (HJ) - Shot (SH) or Discus (DT) - 800m (800) or 150m

				<b>Jump</b>		<b>Throw</b>		<b>Run</b>	<b>Total</b>
1	Jake Alger	EBR	HJ	1.27 18	SH	7.24 20	800	2.24.6 28	66
2	Ben Golding	CR	LJ	4.27 19	SH	6.59 15	150	20.7 27	61
3	James Kemp	LEW	LJ	3.70 12	SH	6.97 18	150	20.3 28	58
4	Jake Storey	HBS	HJ	1.42 26	SH	5.28 7	150	22.5 21	54
5	Ryan Slater	HBS	LJ	4.34 20	SH	5.23 6	150	21.0 26	52
6	Robert Turner	EBR	LJ	4.24 19	SH	5.38 7	150	21.1 25	51
7	Jason Shackel	CR	LJ	3.67 12	SH	5.53 8	800	2.43.7 22	42
8=	George Palmer	HBS	LJ	3.72 12	SH	4.75 4	150	21.2 25	41
8=	Kyran Penny	HBS	LJ	3.93 15	SH	4.06 2	150	21.5 24	41
8=	Luke Howard	BWT	LJ	3.45 9	DT	15.33 11	800	2.47.9 21	41
11	Ieuan Handley	EBR	LJ	3.63 11	DT	10.08 4	800	2.35.3 25	40
12	Niall Cheshire	EBR	LJ	3.83 14	SH	4.33 3	150	22.2 22	39
13=	Thomas Tweedy	HBS	LJ	3.68 12	SH	3.99 1	150	22.1 22	35
13=	George Turner	B&H	HJ	1.15 12	SH	4.23 2	800	2.45.1 21	35

15=	George Smith	LEW	HJ	1.18 14	SH	3.65 1	800	2.52.4 19	34
15=	Sam Jackson	LEW	HJ	1.15 12	DT	9.40 3	800	2.53.2 19	34
17	Jack Milnthorpe	HBS	LJ	3.57 10	SH	4.40 3	800	2.48.5 20	33
18	Daniel Pidgeon	HBS	LJ	3.07 6	SH	4.85 4	800	2.43.8 22	32
19	Alex Stilwell	LEW	LJ	3.18 6	SH	4.45 3	800	2.47.3 21	30
20	Sam Heinzl	LEW	LJ	3.33 7	SH	4.74 4	800	2.54.1 18	29
21	Todd Cotterill	LEW	HJ	NH 0	SH	3.42 0	150	24.1 15	15

**2000m Walk (a)**

1	Lawrence Green	ST		11.21.7					
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**(150)**



## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

100m (b)	Heat 1	w/s +2.2	
1	Toby Rottner	B&H	12.0 Q
2	Ryan Fishwick	EC	12.8 Q
3	Jordan Surridge	EBR	13.0 q
4	Matthew Ranger	WDH	13.1
5	Harold Wolstenholme	EC	13.1
6	Oliver Bunn	HC	13.4

	Heat 2	w/s +2.3	
1	Craig Dummer	WDH	12.3 Q
2	James Mackman	HBS	12.5 Q
3	Daniel Sullivan	LEW	12.7 q
4	James Belt	EC	13.1
5	Aidan Coree	WDH	13.5
6	Barnet Cornford	EBR	14.3

	Heat 3	w/s +1.7	
1	Nathan Adu	B&H	12.6 Q
2	Ellis Lockwood	WDH	12.8 Q
3	Eric Watts	HC	13.1
4	Charlie Forsdick	B&H	13.2
5	Evan Carter	LEW	13.2
6	Kieran Buxton	CR	13.3

	Final	w/s -1.3	
1	Craig Dummer	WDH	11.8
2	Toby Rottner	B&H	12.3
3	James Mackman	HBS	12.7
4	Daniel Sullivan	LEW	12.8
5	Nathan Adu	B&H	12.9
6	Ryan Fishwick	EC	13.0
7	Ellis Lockwood	WDH	13.1
8	Jordan Surridge	EBR	13.7

200m (a)	Heat 1	w/s -0.4	
1	Craig Dummer	WDH	24.8 Q
2	Alexander Vos-Hillier	EBR	26.2 Q
3	Charlie Forsdick	B&H	26.7 q
4	Ryan Fishwick	EC	27.4
5	Lenny Tian	EC	28.0
6	Kieran Buxton	CR	28.2
7	Jack Swift	WDH	29.8
8	Barney Cornford	EBR	30.0

	Heat 2		
1	Toby Rottner	B&H	24.5 Q

2	Joel Harvey	EBR	25.5 Q
3	Nathan Adu	B&H	26.1 q
4	Daniel Sullivan	LEW	26.1 q
5	Evan Carter	LEW	26.9 q
6	Jordan Surridge	EBR	27.3
7	Matthew Ranger	WDH	27.7

	<b>Final</b>		w/s -2.8
1	Craig Dummer	WDH	24.1 <b>CBP</b>
2	Toby Rottner	B&H	24.5
3	Joel Harvey	EBR	25.3
4	Alexander Vos-Hillier	EBR	25.7
5	Nathan Adu	B&H	26.1
6	Evan Carter	LEW	27.3
7	Charlie Forsdick	B&H	27.5
8	Daniel Sullivan	LEW	27.6

#### 400m (b)

1	Toby Rottner	B&H	54.6
2	Alex Best	HBS	55.2
3	Alexander Vos Hillier	EBR	56.1
4	Jamie Ellis	HAS	56.5
5	Oliver Bunn	HC	60.7
6	William Scrase	HC	64.2
7	Lenny Tian	EC	66.0
8	Isaac Brown	EC	67.7

#### 800m (a)

1	Keith Alger		
2	Alex Best	HBS	2.16.3
3	Jake Elliott	B&H	2.17.5
4	Monty Wilson	HAS	2.18.7
5	Jacob Sayers	CR	2.20.4
6	Bernie Spannagl	HBS	2.21.0
7	Robbie Fitzgibbon	PHX	2.21.3
8	James McKenzie	CHI	2.27.0
9	Harry Goodwin	HC	2.28.4
10	Luke Reynolds	PHX	2.29.2
11	Gregory Smith	CHI	2.29.5
12	Jack King	EC	2.32.9

#### 1500m (b)

1	Jake Elliott	B&H	4.33.1
2	Keith Alger	EBR	4.39.8
3	Monty Wilson	HAS	4.41.4
4	Bernie Spannagl	HBS	4.42.4
5	Robbie Fitzgibbon	PHX	4.43.8
6	Nicholas Rawbin	HHH	4.56.9
7	Ben Collier	HBS	4.59.5
8	James Mckenzie	CHI	5.01.9
9	Luke Reynolds	PHX	5.04.2

10	James Western	HAS	5.07.0
11	Jack King	EC	5.11.5

### 80m Hurdles (b) w/s -1.3

1	Jordan Auburn	B&H	12.0
2	Alexander Vos-Hillier	EBR	13.2
3	Lenny Tian	EC	14.2
4	Isaac Brown	EC	15.3
5	James Shackleton	LEW	17.0

### 3000m Walk (a)

1	Alex Jaeggi	EC	18.20.7
2	Dominic York	EC	21.15.5
3	Benedict Bostock	EC	23.01.4

### 4x100m Relay (a)

1	Brighton & Hove	48.8
2	Eastbourne Rovers	49.5
3	Worthing	50.8
4	Hurstpierpoint College	51.9
5	Lewes	53.0

### Pole Vault (b)

			2.10	2.20	2.30	2.40	2.50	2.60	2.70
1	James Mackman	HBS				o	o	o	xo
2	Max Woodward	HBS		o	o	xxo	o	o	xxx
3	Ryan Smith	WDH	o	Pass	o	o	o	xxx	
			1.70	1.80	1.90	2.00	2.10	2.20	2.30
4	Bryce Williams-Watson	LEW		o	o	o	xo	o	xxx
5	Isaac Francis	EBR	o	xxx					

### High Jump (b)

			1.25	1.30	1.35	1.40	1.45	1.50	1.53
1	Dominic Ozga	CR			o	o	o	xo	o
2	James Belt	EC		o	o	o	o	o	o
3	Ryan Smith	WDH		o	o	o	xo	o	xxo
4	Max Woodward	HBS		o	o	o	o	xxx	
5	Scott Courtney	WDH	o	o	o	o	xxo	xxx	

### Long Jump (a)

1	William Scrase	HC	4.24	4.45	4.78	4.55	4.55	4.66	<b>4.78</b>
2	Matthew Warren	CR	4.69	4.69	4.51	4.49	NJ	4.29	<b>4.69</b>
3	Aiden Coree	WDH	4.48	NJ	4.38	NJ	4.39	4.61	<b>4.61</b>
4	Charlie Forsdick	B&H	4.34	4.24	4.59	4.58	NJ	4.41	<b>4.59</b>
5	Scott Courtney	WDH	4.05	4.33	NJ	4.11	NJ	3.90	<b>4.33</b>
6	Samuel Garland	HAS	4.21	4.22	4.29	4.29	4.18	NJ	<b>4.29</b>
7	Ellis Lockwood	WDH	NJ	NJ	4.14				<b>4.14</b>
8	Jack Swift	WDH	4.11	4.09	3.93				<b>4.11</b>
9	Evan Carter	LEW	2.62	4.11	3.57				<b>4.11</b>
10	Lenny Tian	EC	NJ	3.51	3.33				<b>3.51</b>

### Triple Jump (a)

1	David Ozga	CR	9.96	10.21	9.81	10.02	9.91	10.00	<b>10.21</b>
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2	Ellis Lockwood	WDH	9.33	8.56	9.28	8.92	NJ	9.13	<b>9.33</b>
3	Samuel Garland	HAS	9.31	8.97	9.15	NJ	9.23	9.20	<b>9.31</b>

**Shot (a)**

1	Edward Rogers	EC	9.88	9.98	10.08	9.80	10.20	10.68	<b>10.68</b>
2	James Lasis	CR	8.70	9.06	8.80	9.22	9.42	9.71	<b>9.71</b>
3	Isaac Francis	EBR	8.46	8.89	8.64	9.10	8.20	9.08	<b>9.10</b>
4	Tom Killner-Brown	HBS	7.50	7.86	7.81	NT	8.34	7.74	<b>8.34</b>
5	Isaac Brown	EC	6.92	6.84	6.85	7.37	7.62	7.98	<b>7.98</b>
6	Sam Hill	EC	6.99	6.15	6.98	NT	5.74	6.29	<b>6.99</b>

**Discus (a)**

1	James Lasis	CR	NT	26.21	30.02	30.51	30.09	NT	<b>30.51</b>
2	Robert James	HAS	NT	25.02	NT	27.50	NT	28.06	<b>28.06</b>
3	Edward Rogers	EC	22.90	24.01	21.88	20.57	25.75	25.32	<b>25.75</b>
4	Tom Killner-Brown	HBS	22.82	NT	21.33	17.49	20.20	NT	<b>22.82</b>
5	Oliver Bunn	HC	21.06	21.21	20.17	20.59	21.79	22.36	<b>22.36</b>

**Hammer (b)**

1	Rob James	HAS	31.89	NT	33.73	34.51	35.34	34.32	<b>35.34</b>
2	James Lasis	CR	30.44	NT	NT	NT	NT	28.47	<b>30.44</b>
3	Isaac Francis	EBR	22.68	27.42	26.82	25.20	NT	NT	<b>27.42</b>
4	Edward Rogers	EC	NT	22.65	23.29	Pass	Pass	Pass	<b>23.29</b>
5	Tom Killner-Brown	HBS	19.36	15.16	NT	NT	NT	NT	<b>19.36</b>

**Javelin (b)**

1	Alex Coombs	HAS	41.00	39.60	41.05	39.10	40.38	41.67	<b>41.67</b>
2	James Belt	EC	33.64	34.19	34.00	32.74	36.48	NT	<b>36.48</b>
3	Harold Wolstenhome	EC	29.45	29.45	NT	23.01	30.48	35.05	<b>35.05</b>
4	Keith Alger	EBR	28.31	29.63	28.19	26.33	25.01	24.57	<b>29.63</b>
	David Ozga	CR	NT	NT	NT				





2.80  
xxx **2.70**  
**2.60**  
**2.50**  
  
**2.30**  
**1.70**

1.56	1.59	1.65	1.67	
o	xo	XO	xxx	<b>1.65</b>
xo	xxx			<b>1.56</b>
xxx				<b>1.53</b>
				<b>1.45</b>
				<b>1.45</b>

w/s +2.0  
w/s +1.0  
w/s +2.9  
w/s +2.2  
w/s +2.9  
w/s +1.6  
w/s +1.8  
w/s +1.0  
w/s +0.8  
w/s +0.6

w/s +0.5

w/s +0.4

w/s +1.3

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

100m (b)	Heat 1	w/s +2.4	
1	Lewis Cullen	WDH	11.7 Q
2	Dominic Durrell	CR	11.8 Q
3	Joe Pybus	B&H	12.1 q
4	Joe Butler	PHX	12.2 q

	Heat 2	w/s +1.1	
1	Connor Walker-Simms	HC	11.7 Q
2	Chris Brownlee	CR	11.8 Q
3	Jack Valeri	B&H	12.1 q
4	Steve Shipp	WDH	12.4 q
5	Keenan Fishwick	EC	12.5

	Final	w/s -1.0	
1	Lewis Cullen	WDH	11.4
2	Connor Walker-Simms	HC	11.5
3	Chris Brownlee	CR	11.7
4	Dominic Durrell	CR	11.7
5	Jack Valeri	B&H	12.1
6	Joe Pybus	B&H	12.1
7	Joe Butler	PHX	12.2
8	Steve Shipp	WDH	12.4

200m (a)	Heat 1	w/s -2.1	
1	Dominic Durrell	CR	24.2 Q
2	Matt Dorrington	B&H	24.3 Q
3	Conor Walker-Simms	HC	24.5 q
4	Joe Pybus	B&H	25.0 q
5	Jamie Bradley	EC	25.4
6	Lawrence Ackary	EBR	26.2
7	Bradley Hellyer	CHI	27.3

	Heat 2	w/s -0.4	
1	Alex Haynes	HC	23.6 Q
2	David Patey	HBS	23.8 Q
3	Harry Clarke	EBR	24.0 q
4	Chris Brownlee	CR	24.4 q
5	Joe Butler	PHX	25.1
6	Keenan Fishwick	EC	25.2

	Final	w/s -2.0	
1	Alex Haynes	HC	23.8
2	David Patey	HBS	24.1
3	Conor Walker-Simms	HC	24.2
4	Matt Dorrington	B&H	24.3
5	Dominic Durrell	CR	24.3

6	Harry Clarke	EBR	24.6
7	Joe Pybus	B&H	24.8
8	Chris Brownlee	CR	24.8

#### 400m (b)

1	David Patey	HBS	51.4
2	Matt Dorrington	B&H	51.7
3	Charlie Hills	HC	51.8
4	George Grainger	CHI	52.2
5	Jonno Ketley	EBR	54.2
6	Joe Pybus	B&H	54.8
7	Mark West	HAS	55.4
8	James Wright	AC	57.7

#### 800m (a)

1	Charlie Grice	PHX	2.00.2
2	Jonno Ketley	EBR	2.02.3
3	Charlie Hills	HC	2.02.6
4	Max Thomas	HAS	2.04.2
5	Kristofer Everett-Arnasson	HAS	2.05.6
6	Kieran Silsby	B&H	2.06.7
7	Oliver Smith	CHI	2.07.3
8	Thomas Wilmot	B&H	2.08.1
9	Max Pickard	PHX	2.13.3
10	James Collins	HC	2.21.5

#### 1500m (b)

1	Charlie Grice	PHX	4.11.5
2	Kieran Silsby	B&H	4.18.3
3	Max Thomas	HAS	4.19.0
4	Henry Jarvis	BWT	4.19.8
5	Matthew Rawbin	HHH	4.23.4
6	Kristofer Everett-Arnasson	HAS	4.26.1
7	Max Pickard	PHX	4.27.8
8	Alexander Rice	B&H	4.29.7
9	Ryan Driscoll	TON	4.30.2
10	William Gray	B&H	4.32.2
11	Ed Dodd	EBR	4.36.3
12	Stuart Nayar	PHX	4.40.2
13	Jonathan Aston	HC	4.42.4
14	Jamie Moore	CHI	4.42.8
15	Henry Teague-Smith	WDH	4.50.3
16	Tom Parker	AC	4.50.6
17	Ben Parish	HC	5.21.4

#### 100m Hurdles

w/s -0.8

1	Matthew Hewitt	B&H	14.7
2	James Wright	AC	16.2

#### 400m Hurdles (b)

1	George Grainger	CHI	59.8
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2	Matthew Hewitt	B&H	59.9
3	Keenan Fishwick	EC	73.0

### 3000m Walk (a)

1	Andrew Chapman	EC	18.16.8
2	Harry Sykes	EC	23.04.2

### 4x100m

1	Hurstpierpoint College	45.8
2	Crawley	46.6
3	Brighton & Hove	47.1

### Pole Vault (a)

			2.50	2.60	2.70	2.80	
1	Jamie Bradley	EC	o	xxo	xo	xxx	<b>2.70</b>

### High Jump (a)

			1.50	1.55	1.60	1.65	1.70	1.75	1.80
1	Harry Lane	CR			o	o	o	xo	xo
2	Josh Fowler	HC	o	o	o	xxo	xxx		
	George Grainger	CHI			xxx				

### Long Jump (a)

1	Harry Lane	CR	6.26	5.38	5.44	5.62	5.45	5.10	<b>6.26</b>
2	Jack Valeri	B&H	1.76	5.65	5.79	6.01	5.65	5.81	<b>6.01</b>
3	Lewis Cullen	WDH	5.85	5.72	5.97	NJ	5.58	5.57	<b>5.97</b>
4	Lawrence Ackary	EBR	4.52	4.80	4.63	4.94	4.66	5.10	<b>5.10</b>
	Alex Haynes	HC	Pass	NJ	NJ				

### Triple Jump (a)

1	Jack Valeri	B&H	12.44	11.96	NJ	Pass	10.09	Pass	<b>12.44</b>
2	George Grainger	CHI	11.26	NJ	11.41	11.45	NJ	NJ	<b>11.45</b>
3	Calvin Eburn-Amu	CR	NJ	10.65	10.78	10.46	10.16	9.98	<b>10.78</b>
4	Andrew Chapman	EC	10.57	10.37	Pass	Pass	Pass	10.36	<b>10.57</b>
5	Charlie Clayton	WDH	9.76	NJ	Pass	Pass	Pass	Pass	<b>9.76</b>

### Shot Putt (a)

1	Matthew Lasis	CR	NT	NT	9.26	11.84	11.64	NT	<b>11.84</b>
2	Robert Duke	WDH	11.47	NT	10.98	11.50	11.53	11.73	<b>11.73</b>
3	Marnix Van Gelderen	HC	10.77	10.96	11.00	11.17	11.15	10.41	<b>11.17</b>
4	Arpad Vermes	B&H	10.06	9.46	10.13	NT	NT	NT	<b>10.13</b>
5	Ryan Gue	HBS	9.06	8.49	8.36	8.84	8.88	8.29	<b>9.06</b>

### Discus (a)

1	Jonathan Gellett	HBS	36.52	29.75	38.83	36.72	39.16	NT	<b>39.16</b>
2	Matthew Lasis	CR	37.04	37.09	35.10	NT	NT	NT	<b>37.09</b>
3	Robert Duke	WDH	31.06	NT	NT	31.92	33.81	NT	<b>33.81</b>
4	Ryan Gue	HBS	NT	31.08	NT	20.49	27.63	33.38	<b>33.38</b>
5	Arpad Vermes	B&H	30.73	NT	NT	31.09	32.63	NT	<b>32.63</b>
6	Marnix Van Gelderen	HC	27.04	30.70	NT	NT	25.15	30.77	<b>30.77</b>
7	Harry Sykes	EC	21.94	20.80	NT				<b>21.94</b>
8	Chris Birdwood	EC	NT	21.26	NT				<b>21.26</b>

**Hammer (b)**

1	Matthew Lasis	CR	52.88	55.87	57.30	51.69	NT	NT	<b>57.30</b>
2	Robert Duke	WDH	NT	NT	5.12	NT	44.91	NT	<b>44.91</b>
3	Chris Birdwood	EC	15.31	NT	19.43	15.97	18.26	18.88	<b>19.43</b>

**Javelin (b)**

1	Edward Pillai	WDH	38.57	36.45	38.57	41.27	35.60	34.70	<b>41.27</b>
2	Alessandro Sinno	WDH	36.87	36.45	39.47	NT	36.10	NT	<b>39.47</b>
3	Rob Duke	WDH	31.29	NT	28.05	33.94	35.00	31.04	<b>35.00</b>
4	Matt Sansome	HBS	28.98	NT	30.49	29.94	NT	NT	<b>30.49</b>
5	Jamie Moore	CHI	NT	21.63	NT	Pass	Pass	Pass	<b>21.63</b>





1.85

xxx

**1.80**

**1.65**

**NH**

w/s +0.4

w/s +0.4

w/s +1.0

w/s +0.4

w/s +0.4

w/s +1.1

w/s +1.6

w/s +0.3

w/s +0.3

CBP

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

<b>100m (b)</b>		w/s +2.8	
1	Harvey Byrne	NEB	11.0
2	Andy Millen	WDH	11.1
3	James Sleep	HC	12.0
4	Stefan Redmond	EC	12.2
5	Bradley Hall	CR	12.2
6	Matthew Morris	HAS	12.3

<b>200m (a)</b>		w/s -3.1	
1	Harvey Byrne	NEB	22.4
2	Andy Millen	WDH	22.6
3	Michael West	HAS	22.9
4	Peter Henworth	HAS	23.2
5	Gwilym Cooper	B&H	23.5
6	Shaun Leigh	B&H	23.8
7	Matthew Morris	HAS	24.8
8	Ashley Dann	LEW	26.2

<b>400m (b)</b>			
1	Michael Di Laura	WDH	50.4
2	Gus Kennedy	PHX	51.3
3	Michael West	HAS	51.9
4	Adam Smith	B&H	51.9
5	Chris Woolcott	B&H	57.5

<b>800m (a)</b>			
1	Rory Graham-Watson	WSE	1.51.7
2	Michael Di Laura	WDH	1.54.2
3	Adam Smith	B&H	1.55.3
4	Tom Marsden	WDH	1.56.4
5	Gus Kennedy	PHX	1.56.5
6	Ben Hoy-Slot	LEW	1.58.1
7	Samuel Wade	AC	2.02.1
8	Matthew Rethy	LEW	2.02.2
9	Aaron Stone	CR	2.02.9
10	Edward Hickman-Casey	EC	2.03.6
11	Jonas Wienecke	PHX	2.10.8

<b>1500m (b)</b>			
1	Adam Clarke	HAS	4.00.6
2	James McCarthy	B&H	4.08.8
3	Aaron Stone	CR	4.10.7
4	Josh Mutch	B&H	4.12.0
5	Matthew Rethy	LEW	4.16.2
6	Andrew Woods	HAS	4.16.5
7	Finn McNally	PHX	4.18.7

8	Graham Nelson	HBS	4.25.2
9	Jonas Wienecke	PHX	4.31.2
10	Christopher Woolcott	B&H	4.32.3
11	Tim Jolly	WDH	4.43.1

#### 5000m (a)

1	Edward Hickman-Casey	EC	18.56.7
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#### 110m Hurdles (b)

Wind -0.5

1	Shaun Leigh	B&H	15.2
2	Gwilym Cooper	B&H	15.7
3	Tom Reeson-Price	EC	16.2
4	Matt Baker	HBS	18.8
5	Christopher Hewitt	B&H	25.9

#### 400m Hurdles (b)

1	Gwilym Cooper	B&H	56.5
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#### 3000m Walk (a)

1	Edward Hickman-Casey	EC	18.57.1
2	Jacques Reading	EC	24.10.4

#### Pole Vault (a)

			3.00	3.40	3.50	3.60	3.70	3.80	3.90
1	Peter Henworth	HAS						o	o
2	Sam Brown	LEW							
3	Shaun Leigh	B&H	o	xo	o	o	xxo	xo	xxx
			2.70	2.90	3.00	3.10	3.20	3.30	
4	Russell Weir	EBR	xo	o	o	o	o	xxx	

#### High Jump (b)

			1.60	1.65	1.70	1.75	1.80	1.85	1.90
1	Joe Kent	HBS							o
2	Tom Gardner	EG							o
3	Dan Dunscombe	WDH							xo
4	Phill Davis	B&H			o	xxx			
5	Tim Jolly	WDH	o	xo	x	withdrew			
	Matthew Plunkett	HHH			xx	withdrew			

#### Long Jump (a)

1	Peter Henworth	HAS	6.48	6.38	6.43	NJ	6.17	6.55	<b>6.55</b>
2	Shaun Leigh	B&H	6.32	6.08	NJ	6.30	6.30	6.24	<b>6.32</b>
3	Matt Baker	HBS	5.60	5.79	5.72	5.43	5.68	5.83	<b>5.83</b>
4	Andy Millen	WDH	5.44	5.41	5.28	5.38	NJ	5.56	<b>5.56</b>
5	James Sleep	HC	5.32	5.28	5.31	Pass	Pass	Pass	<b>5.32</b>

#### Triple Jump (b)

1	Tom French	B&H	NJ	12.69	12.75	12.76	12.79	12.90	<b>12.90</b>
2	Zach Willis	HC	11.53	NJ	11.58	12.01	11.51	11.71	<b>12.01</b>
3	Matt Baker	HBS	11.62	11.57	11.82	11.78	11.68	NJ	<b>11.82</b>
4	Patrick Apantaku	WDH	11.00	NJ	10.91	11.08	10.81	11.25	<b>11.25</b>

**Shot Putt (b)**

1	Shaun Leigh	B&H	11.90	13.07	12.46	12.95	NT	12.78	<b>13.07</b>
2	Luke Braiden	B&H	11.68	11.72	11.98	NT	NT	NT	<b>11.98</b>
3	Matt Gue	HBS	10.78	11.02	11.40	10.70	10.77	11.26	<b>11.40</b>
4	Tim Jolly	WDH	11.05	9.85	10.25	10.50	10.15	11.10	<b>11.10</b>
5	Simon Evans	WDH	10.46	10.48	10.72	10.43	10.40	10.43	<b>10.72</b>
6	Harry Tilsley	HBS	10.03	10.32	9.98	9.04	9.64	10.10	<b>10.32</b>
7	Matthew Evans	WDH	8.88	9.38	9.84				<b>9.84</b>
8	Stefan Redmond	EC	8.24	8.52	NT				<b>8.52</b>

**Discus (b)**

1	Luke Braiden	B&H	42.83	42.78	NT	40.83	40.73	40.58	<b>42.83</b>
2	Matt Gue	HBS	37.51	37.89	36.01	38.60	NT	38.89	<b>38.89</b>
3	Harry Tilsley	HBS	NT	33.17	NT	30.63	34.65	36.00	<b>36.00</b>
4	Bradley Hall	CR	NT	35.22	Pass	Pass	Pass	35.68	<b>35.68</b>
5	Shaun Leigh	B&H	31.84	32.51	NT	NT	NT	32.55	<b>32.55</b>
6	Simon Evans	WDH	29.24	NT	30.34	29.98	NT	NT	<b>30.34</b>
7	Matt Evans	WDH	27.24	28.07	28.32				<b>28.32</b>
8	Will Bunn	HC	NT	24.19	23.29				<b>24.19</b>

**Hammer (a)**

1	Matthew Evans	WDH	44.34	NT	47.97	NT	46.23	48.45	<b>48.45</b>
2	Simon Evans	WDH	NT	44.34	45.29	NT	NT	43.46	<b>45.29</b>

**Javelin (a)**

1	Cameron Bygraves	HC	43.34	48.64	43.12	44.09	46.87	49.69	<b>49.69</b>
2	Shaun Leigh	B&H	43.69	46.96	48.61	48.69	48.83	46.90	<b>48.83</b>
3	Sam Brown	LEW	38.71	NT	NT	Pass	Pass	Pass	<b>38.71</b>



	4.00	4.10	4.20	
o	xxo	xxx		<b>4.10</b>
xo	Pass	xxx		<b>4.00</b>
				<b>3.80</b>
				<b>3.20</b>

	1.95	1.98	2.01	2.04	2.07	
o	Pass	xxo	o	xxx		<b>2.04</b>
xxx						<b>1.90</b>
xxx						<b>1.90</b>
						<b>1.70</b>
						<b>1.65</b>
						<b>NH</b>

w/s +0.8  
w/s +1.5  
w/s +1.5  
w/s +0.6  
w/s +2.4



## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

<b>100m (b)</b>				w/s +2.1
1	Wade Bennett-Jackson	BEL	10.6	
2	El-Houssine Azzaoui	CR	11.2	
3	Frazer Deans	NEB	11.3	
4	Paul McKeown	B&H	11.3	
5	Dan Brooker	B&H	11.4	
6	Luke Sargeant	CR	11.4	
7	Chris Morgan	CR	11.7	
8	Fraser Young	LOS	11.8	
<b>200m (a)</b>				
<b>Heat 1</b>				w/s -3.3
1	Wade Bennett-Jackson	BEL	21.9 Q	
2	Frazer Deans	NEB	23.2 Q	
3	Craig Baker	WDH	23.6 q	
4	Fraser Young	LOS	24.6 q	
<b>Heat 2</b>				
1	El-Houssine Azzaoui	CR	22.6 Q	
2	Luke Sargeant	CR	22.9 Q	
3	Lee Fulham	WDH	23.3 q	
4	Russell Whiting	WDH	24.8 q	
5	Joe Ruocco	B&H	25.4	
<b>Final</b>				w/s +1.8
1	Wade Bennett-Jackson	BEL	21.6	
2	El-Houssine Azzaoui	CR	22.5	
3	Frazer Deans	NEB	22.9	
4	Luke Sargeant	CR	23.0	
5	Craig Baker	WDH	23.8	
6	Fraser Young	LOS	24.2	
7	Russell Whiting	WDH	24.7	
8	Lee Fulham	WDH	NT	
<b>400m (b)</b>				
1	Matt Sinclair	CR	50.0	
2	Craig Cox	CR	51.3	
3	Nick Duggan	CR	52.3	
4	Sam Parsons	B&H	52.3	
5	Matt Peel	CR	52.4	
6	Joe Ruocco	B&H	53.0	
7	Steven Baldock	HAS	53.2	
<b>800m (a)</b>				
1	Matt Peel	CR	1.56.9	
2	Rob Ingham	B&H	1.57.0	
3	Matt Furber	CR	1.57.4	

4	Mark Burchett	WDH	1.57.6
5	Nick Duggan	CR	1.59.0
6	David Boyce	B&H	1.59.3
7	Steven Baldock	HAS	2.03.5

#### 1500m (b)

1	Joel Kidger	CR	4.01.0
2	Ben Warren	HAI	4.02.0
3	Mark Burchett	WDH	4.03.5
4	Matt Barrie	PHX	4.07.7
5	Christopher Dodd	EBR	4.09.6
6	Josh Guilmant	PHX	4.10.7
7	Adam Stainsby	WDH	4.16.2
8	Paul Mealling	UN	4.16.5

#### 5000m (a)

1	Gavin Thompson	CR	15.02.3
2	Josh Guilmant	PHX	15.04.9
3	James Baker	CHI	15.12.7
4	Joel Clewett	MET	15.19.2
5	Andrew Donno	B&H	15.22.8
6	Christopher Thomson	B&H	15.46.3
7	Kev Mason	B&H	15.50.9
8	Ed O'Brien	WST	15.57.3
9	Josh Painter	B&H	16.23.4
10	Andy Nicholson	CHI	16.45.0

#### 110m Hurdles (b)

ws -0.5

1	Craig Baker	WDH	15.6
2	Julian Langley	WAL	20.4

#### 400m Hurdles (b)

1	Sam Parsons	B&H	55.7
2	Lee Cosson	HAS	63.6
3	Andy Hunt	WDH	65.6

#### 4x100m Relay (a)

1	Crawley	43.9
2	Hurspierpoint College	47.1

#### Pole Vault (a)

			3.60	3.80	3.90	4.00	4.10	4.20	4.40
1	Dave Ingram	B&H				o		xxo	xxx
2	Craig Baker	WDH	o	o	xo	xxo	xo	xxx	

#### High Jump (b)

			1.50	1.55	1.60	1.70	1.75	1.80	1.85
1	Dean Storry	WDH			o	o	o	xo	xxo
2	Craig Baker	WDH						xxo	Pass
3	Richard Buckingham	WDH	o	o	o	xxx			

#### Long Jump (a)

1	Chris Morgan	CR	6.31	6.53	6.38	4.86	6.45	6.65	<b>6.65</b>
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2	Richard Buckingham	WDH	5.69	5.75	Pass	Pass	5.58	5.46	<b>5.75</b>
<b>Triple Jump (b)</b>									
1	Dean Storry	WDH	13.01	12.44	12.44	11.27	11.89	12.19	<b>13.01</b>
<b>Shot Putt (b)</b>									
1	Steve McCourt	SCV	10.44	10.42	10.21	9.89	9.59	9.44	<b>10.44</b>
2	David Freeman	CR	7.60	Withdrew					<b>7.60</b>
<b>Discus (b)</b>									
1	Simon Cooke	NEB	48.42	47.86	50.93	49.18	50.15	49.51	50.93
2	Garry Power	HER	37.65	38.52	NT	37.74	37.63	NT	38.52
3	Craig Baker	WDH	Pass	Pass	30.90	31.61	33.97	NT	33.97
4	Mark Gibbs	WDH	22.68	20.55	22.99	23.81	23.55	22.38	23.81
5	David Freeman	CR	20.45	NT	NT	21.31	NT	20.79	21.31
<b>Hammer (a)</b>									
1	Phil Spivey	EG	53.65	51.10	53.58	52.67	51.93	51.06	<b>53.65</b>
2	David Freeman	CR	18.50	19.01	18.05	17.59	17.10	NT	<b>19.01</b>
<b>Javelin (a)</b>									
1	Craig Baker	WDH	52.08	51.24	58.71	55.31	NT	52.10	<b>58.71</b>



**4.20**  
**4.10**

1.90	1.95	1.98	
XXO	XXO	XXX	<b>1.95</b>
XXX			<b>1.80</b>
			<b>1.60</b>

w/s +0.9

w/s +2.5

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

### 5000m (b)

#### Over 40

1	John Moores	ST	16.38.6
2	Peter O'Connell	HOJ	17.00.3
3	Dean Angell	HOJ	17.06.1
4	Dave Rayner	CR	17.16.8
5	Mark McLoughlin	HHH	18.06.3
6	Paul Collicutt	PHX	18.26.4

#### Over 50

1	Robert Freeman	CR	20.19.3
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### 3000m Walk (a)

1	Trevor Jones	ST	14.20.1
2	Ian Richards	ST	14.23.2
3	Ron Penfold	ST	16.57.5
4	David Stevens	ST	20.02.0

### Pole Vault (a)

#### Over 40

			2.80	3.00	3.10	3.20	3.30	
1	Alan Easey	WDH		o	xo	xxo	xxx	<b>3.20</b>
2	Colin King	EG	o	o	xxx			<b>3.00</b>

#### Over 50

1	Brian Slaughter	EBR		o		xo	xxx	<b>3.20</b>
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### Hammer (a)

#### Over 50

1	Brian Slaughter	EBR	36.34	35.31	38.35	NT	36.41	NT	<b>38.35</b>
2	Michael Bale	HHH	33.02	34.46	32.46	33.36	32.43	32.99	<b>34.46</b>
3	Karlis Bricis	WDH	NT	25.50	withdrew				<b>25.50</b>

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

### UNDER 13 GIRLS MINITHON

Choice of Long Jump (LJ) or High Jump (HJ) - Shot (SH) or Discus (DT) - 800m (800) or 150m (150)

					<b>Jump</b>		<b>Throw</b>		<b>Run</b>	<b>Total</b>
1	Katie	Garland	HAS	HJ	1.41 29	SH	5.37 10	800	2.31.0 32	71
2	Olivia	Connor	LEW	HJ	1.30 24	DT	18.41 19	150	21.4 27	70
3	Stephania	Paraskevas	B&H	LJ	4.11 20	SH	5.69 12	800	2.29.5 32	64
4	Jade	Brewster	HBS	HJ	1.25 21	SH	6.02 14	800	2.40.6 28	63
5	Rosie	Lane	LEW	HJ	1.38 28	SH	6.13 15	150	23.8 19	62
6=	Anna	Short	WDH	LJ	4.09 20	SH	5.68 12	150	20.7 29	61
6=	Imogen	Levy	B&H	LJ	4.23 22	SH	5.71 12	150	21.5 27	61
8	Imogen	Marshall	WDH	LJ	4.19 21	SH	5.44 10	800	2.38.6 29	60
9	India	Spoor	WDH	LJ	3.53 13	SH	5.98 14	800	2.37.4 29	56
10	Holly	Talbut-Smith	CR	LJ	3.86 17	SH	5.71 12	800	2.48.8 26	55
11=	Sophie	Spinner	WDH	LJ	3.52 13	SH	5.38 10	150	20.2 31	54
11=	Miranda	Garratt	WDH	LJ	3.82 17	DT	19.35 21	150	24.8 16	54
13=	Lara	Curtis	HHH	HJ	1.25 21	SH	5.37 10	800	3.02.9 21	52
13=	Alice	Walker	EBR	LJ	3.86 17	SH	5.94 14	150	23.2 21	52

13=	Paige Clark	CR	LJ	3.90 18	SH	4.19 4	800	2.35.1 30	52
16=	Jody Mann	PHX	LJ	3.42 12	DT	16.60 14	800	2.53.5 24	50
16=	Lucy Milnthorpe	HBS	HJ	1.20 19	SH	4.72 6	800	2.50.3 25	50
18=	Emily Harmond	WDH	LJ	3.14 8	SH	6.50 18	150	22.8 22	48
18=	Grace Cook	BWT	LJ	3.21 9	SH	4.92 7	800	2.30.7 32	48
20=	Isabel Green	ST	LJ	3.47 12	SH	5.15 9	800	2.48.8 26	47
20=	Eve Rothwell	LEW	LJ	3.17 9	DT	13.10 7	800	2.31.3 31	47
22	Hannah Clark	HBS	LJ	3.65 14	DT	14.18 10	150	23.0 22	46
23	Isabelle Adlam	B&H	LJ	2.56 4	SH	7.52 24	150	24.5 17	45
24=	Bethany Hickman	HBS	LJ	3.68 15	DT	14.08 9	150	24.0 18	42
24=	Ruby Whyte-Wildi	LEW	LJ	3.28 10	SH	4.81 6	800	2.48.8 26	42
26=	Georgina Moffat	EBR	HJ	1.00 10	DT	13.20 8	150	22.6 23	41
26=	Sophie Mansfield	CR	LJ	2.84 6	SH	4.43 5	800	2.36.9 30	41
28=	Ellen Winter	ST	LJ	3.57 13	SH	4.64 5	800	2.58.2 22	40
28=	Olivia Winter	ST	LJ	3.29 10	SH	5.66 12	150	24.2 18	40
30=	Chloe Hollamby	EG	LJ	3.12 8	DT	11.98 5	150	22.6 23	36
30=	Stephanie Shackel	CR	LJ	3.13 8	DT	12.87 7	150	23.3 21	36

32	Lucy	O'Connor	PHX	LJ	3.06 8	SH	4.01 4	800	2.56.3 23	35
33=	Jasmine	Robinson	HHH	LJ	2.93 7	SH	3.23 2	800	2.54.4 24	33
33=	Maria	Andrews	PHX	LJ	2.95 7	SH	4.24 4	800	2.58.9 22	33
35	Georgia	Tagg	ST	LJ	3.33 10	SH	4.58 5	150	24.7 16	31
36	Romy	Loughman	LEW	HJ	1.05 12	SH	3.03 2	800	3.18.0 16	30
37	Rebekah	Dunt	CR	LJ	3.00 7	DT	7.56 1	150	23.5 20	28
38=	Ella	Jenkins	LEW	LJ	2.92 7	SH	4.58 5	150	25.2 14	26
38=	Phoebe	Liddell	LEW	LJ	2.90 6	SH	4.39 5	150	24.9 15	26
40	Natasha	Goodwin	EBR	LJ	2.41 3	SH	3.42 2	800	3.21.7 15	20
41	Laura	Knight	HBS	LJ	3.05 8	SH	3.99 3	150	27.8 8	19
42	Joanna	Tranter	HBS	LJ	2.78 5	SH	3.48 2	150	27.0 10	17
	Zoe	Nunn	CHI	LJ	2.52 4	SH	3.59 3			

1)





## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

100m (a)	Heat 1	w/s -2.8	
1	Bethany Close	WDH	13.2 Q
2	Georgia Louca	EBR	13.7 Q
3	Amy Hewitt	EG	13.7 q
4	Isabella De Silva	LEW	14.7
5	Holly Cheshire	EBR	14.8
6	Caitlin Ward	HBS	15.2
7	Olivia Southgate	AC	15.6

	Heat 2	w/s -2.9	
1	Lauren Hope	HC	14.4 Q
2	Belinda Anderson-Easey	WDH	14.5 Q
3	Emily Graysmark	B&H	14.7
4	Sian Perrier	B&H	14.9
5	Megan Tranter	HBS	15.0
6	Katie Harding	PHX	16.4

	Heat 3	w/s -1.1	
1	Gabriella Wilson	EBR	13.5 Q
2	Mia Harvey	EBR	14.1 Q
3	Martha Gosney	PHX	14.3 q
4	Lana Shaw	HHH	14.3
5	Eloise Radcliffe	HHH	14.3
6	Amelia Thompson	WDH	15.0

	Final	w/s -0.4	
1	Bethany Close	WDH	13.2
2	Gabriella Wilson	EBR	13.2
3	Georgia Louca	EBR	13.7
4	Mia Harvey	EBR	13.7
5	Amy Hewitt	EG	13.8
6	Lauren Hope	HC	13.9
7	Martha Gosney	PHX	14.1
8	Belinda Anderson-Easey	WDH	14.3

200m (b)	Heat 1	w/s -0.4	
1	Gabriella Wilson	EBR	27.3 Q
2	Cadie Willis	HBS	27.5 Q
3	Olivia Mason	EBR	28.2 q
4	Caitlin Wells	HBS	29.1 q
5	Chantal West	B&H	30.0
6	Sophie Knight	HBS	30.1
7	Sian Perrier	B&H	30.1
8	Caitlin Ward	HBS	31.6

Heat 2 w/s -0.3

1	Bethany Close	WDH	27.3 Q
2	Lauren Milnthorpe	HBS	27.6 Q
3	Lauren Hope	HC	28.9 q
4	Amelia Ross	HBS	29.4 q
5	Holly Turner	B&H	29.6
6	Emily Graysmark	B&H	30.5
7	Melissa Donaldson	B&H	31.1
8	Olivia Southgate	AC	32.0

Final w/s +0.9

1	Bethany Close	WDH	26.2
2	Gabriella Wilson	EBR	26.8
3	Cadie Willis	HBS	26.9
4	Lauren Milnthorpe	HBS	27.5
5	Lauren Hope	HC	28.7
6	Amelia Ross	HBS	29.0
7	Olivia Mason	EBR	29.1
8	Caitlin Wells	HBS	29.3

**800m (b) Race 1**

1	Maddy Smith	LEW	2.25.3	<b>Gold</b>
2	Grace Baker	HAS	2.26.8	<b>Silver</b>
3	Lauren Bourne	WDH	2.30.6	
4	Sophie Hunnisett	EBR	2.30.9	
5	Jame Street	EBR	2.33.4	
6	Megan Lillie	WDH	2.33.9	
7	Fiona Burns	HBS	2.35.6	
8	Beth Fitzpatrick	BWT	2.38.1	
9	Izzy Cook	BWT	2.41.2	
10	Emily Moore	WDH	2.41.2	

**Race 2**

1	Abigail Hosier	HHH	2.30.5	<b>Bronze</b>
2	Polly Sykes	HC	2.34.8	
3	Rachel Noel	EBR	2.35.3	
4	Isobel Brown	CHI	2.36.6	
5	Hannah Jackson	LEW	2.36.7	
6	Naomi Payne	EBR	2.39.8	
7	Lucinda Steel	CR	2.40.6	
8	Eloise Crockett	PHX	2.42.6	
9	Holly Turner	B&H	2.47.9	
10	Jessica Newey	HHH	2.57.8	
11	Ellie Woolcott	B&H	3.00.3	

**1500m (a)**

1	Maddy Smith	LEW	4.58.2
2	Grace Baker	HAS	5.00.1
3	Beth Fitzpatrick	BWT	5.09.6
4	Izzy Cook	BWT	5.20.3
5	Lauren Bourne	WDH	5.21.1
6	Hannah Jackson	LEW	5.22.0

7	Megan Lillie	WDH	5.24.4
8	Olivia Dickie	HC	5.26.3
9	Lucinda Steel	CR	5.28.0
10	Tess Russell	AC	5.41.6
11	Chloe Goodwin	WDH	5.59.7
12	Jessica Newey	HHH	6.23.7

### 75m Hurdles (a)

w/s -0.9

1	Laura Brown	HBS	12.0 =CBP
2	Lauren Milnthorpe	HBS	12.5
3	Amelia Thompson	WDH	12.9
4	Heloise Kleinwort	PHX	12.9
5	Caitlin Wells	HBS	13.5
6	Megan Tranter	HBS	13.5
7	Lana Shaw	HHH	14.0
8	Shannon Wheatley	CR	14.5

### 2500m Walk (a)

1	Tessa Mills	EC	21.39.1
2	Maddie Sammuels	EC	21.39.2

### 4x100m Relay (b)

1	Eastbourne Rovers	52.8
2	Horsham Blue Star	53.9
3	Worthing	54.2
4	Haywards Heath	55.0
5	Brighton & Hove	55.8

### Pole Vault (b)

		2.30	2.40	2.50	2.60	2.70	2.80	2.91
1	Emily Blackwell	LEW		o	o	o	o	o
2	Naomi Lee	LEW	o	o	o	o	xxx	
		1.70	1.80	1.90	2.00	2.10	2.20	
3	Holly Turner	B&H	o	xo	o	xo	xo	xxx
4	Caitlin Ward	HBS	xo	o	o	o	xxx	

### High Jump (a)

		1.20	1.25	1.30	1.35	1.40	1.45	1.50
1	Isobel Brown	CHI				o	o	xxo
2	Katy Lambert	EBR				o	o	xo
3	Chantal West	B&H	o	o	o	xxo	o	xo
4	Melissa Donaldson	B&H		o	xxo	xxo	xo	xxx
5	Lauren Hope	HC		o	o			
6	Sophie Knight	HBS		xo	o	xxx		

### Long Jump (b)

1	Isobel Brown	CHI	4.38	4.55	4.66	4.76	NJ	4.68	<b>4.76</b>
2	Frances Lythgo-Smith	EBR	4.61	4.54	4.71	NJ	NJ	4.66	<b>4.71</b>
3	Eloise Radcliffe	HHH	4.54	4.61	4.71	4.62	NJ	4.55	<b>4.71</b>
4	Amelia Ross	HBS	4.39	4.34	4.17	4.19	4.39	4.12	<b>4.39</b>
5	Samantha Tullett	HHH	3.90	4.16	4.36	4.24	4.08	4.25	<b>4.36</b>
6	Heloise Kleinwort	PHX	4.35	NJ	NJ	4.18	NJ	NJ	<b>4.35</b>
7	Sophie Knight	HBS	3.90	NJ	4.25				<b>4.25</b>

8	Belinda Anderson-Easey	WDH	4.00	3.86	4.01					<b>4.01</b>
9	Sian Perrier	B&H	3.93	3.65	4.01					<b>4.01</b>
10	Amelia Thompson	WDH	3.64	3.57	3.95					<b>3.95</b>
11	Chantal West	B&H	3.91	3.78	3.74					<b>3.91</b>
12	Rachel Noel	EBR	3.49	3.77	3.83					<b>3.83</b>
13	Melissa Donaldson	B&H	3.34	3.23	3.59					<b>3.59</b>

#### Shot Putt (a)

1	Megan Edwards	HC	8.71	8.86	9.05	8.29	8.41	8.65		<b>9.05</b>
2	Rosie Sharp	EBR	8.73	9.04	8.18	8.49	8.90	8.96		<b>9.04</b>
3	Corey Wickens	HC	8.31	8.43	8.54	8.41	8.89	8.16		<b>8.89</b>
4	Grace Hailstone	B&H	8.83	8.49	8.66	8.85	8.52	8.88		<b>8.88</b>
5	Chantal West	B&H	7.84	7.23	7.58	7.18	7.62	7.55		<b>7.84</b>
6	Georgina Meredith	HC	7.81	6.98	7.39	6.96	NT	7.21		<b>7.81</b>
7	Ursula Stevens	EC	7.31	7.05	6.68					<b>7.31</b>
8	Samantha Tullett	HHH	6.91	7.06	6.76					<b>7.06</b>
9	Aimee Gatland	HBS	6.86	6.30	5.99					<b>6.86</b>
10	Isobel Brown	CHI	6.20	6.02	6.37					<b>6.37</b>
11	Caitlin Ward	HBS	5.29	6.20	5.57					<b>6.20</b>
12	Ellie Woolcott	B&H	5.80	4.97	5.99					<b>5.99</b>
13	Lianne Baker	WDH	5.15	4.76	NT					<b>5.15</b>

#### Discus (a)

1	Corey Wickens	HC	22.38	20.65	26.56	21.22	25.82	21.59		<b>26.56</b>
2	Megan Edwards	HC	22.85	20.48	NT	18.01	18.59	15.81		<b>22.85</b>
3	Megan Tranter	HBS	16.85	19.10	16.77	17.20	18.43	21.20		<b>21.20</b>
4	Lianne Baker	WDH	16.69	NT	17.24	16.64	18.09	18.09		<b>18.09</b>
5	Rosie Sharp	EBR	16.47	16.08	NT	17.52	14.98	NT		<b>17.52</b>
6	Ellie Woolcott	B&H	16.63	13.28	17.11	NT	NT	14.94		<b>17.11</b>
7	Amelia Thompson	WDH	15.83	NT	NT					<b>15.83</b>
8	Hannah Jackson	LEW	10.51	11.84	11.90					<b>11.90</b>

#### Hammer (b)

1	Eloise Marshall	WDH	22.08	20.63	NT	NT	NT	26.13		<b>26.13</b>
2	Ellie Woolcott	B&H	20.65	20.98	22.37	21.24	22.16	20.89		<b>22.37</b>
3	Sophie Williams	WDH	18.14	17.60	19.00	17.98	15.82	16.53		<b>19.00</b>
4	Emily Baker	WDH	17.77	15.02	17.50	NT	NT	17.16		<b>17.77</b>
5	Ursula Stevens	EC	NT	16.01	15.79	NT	NT	15.04		<b>16.01</b>

#### Javelin (b)

1	Jessica Veitch	HBS	28.03	32.71	30.36	30.45	31.42	33.93		<b>33.93</b>
2	Grace Hailstone	B&H	29.72	33.57	31.94	30.93	30.81	NT		<b>33.57</b>
3	Autumn Bowden	CR	27.73	27.35	27.80	25.18	26.28	24.16		<b>27.80</b>
4	Ursula Stevens	EC	NT	21.61	26.81	17.44	16.79	13.19		<b>26.81</b>
5	Melissa Donaldson	B&H	10.67	9.85	12.77	10.27	NT	14.48		<b>14.48</b>
6	Hannah Jackson	LEW	11.72	NT	11.57	11.63	NT	NT		<b>11.72</b>





	3.02	3.10	
o	xxx	<b>3.02 CBP</b>	
		<b>2.60</b>	
		<b>2.10</b>	
		<b>2.0</b>	

	1.53	1.55	1.57	
xxo	o	xxx	<b>1.55</b>	
xxx			<b>1.50</b>	
			<b>1.45</b>	
			<b>1.40</b>	
			<b>1.30</b>	
			<b>1.30</b>	

w/s +2.5  
w/s -0.5  
w/s +1.4  
w/s +2.3  
w/s +1.7  
w/s +2.4  
w/s +1.8

w/s +0.8  
w/s +1.2  
w/s +2.0  
w/s +2.3  
w/s +2.1  
w/s +0.2

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

<b>100m (a)</b>		<b>Heat 1</b>	w/s -0.9	
1	Georgia	Ungoed	EBR	12.9 Q
2	Kerri-Ann	Body	B&H	13.5 Q
3	Harriet	Jones	B&H	13.9 q
4	Natalie	Herbert	EBR	13.9 q
5	Katherine	Bird	WDH	14.1
6	Zara	Sassoon-Munns	EBR	14.3
7	Kate	Burgess	AC	14.3

		<b>Heat 2</b>	w/s -2.3	
1	Joanna	Morgan	EBR	13.2 Q
2	Rochelle	Wilson	CR	13.3 Q
3	Amy	Radcliffe	HHH	13.5 q
4	Katie	Hardcastle	CHI	13.5 q
5	Laura	Brown	AC	14.5
6	Catherine	Knight	HC	14.7
7	Charlotte	Horner-Hill	HC	14.7
8	Lauren	Hines	AC	15.4

		<b>Final</b>	w/s -0.6	
1	Georgia	Ungoed	EBR	12.8
2	Joanna	Morgan	EBR	12.8
3	Rochelle	Wilson	CR	13.2
4	Amy	Radcliffe	HHH	13.4
5	Kerri-Ann	Body	B&H	13.4
6	Katie	Hardcastle	CHI	13.4
7	Natalie	Herbert	EBR	13.6
8	Harriet	Jones	B&H	14.0

<b>200m (b)</b>		w/s +1.4		
1	Joanna	Morgan	EBR	26.0
2	Amy	Radcliffe	HHH	26.7
3	Kerri-Ann	Body	B&H	26.7
4	Amy	McCarthy	HAS	27.6
5	Zara	Sassoon-Munns	EBR	28.2
6	Natalie	Herbert	EBR	29.0
7	Kate	Burgess	AC	29.1

<b>300m (a)</b>				
1	Kerri-Ann	Body	B&H	43.0
2	Harriet	Jones	B&H	45.5
3	Alison	Moore	WDH	46.9
4	Natalie	Sampson	WDH	47.2
5	Rachel	Phelps	PHX	47.8

**800m (b)**

1	Abigail Ashbee-Simmonds	CR	2.22.8
2	Jessica McKenzie	CHI	2.25.3
3	Amber Wallace	WDH	2.36.7

#### 1500m (a)

1	Johanna Spannagl	HBS	4.42.8
2	Abigail Ashbee-Simmonds	CR	4.52.5
3	Stacey Clusker	HAS	4.53.0
4	Jessica McKenzie	CHI	5.07.1
5	Rebecca Eaton	EC	5.16.4
6	Emily Bignell	BWT	5.16.8
7	Amber Wallace	WDH	5.18.2
8	Gabby Kent	CR	5.19.6
9	Rachel Titheradge	B&H	5.38.5
10	Genevieve Pounds	HC	5.34.4

#### 3000m (b)

1	Johanna Spannagl	HBS	10.15.8	<b>CBP</b>
2	Rosie Inman	HBS	11.52.1	
3	Amber Willard	WDH	12.58.4	

#### 80m Hurdles (a)

w/s -1.9

1	Anne-Lise Arnold	B&H	13.1
2	Natalie Burgess	HBS	13.3
3	Ellie Lambert	EBR	13.5
4	Alice Sinno	WDH	13.6
5	Camilla Stephens	EC	14.9
6	Emily Wade	AC	16.4

#### 300m Hurdles (b)

1	Amy McCarthy	HAS	48.4
2	Alice Sinno	WDH	49.2
3	Philippa Wilson	B&H	49.3
4	Emma Noel	EBR	50.8

#### 3000m Walk (a)

1	Rebecca Hreben	EC	27.48.7
2	Rebecca Shaw	EC	27.48.8

#### 4x100m Relay (b)

1	Eastbourne Rovers	51.2
2	Brighton & Hove	52.3
3	Crawley (Non Scoring)	57.1

#### Pole Vault

			3.30	3.40	3.52				
1	Lucy Stickland	HBS	o	xo	xxx				
			1.70	1.80	1.90	2.00	2.10	2.20	2.30
2	Nina Bassham	B&H	o	xo	o	o	o	o	o

#### High Jump (a)

			1.25	1.30	1.35	1.40	1.45	1.50	1.55
1	Philippa Wilson	B&H						o	o

2	Eleanor Lambert	EBR				o	xo	xxx	
3=	Natalie Sampson	WDH		o	o	xxx			
3=	Natalie Burgess	HBS		o	o	xxx			
3=	Naomi Harris	AC	o	o	o	xxx			

### Long Jump (b)

1	Katie Hardcastle	CHI	4.65	4.85	4.96	5.06	4.78	5.03	<b>5.06</b>
2	Emma Noel	EBR	4.41	4.74	4.93	4.82	5.00	4.89	<b>5.00</b>
3	Natalie Burgess	HBS	4.89	4.90	4.85	4.51	4.69	4.44	<b>4.90</b>
4	Gabbi Harris	B&H	4.81	4.89	4.79	4.71	4.71	4.75	<b>4.89</b>
5	Nina Bassham	B&H	4.55	4.65	4.54	Pass	4.7	4.83	<b>4.83</b>
6	Tessa Martin	EG	4.50	4.78	4.31	3.86	NJ	NJ	<b>4.78</b>
7	Alice Sinno	WDH	4.24	4.61	4.56				<b>4.61</b>
8	Natalie Sampson	WDH	4.56	4.59	4.59				<b>4.59</b>
9	Amy Radcliffe	HHH	4.25	4.39	NJ				<b>4.39</b>

### Triple Jump (a)

1	Katie Hardcastle	CHI	10.26	10.20	10.16	10.76	10.80	10.71	<b>10.80</b>
2	Gabi Harris	B&H	9.52	9.73	9.52	10.07	9.29	9.43	<b>10.07</b>
3	Tessa Martin	EG	9.78	9.60	9.95	9.52	9.65	9.89	<b>9.95</b>
4	Alice Sinno	WDH	9.55	8.74	9.42	9.24	NJ	9.00	<b>9.55</b>
5	Katherine Bird	WDH	9.27	9.40	9.42	8.94	9.03	9.26	<b>9.42</b>

### Shot Putt (a)

1	Rebecca Baines	CR	10.45	9.98	NT	10.15	10.19	9.10	<b>10.45</b>
2	Isabelle Smith	HC	8.03	8.11	7.22	7.57	7.76	7.20	<b>8.11</b>
3	Camilla Stephens	EC	7.25	NT	7.76	7.46	Pass	Pass	<b>7.76</b>
4	Eleanor Lambert	EBR	7.30	6.75	6.64	7.02	7.62	7.19	<b>7.62</b>
5	Kate Burgess	AC	6.94	6.69	6.37	6.73	6.81	6.81	<b>6.94</b>
6	Natalie Sampson	WDH	6.30	6.59	6.76	6.80	6.46	6.26	<b>6.80</b>
7	Melissa Killner-Brown	HBS	6.61	6.41	5.93				<b>6.61</b>

### Discus (a)

1	Louisa James	HAS	NT	30.10	30.11	31.03	30.16	32.20	<b>32.20</b>
2	Emma Kirk-Odunubi	B&H	NT	32.13	NT	30.95	29.60	31.26	<b>32.13</b>
3	Rebecca Baines	CR	NT	32.13	30.18	NT	30.47	NT	<b>32.13</b>
4	Lisa Normoyle	HAS	27.83	29.07	NT	29.12	NT	26.98	<b>29.12</b>
5	Melissa Killner-Brown	HBS	13.97	22.26	NT	NT	14.88	17.13	<b>22.26</b>

### Hammer (b)

1	Louisa James	HAS	42.94	NT	37.87	43.58	NT	NT	<b>43.58</b>
2	Melissa Killner-Brown	HBS	15.30	NT	16.17	16.92	17.16	17.64	<b>17.64</b>

### Javelin (b)

1	Holly Webb	HBS	32.64	31.94	32.34	32.28	NT	33.97	<b>33.97</b>
2	Emma Noel	EBR	18.20	20.06	20.39	17.98	21.92	23.21	<b>23.21</b>



		<b>3.40</b>
2.40	2.50	
XXO	XXX	<b>2.40</b>
1.60	1.65	
O	XXX	<b>1.60</b>

1.45  
1.35  
1.35  
1.35

w/s +0.3  
w/s +2.3  
w/s +0.8  
w/s +0.1  
w/s +0.1

**CBP**

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

100m (a)		w/s -1.7	
1	Alice Essam	EBR	13.1
2	Verity Lipscombe	B&H	13.3
3	Charlotte Hugill	EC	13.5
4	Jody Kite	B&H	13.6
5	Natasha Bennett	B&H	13.6
6	Catriona Dunlop	HBS	13.7
7	Emily Taylor	HBS	13.7

200m (b)		w/s +0.3	
1	Savannah Echel-Thomson	PHX	25.3
2	Hannah Ingram	EBR	26.6
3	Sarah Moore	EBR	27.1
4	Catriona Dunlop	HBS	27.3
5	Natasha Bennett	B&H	27.6
6	Jody Kite	B&H	27.8
7	Emily Taylor	HBS	28.3
8	Amy Martin	EBR	29.1

400m (a)			
1	Savannah Echel-Thomson	PHX	57.0
2	Frances Parkes	HBS	60.6
3	Charlotte Hugill	EC	64.0
4	Sophie Millett	CHI	64.4
5	Sorcha Cotter	HBS	65.3

800m (b)			
1	Abigail Fowlie	WDH	2.16.7
2	Sundai Boulton	PHX	2.18.8
3	Kate Kaye	HBS	2.20.2
4	Brittany Saville	WDH	2.23.2
5	India Parker-Smith	HC	2.26.3
6	Isabella Murray	CR	2.27.8
7	Laura Lambourne	B&H	2.31.9
8	Nicola Silsby	B&H	2.40.7

1500m (a)			
1	Brittany Saville	WDH	4.51.7
2	Rebecca Moore	WDH	5.01.3
3	Grace Geilinger	B&H	5.02.9
4	Abigail Regan	PHX	5.03.3

3000m (b)			
1	Sophie Coleman	PHX	9.27.9 <b>CBP</b>
2	Rebecca Moore	WDH	11.16.1
3	Laura Lambourne	B&H	11.58.5

4 Nicola Silsby B&H 12.09.2

**100m Hurdles**

w/s -0.8

1 Bella Hailstone B&H 14.9  
 2 Francesca Bennett B&H 15.1  
 3 Rebecca Jennings HBS 15.1  
 4 Sarah Moore EBR 15.9  
 5 Chloe Loader HBS 16.6  
 6 Elise Lovell HAS 17.3

**400m Hurdles (b)**

1 Rebecca Jennings HBS 67.2  
 2 Ellen Franks CR 70.5  
 3 Sorcha Cotter HBS 73.5

**3000m Walk (a)**

1 Elizabeth Williams EC 23.08.3

**Pole Vault**

			2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80
1	Chloe Loader	HBS					o	XXO	o	XXX
2	Sophie Millett	CHI	o	o	Pass	o	o	XXX		
3	Sorcha Cotter	HBS		o	xxo	xo	xxx			
			1.80	1.90	2.00	2.10	2.20	2.30	2.40	
4	Claudette Povey	SDC	o	o	o	o	xo	o	xxx	

**High Jump (a)**

			1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65
1	Bella Hailstone	B&H					o	o	xo	xxx
2=	Elizabeth Maries	CR					o	o	xxx	
2=	Sarah Moore	EBR					o	o	xxx	
4	Kayley Alcorn	WDH				o	o	xxx		
5	Ellen Franks	CR		xo	o	o	xxx			
6	Sophie Millett	CHI		xo	xo	o	xxx			
7	Elise Lovell	HAS		o	xo	xxo	xxx			
8	Molly Buchanan	EC	o	o	xxx					

**Long Jump (b)**

1	Catriona Dunlop	HBS	4.79	5.24	5.04	4.93	5.11	NJ	<b>5.24</b>
2	Bella Hailstone	B&H	5.01	5.06	5.14	5.19	5.08	5.15	<b>5.19</b>
3	Elise Lovell	HAS	NJ	4.45	4.67	4.76	NJ	4.93	<b>4.93</b>
4	Alice Essam	EBR	NJ	4.91	NJ	4.54	NJ	NJ	<b>4.91</b>
5	Verity Lipscombe	B&H	3.46	4.78	4.80	4.77	4.00	4.57	<b>4.80</b>
6	Liz Maries	CR	4.53	4.35	4.63	4.29	4.30	4.23	<b>4.63</b>
	Sarah Moore	EBR	NJ	NJ	NJ				

**Triple Jump (a)**

1	Catriona Dunlop	HBS	9.93	10.31	10.37	10.20	NJ	10.44	<b>10.44</b>	w/s +0.4
2	Catherine Shin	EG	9.71	10.26	10.09	9.74	10.32	10.17	<b>10.32</b>	w/s +1.0
3	Elizabeth Maries	CR	9.48	9.23	9.35	9.89	9.19	9.30	<b>9.89</b>	w/s +1.3

**Shot Putt (b)**

1	Sarah Moore	EBR	NP	10.19	10.67	10.00	9.73	10.35	<b>10.67</b>
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2	Erica Francis	EBR	10.09	9.89	NP	10.22	10.11	9.82	<b>10.22</b>
3	Kayley Alcorn	WDH	9.37	9.15	8.70	8.81	9.50	9.51	<b>9.51</b>
4	Bella Hailstone	B&H	8.86	NP	9.19	8.84	8.00	NP	<b>9.19</b>
5	Ellen Franks	CR	7.59	7.39	7.75	7.75	7.68	8.22	<b>8.22</b>

**Discus (b)**

1	Erica Francis	EBR	NT	26.93	28.65	30.26	29.39	NT	<b>30.26</b>
2	Joanna Moyers	HC	20.36	21.45	16.84	17.83	17.87	20.07	<b>21.45</b>

**Hammer (b)**

1	Erica Francis	EBR	NT	NT	32.60	33.60	37.38	37.83	<b>37.83</b>
2	Lucie Robichaud	BLK	NT	34.15	30.45	33.75	34.75	34.43	<b>34.75</b>
3	Kayley Alcorn	WDH	24.76	NT	NT	22.77	28.27	24.77	<b>28.27</b>

**Javelin (a)**

1	Sheri Whiting	B&H	33.63	35.27	30.92	33.39	29.29	36.92	<b>36.92</b>
2	Sarah Moore	EBR	35.05	32.73	31.38	32.08	34.53	32.16	<b>35.05</b>
3	Ellen Franks	CR	25.46	27.10	24.35	24.44	25.21	22.78	<b>27.10</b>
4	Kayley Alcorn	WDH	24.71	23.95	24.45	NT	NT	Pass	<b>24.71</b>
5	Elise Lovell	HAS	NT	17.76	19.60	NT	19.30	NT	<b>19.60</b>



2.70 CBP

2.50

2.40

2.30

1.60

1.55

1.55

1.50

1.45

1.45

1.45

1.35

4

)

3



## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

<b>100m (a)</b>		w/s -1.2	
1	Laura Hitchman	B&H	12.9
2	Kelly Denyer	WDH	12.9
3	Laura Penfold	HHH	13.1
4	Ellie Doel	B&H	13.2
5	Natalie Pettifer	HHH	13.3

<b>200m (b)</b>		w/s +3.8	
1	Carley Wenham	CR	24.9
2	Kelly Denyer	WDH	25.6
3	Laura Hitchman	B&H	25.6
4	Ellie Doel	B&H	26.2
5	Emily Jones	EBR	26.2
6	Elaine Wells	CR	26.3
7	Laura Penfold	HHH	26.7
8	Natalie McManus	B&H	26.8

<b>400m (a)</b>			
1	Sarah Tomlins	SAL	55.8
2	Carley Wenham	CR	56.4
3	Helen Reynolds	CR	56.7
4	Kelly Denyer	WDH	57.4
5	Ellie Doel	B&H	59.3
6	Elaine Wells	CR	59.7
7	Natalie McManus	B&H	61.2
8	Emily Jones	EBR	61.2

<b>800m (b)</b>			
1	Philippa Aukett	SHB	2.10.6
2	Helen Reynolds	CR	2.11.4

<b>1500m (a)</b>			
1	Elizabeth Durman	PHX	4.57.0
2	Lucy Baker	HAS	5.27.4

<b>3000m (b)</b>			
1	Gemma Sharp	A80	10.32.8
2	Kirsty Fenn	CR	11.29.1

<b>400m Hurdles (b)</b>			
1	Cara Pain	HAS	63.5

<b>3000m Walk (a)</b>			
1	Vicky Burford	EC	22.37.7

**4x100m Relay (b)**

1	Crawley 'A'	49.5
2	Brighton & Hove 'A'	50.1
3	Brighton & Hove 'B'	54.1
4	Crawley 'B'	54.6
5	Haywards Heath	55.3
6	Hurstpierpoint College	55.3
	Non Scoring team	51.9

### Pole Vault (b)

No Competitors

### High Jump (a)

			1.30	1.35	1.40	1.45			
1	Daniela Di Maggio	WDH o	o	o	o	xxx			<b>1.40</b>

### Long Jump (b)

1	Leanne Buxton	BED	5.59	5.59	5.50	NJ	5.03	5.42	<b>5.59</b>
2	Laura Penfold	HHH	NJ	4.56	4.79	4.86	NJ	3.07	<b>4.86</b>
3	Natalie Pettifer	HHH	4.40	4.66	4.44	4.38	4.49	4.38	<b>4.66</b>
4	Lucie Venables	HHH	4.58	4.39	4.03	4.28	4.28	4.15	<b>4.58</b>
5	Daniela Di Maggio	WDH	4.39	4.34	4.33	4.33	2.46	4.09	<b>4.39</b>

### Triple Jump (a)

1	Annie Onions	POR	10.04	10.06	10.16	9.96	9.86	10.39	<b>10.39</b>	w/s +1.6
2	Cara Webb	PHX	9.25	Pass	9.48	9.46	9.78	9.88	<b>9.88</b>	w/s +1.3
3	Lucie Venables	HHH	9.35	9.28	8.90	9.13	9.16	9.39	<b>9.39</b>	w/s +1.0
4	Helen Diack	HHH	8.29	8.52	8.29	8.52	8.26	8.36	<b>8.52</b>	w/s +0.8

### Shot Putt (b)

1	Helen Morton	HBS	8.64	8.24	8.34	8.77	8.15	NP	<b>8.77</b>
2	Daniella Di Maggio	WDH	8.37	NP	6.85	7.81	7.36	6.85	<b>8.37</b>

### Discus (b)

1	Gwen Bird	ENF	34.89	34.03	34.06	34.66	NT	34.81	<b>34.89</b>
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### Hammer (b)

1	Jo Davison	WDH	NT	42.16	NT	NT	NT	NT	<b>42.16</b>
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### Javelin (a)

1	Man Yiu Wong	BCO	31.77	39.19	36.3	36.33	40.95	39.18	<b>40.95</b>
2	Caroline Garratt	WDH	34.78	33.82	32.87	32.39	33.72	32.82	<b>34.78</b>
3	Leanne Buxton	BED	30.59	NT	NT	28.98	NT	26.99	<b>30.59</b>
4	Claire Stokes	CR	26.16	25.02	24.56	25.43	25.76	24.41	<b>26.16</b>

## SUSSEX COUNTY AA CHAMPIONSHIPS

CRAWLEY 9TH& 10TH MAY 2009

(a) 9th May (b) 10th May

### 3000m (b)

#### Over 35

1	Caroline Hoyte	A80	9.35.6	<b>CBP</b>
2	Helen Pellett	WDH	13.14.1	

#### Over 45

1	Diane Farmer	MLK	12.10.5	
2	Val Purnell	HOJ	12.33.0	

### 3000m Walk (a)

1	Jenny Denyer	HHH	22.48.8	
2	Clare Bostock-Wood	EC	23.42.9	

### Pole Vault (b)

#### Over 35

			2.20	2.30	2.40	2.50	2.60	2.70	
1	Alison Duke	WDH	o	o	o	o	o	xxx	<b>2.60</b>

### Triple Jump (a)

#### Over 35

1	Daniela Di Maggio	WDH	10.16	10.2	NJ	10.18	10.27	10.02	<b>10.27</b>
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### Hammer (b)

#### Over 45

1	Angela Morgan	EBR	19.69	20.39	26.46	23.72	23.23	23.79	<b>26.46</b>
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w/s +0.6