

JG2 100m	Record: Emily Mitchell	2004	12.6
Final	1 Elinor Roland	Milford	13.9
	2 Lucy Taylor	Pembroke	14.0
	3 Amy Townsend	STP	14.3
	4 Rhian George	Pantycelyn	14.3
	5 Judy Coombes	Lampeter	14.4
	6 Paige Goss	Amman Valley	14.6
	7 Sian Adner	Strade	15.5