

MB 200m	Record: Stephen Rees	1988	22.2
H1	1 Tom Coleman	Preseli	24.0
	2 Dafydd Walters	QEH	24.4
	3 Griff Jones	MYY	24.5
	4 James Thomas	Bryngwyn	DNF
H"	1 Ricky Watts	STP	24.0
	2 Simon Hooper	Pembs	24.6
	3 Tomos Ellis-Williams	MYY	25.3
	4 Joan Davies	Strade	26.5