

MG 1500m

Record: Nicola Morgan

1986 04:49.8

1	Aneura Phillips	Preseli	05:06.60
2	Elinor Thoroughgood	Penglais	05:20.20
3	Emily Downey	Glan Y Mor	05:20.70
4	Becca Ansell	Penreddig	05:40.20
5	Alice Whitall	Dyffryn Taf	05:59.50
6			