

LJG70H	Record: Danielle Selley	1996	11.6
H1	1 Alice Phillips	QEH	13
	2 Jocie Lewis	STP	13.6
	3 Gweran Davies	Dyff Teifi	13.6
	4 Sophie Lewis	Strade	13.6
	5 Natalie Miles	Aberaeron	13.7
H2	1 Lowri Norkett	Taskers	12.9
	2 Rachel Davies	Tregib	13
	3 Lowri Bevan	Coedcae	13.6
	4 Abigail Bleach	Emlyn	13.9
	5 Kirsten Clark	Greenhill	14.4
	6 Harriet Bowen	Coedcae	14.4
Final	1 Alice Phillips	QEH	12.9
	2 Lowri Norkiff	Taskers	13
	3 Rachel Davies	Tregib	13.1
	4 Lowri Bevan	Coedcae	13.1
	5 Abigail Bleach	Emlyn	13.5
	6 Josie Lewis	STP	13.6
	7 Gwenan Davies	D Teifi	13.7
	8 Sophie Lewis	Strade	13.8