

Track Events

6.35		70M Hurdles U11 Boys		
	1	Sam Dove	Exeter	13.5
	2	James Goss	Exeter	15.7
	3	Tom Kennedy	torbay	16.5
6.35		70M Hurdles U11 Girls		
	1	Lois King	SWRR	16.4
	2	Danielle Balsdon	Exeter	17.9
6.35		70M Hurdles U13 Girls		
	1	Lizzie Godwin	Exeter	13.2
6.45		600M U11 Boys		
	1	Sam Dove	Exeter	1.54.9
	2	Frankie Aldred	Plymouth	1.55.0
	3	Aiden Paul	North Somerset	2.02.7
	4	Ben Harget	Exeter	2.03.6
	5	Bailey Carleines	Exeter	2.15.2
	6	Dougie Keywood	Honiton RC	2.17.8
	7	James Goss	Exeter	2.27.7
6.45		600M U11 Girls		
	1	Alys Withers	North Somerset	2.04.9
	2	Florence Livingston	Exeter	2.04.9
	3	Katie Jones	Cornwall	2.08.7
	4	Abby Cayton-Smith	Newquay & Par	2.08.7
	5	Hester Heeler-Frood	Honiton	2.25.1
	6	Courtney Robertson	Exeter	2.43.3
	7	Ellan Stockley	Unattached	2.52.5
6.45		800 U13 Girls		
	1	Lily Helston	Honiton	2.46.6
	2	Kate Vine	Sidmouth College	2.48.1
	3	Chloe Buck	North Somerset	2.49.0
	4	Chloe Howard	Exeter	2.52.9
	5	Paige Fahy	Honiton	3.14.2
		800 U13 Boys		
	1	Patrick Livingstone	Exeter	2.40.8
	2	Dan Partridge	Exeter	2.54.8
	3	Matthew Thomas	Yate	3.01.8
7.00		75M Hurdles U13 Boys		

7.00		75M Hurdles U15 Girls		
	1	Gabi Tillson-Hawke	Exeter	13.1
	2	Jessie Winder	Exeter	15.1
7.15		75M U11 Boys		
	1	Aiden Paul	North Somerset	10.9
	2	Frankie Aldred	Plymouth	12.0
	3	Johnny Dunn	Unattached	12.2
	3	Ben Hargets	Exeter	12.2
	5	David Thomas	Yate	12.5
	6	Bailey Carleines	Exeter	12.7
	7	Jack Moncur	Exeter	12.8
	8	James Goss	Exeter	13.6
	9	Joshua Davies	Exeter	14.1
	10	Chris Robertson	Exeter	14.4
7.15		75M U11 Girls		
	1	Laurie Dawkins	Exeter	11.3
	2	Alys Withers	North Somerset	12.2
	3	Katie Jones	Cornwall	12.7
	4	Florence Livingstone	Exeter	12.9
	5	Lois King	SWRR	13.2
	5	Courtney Robertson	Exeter	13.8
	7	Molly Langstaff	Exeter	14.5
	8	Danielle Balsdon	Exeter	14.8
		80M Hurdles U15 Boys		
	1	Jack Kennedy	Torbay	14.1
		80M Hurdles U17 Women		
	1	Rebecca Chapman	Exeter	12.2
	2	Jess Summers	Blundells Sch	17.6
7.15		100M U13 Boys		
	1	Matthew Neyle-Opie	Plymouth	13.6
	2	Sam Crowter	Exeter	13.8
	3	Patrick Livingstone	Exeter	15.2
	4	Ben Summers	Blundells Sch	15.2
	5	Nick Grecel	Exeter	15.9
7.15		100M U13 Girls		
	1	Sophie Thomas	North Somerset	14.4
	2	Lizzie Godwin	Exeter	14.7
	3	Chloe Godwin	Exeter	15.1
	4	Chloe Howard	Exeter	15.2
	5	Kate Vine	Sidmouth College	15.2
	6	Laura Bastyan	Sidmouth	15.3
7.30		100M U15 Girls		
	1	Gabi Tillson Hawke	Exeter	13.6

	2		Olivia Withers	North Somerset	14.6
	3		Rosie Dawson	Exeter	14.6
	4		Georgie Rutter	Exeter	15.1
7.30			100M U15 Boys		
	1		Matt Tailby	Taunton	11.9
	2		Lewis Burges	Exeter	12.0
	3		Callum Reynolds	Exeter	12.9
	4		Sean Atkinson	Poole AC	13.2
	5		Sam Peterson	Newton Abbot	13.8
	6		Alexander Summers	Blundells Sch	18.6
7.30			100M U17 Men		
	1		Max Oliver	Exeter	12.1
	2		Josh Turnstall	Exeter	12.5
	3		Nick Dunn	Exeter	12.6
	4		Joe Withers	North Somerset	12.8
	5		Will Roziel	Exeter	13.4
			100M Mxd Women		
	1	U20W	Kerry Gale	Exeter	13.1
	2	U17W	Lauren Clapp	Exeter	13.4
	3	V35	Clare Frank	Exeter	15.7
7.30			100M Mxd Men		
	1	SM	Matthew Davies	Exeter Univ	11.2
	2	SM	James Warsop	Bournemouth	11.5
	3	SM	Geoff Hill	Exeter	11.7
	4	U20M	Phil Warwicker	Cornwall	11.9
	5	V40	Ian Allen	Exeter	12.0
	6	SM	Nick Gillard	Newton Abbot	12.1
	7	V55	Mario Lapka	Exeter	12.7
	8	U20M	Chris Mayo	Newton Abbot	12.7
8.15			400 M Mxd Race 1		
	1	SM	Mark Linskill	North Devon	51.1
	2	SM	Stephan Bailey	Exeter Univ	53.3
8.15			400M Mxd Race 2		
	1	U15B	Alex Dunn	Exeter	58.3
	2	U17M	Will Rozier	Exeter	61.9
	3	U17W	Natalie Tayler	North Devon	64.4
	4	U20W	Kerry Gale	Exeter	65.1
	5	U20W	Violetta Cobo	Madrid Mapoma	65.5
	6	SW	Rebecca Tyler	Cornwall	66.9
	7	U20W	Vicky Mark	Newquay & Par	67.6
8.15			400M Mxd Race 3		
	1	U15B	Chris Thomas	Yate	67.3
	2	U15G	Kerensa Hawkey	Newquay & Par	69.8

	3	U15G	Erika Towers	Sidmouth College	71.8
8.15			2000M Womens Steeplechase		
	1	U20W	Emily Bliss	Exeter	7.46.9
	2	U17W	Sian Davies	Poole RR	9.38.8
			Field Events		
			Long Jump U11 Girls		
6.35	1		Laurie Dawkins	Exeter	3.78
	2		Katie Jones	Cornwall	3.08
	3		Hester Heeler-Frood	Honiton	2.88
	4		Tara McKenna	Exeter	2.61
6.35			Long Jump U11 Boys		
	1		Aiden Paul	North Somerset	3.63
	2		Frankie Aldred	Plymouth	3.59
	3		Sam Dove	Exeter	3.30
	4		David Thomas	Yate	3.21
	5		Ben Harget	Exeter	3.20
	6		Bailey Corleines	Exeter	3.03
	7		Callum Lefebvre	Unattached	3.01
	8		Dougie Keywood	Honiton	2.73
	9		Tom Kennedy	Torbay	2.47
	10		Chris Robertson	Exeter	2.42
6.35			Long Jump U13 Girls		
	1		Sophie Thomas	North Somerset	3.76
	2		Chloe Godwin	Exeter	3.46
	3		Lily Helston	Honiton	3.42
	4		Chloe Buck	North Somerset	3.21
	5		Paige Fahy	Honiton	2.57
	6		Molly Bingham	Honiton	2.55
6.35			Long Jump U13 Boys		
	1		Ben Summers	Blundells Sch	3.60
	2		Dan Partridge	Exeter	3.56
	3		Nic Grew	Exeter	3.47
	4		Matthew Thomas	Taye	3.37
6.35			Javelin U11 Boys		
	1		Jack Moncur	Exeter	21.69
	2		Joshua Davies	Exeter	13.86
			Javelin U11 Girls		
	1		Laurie Dawkins	Exeter	14.99
	2		Molly Langstaff	Exeter	9.00
	3		Danielle Balsdon	Exeter	8.96
6.35			Javelin U13 Girls		
	1		Elizabeth Godwin	Exeter	24.43

7.00		Javelin U13 Boys		
	1	Josh Yeomans	Newquay & Par	21.80
	2	William Balsdon	Exeter	17.76
	3	Jake Harvey	Honiton	17.15
	4	Reuben Heeler-Frood	Honiton	13.42
7.00		High Jump U11 Girls		
	1	Sophie Jefferson	Exeter	1.05
		High Jump U11 Boys		
	1	Frankie Aldred	Plymouth	1.05
	2	Tom Kennedy	Torbay	0.95
7.00		High Jump U13 Boys		
	1	Josh Yeomans	Newquay & Par	1.18
	1	Jake Harvey	Honiton	1.10
	3	Reuben Heeler-Frood	Honiton	1.05
7.00		High Jump U13 Girls		
	1	Chloe Godwin	Exeter	1.24
		Long Jump U15 Girls		
	1	Jessie Winder	Exeter	4.06
	2	Felicia Cooper	Exeter	3.55
	3	Erika Towers	Unattached	3.35
	4	Kerensa Hawkey	Newquay & Par	2.51
		Long Jump U15 Boys		
	1	Lewis Burgess	Exeter	5.15
	2	Sean Atkinson	Poole AC	4.67
	3	Jack Kennedy	Torbay	4.29
	4	Harry West	Exeter	4.04
	5	Alex Summers	Blundells Sch	3.94
		Long Jump U17 Women		
	1	Rebecca Chapman	Exeter	4.86
	2	Elizabeth Donnelly	Exeter	4.07
	3	Jessie Summers	Blundells Sch	3.97
	4	Anna Rust	Exeter	3.77
		Long Jump U17 Men		
	1	Josh Tunstall	Exeter	6.14
	2	Joe Withers	North Somerset	4.78
	3	Simon Moulder	Exeter	3.67
		Long Jump Sen Women		
	1	Karla Drew	Southampton	4.98
		Long Jump Mxd Men		
	1	U20 Alex McGregor	Exeter	6.15
	2	V40 Ian Allen	Exeter	5.92

3	U20	Matt Peterson	Newton Abbot	5.31
Triple Jump U15 Boys				
1		Lewis Burgess	Exeter	10.46
Triple Jump U17 Men				
1		Josh Tunstall	Exeter	12.10
2		Joe Withers	North Somerset	10.46
Triple Jump U17 Women				
1		Lauren Clapp	Exeter	8.84
Triple Jump U20 Men				
1		Phil Warwicker	Cornwall	12.27
Triple Jump Senior Women				
1		Leone Rowe	Exeter	10.64
Triple Jump Mxd Men				
1	SM	James Cooke	Exeter	12.49
2	V55	Mario Lapka	Exeter	10.09
Javelin Mens Mxd				
1	U20M	Matt Smith	Exeter	64.80
2	SM	Mike Tarren	Birchfield Harriers	62.98
3	SM	Simon Bennett	Woodford Green	62.55
4	U17M	Steve Turnock	Exeter	58.30
5	U20M	Alex McGregor	Exeter	46.53
6	U15M	Callum Jone	Cornwall	34.45
7	U17M	Simon Moulder	Exeter	21.77
Javelin Women Mxd				
1	U20W	Izzy Jeffs	North Devon	40.08
2	U20W	Jemma Tewkesbury	Bournemouth	39.80
3	U17W	Rebecca Chapman	Exeter	29.83
4	U15W	Poppy Barker	Southampton	28.62
5	U20W	Carla Drew	Southampton	23.31
Javelin Mxd				
1	U17M	Steve Turnock	Exeter	57.46
2	U20W	Jenny Robinson	Exeter	28.29
3	SW	Karla Drew	Southampton	23.70
4	U13B	Jack Moncur	Exeter	20.26
5	U13B	William Balsdon	Exeter	19.34
High Jump Mxd Men				
1	SM	Ashley Baker	Cheltenham	1.85
2	V40	Ian Allen	Exeter	1.70
3	U15B	Sam Peterson	Newton Abbot	1.45
High Jump Mxd Women				

1	U20W	Adrienne Richards	Newton Abbot	1.55
2	U15G	Jessie Winder	Exeter	1.35
3	U15G	Kerensa Hawkey	Newquay & Par	1.30

Discus Mxd

1	U17M	Liam Biddlecombe	Yeovil	52.58
2	SM	Simon Biddlecombe	Yeovil	43.52
3	U20W	Julia Walkden	Exeter	38.31
4	SM	Jon Milum	Exeter	38.30
5	U20M	Peter Howard	Exeter	38.08
6	SM	Rob Woodger	Exeter	33.44
7	U15G	Nicola Gregory	Bexley AC	28.41
8	U15G	Zara Biddlecombe	Yeovil	10.42