

MEN

100m: Max Galliers (Windsor Slough Eton Hounslow); 200m: Junior Ejehu (Woodford Green Essex Ladies); 400m: Chris Clarke (Marshall Milton Keynes); Louis Persent (Colchester H); 1500m: Simon Horsfield (East Cheshire); 10,000m: Dewi Griffiths (Carmarthen); Simon Lawson (Cardiff); 110m hurdles: Lawrence Clarke (Windsor Slough Eton Hounslow); Ben Reynolds (Windsor Slough Eton Hounslow) 400m hurdles; Niall Flannery (Gateshead H); High Jump: Sam Bailey (Chelmsford); Pole Vault: Andrew Sutcliffe (Sale H); Shot: Curtis Griffith-Parker (Cambridge Harriers) Discus: Griffith-Parker Hammer: Peter Smith (Kingston Upon Hull); Javelin: Matthew Hunt (Kingston Upon Hull); Daniel Pembroke (Windsor Slough Eton Hounslow); Decathlon: Ashley Bryant (Windsor Slough Eton Hounslow); Daniel Gardiner (Leeds); David Guest (Bridgend)

WOMEN

100m: Torema Dorsett (Enfield & Haringey); 200m: Emily Diamond (Bristol & West); 400m: Laura Wake (Herts Phoenix); 800m: Alison Leonard (Blackburn H); Jenny Tan (Fife); 1500m: Stacey Smith (Gateshead H); Josephine Moultrie (Victoria Park); 3000m: Kate Avery (Shildon); Beth Potter (Victoria Park); 5000m: Charlotte Purdue (Aldershot Farnham & District); 400m hurdles; Lauren Bouchard (Chelmsford); Pole Vault: Sally Scott (Gateshead Harriers); Long Jump: Abigail Irozuru (Sale); Lorraine Ugen (Blackheath & Bromley); Discus: Shaunagh Brown (Blackheath & Bromley) Hammer: Sophie Hitchon (Blackburn)