

SEAA Indoor Championships - Lee Valley Athletic Centre

19(a)/20(b) January 2008

Senior Men High Jump (b)

CBP	S.Oni	Belgrave Harriers	2007	2.25	
Posn	Num	Name	Club	Perf	Details
1	161	Darvin Edwards	Belgrave Harriers	2.20	2.05 o; 2.10 o; 2.15 o; 2.20 xxo; 2.25 x-
=2	168	Samson Oni	Belgrave Harriers	2.20	2.05 o; 2.10 o; 2.15 xo; 2.20 xxo; 2.25 xxx
=2	169	Adam Scarr	Enfield & Haringey AC	2.20	2.05 o; 2.10 o; 2.15 xo; 2.20 xxo; 2.25 xxx
4	163	Robbie Grabarz	Bedford & County AC	2.20	2.00 o; 2.05 -; 2.10 xo; 2.15 xxo; 2.20 xxo; 2.25 xxx
=5	165	Martin Lloyd	Bexley AC	2.15	2.05 o; 2.10 o; 2.15 o; 2.20 xxx
=5	170	Darryl Stone	Shaftesbury Barnet Harriers	2.15	2.00 o; 2.05 o; 2.10 o; 2.15 o; 2.20 xxx
7	159	Mark Crowley	Enfield & Haringey AC	2.10	2.00 o; 2.05 xo; 2.10 o; 2.15 xxx
8	162	Alex Girdler	Trafford AC	2.00	1.85 o; 1.90 o; 1.95 xo; 2.00 xo; 2.05 xxx
9	160	Gareth Dyball	Woodford Green w Essex L	1.95	1.90 o; 1.95 o; 2.00 xxx
10	164	Simon Hemmings	Southend on Sea AC	1.90	1.85 o; 1.90 o; 1.95 xxx
11	171	Sam Turner	Havant AC	1.85	1.75 xo; 1.80 o; 1.85 xo; 1.90 xxx
12	167	Zack Morrison	Biggleswade AC	1.80	1.75 o; 1.80 o; 1.85 xxx
13	172	Anthony Walsh	Herts Phoenix AC	1.75	1.65 o; 1.70 xxo; 1.75 xxo; 1.80 xxx

Senior Men Pole Vault (a)

CBP	N.Buckfield	Crawley AC	2002	5.62	
Posn	Num	Name	Club	Perf	Details
1	173	Greg Conlon	Thames Valley Harriers	4.50	3.60o; 3.80o; 4.00x--; 4.20o; 4.40o; 4.50o; 4.60xxx
2	174	Neil Cottrell	Wycombe Phoenix Harriers & AC	4.40	4.00o; 4.20o; 4.40o; 4.50xxx
3	179	Steve Walker	Windsor S E & Hounslow	3.40	3.00xxo; 3.20p; 3.40xxo; 3.60p; 3.80xxx
4	177	Wayne Martin	Hastings AC	3.00	2.80xo; 3.00o; 3.30xxx
5	178	Brian Slaughter	Southern Counties Veterans	3.00	2.80o; 3.00o; 3.20xxx
	180	Allan Williams	Blackheath & Bromley Harriers	Nht	3.60xxx
	175	Joe Ive	Belgrave Harriers	nht	5.10xxx

Senior Men Long Jump (a)

CBP	J.Munroe	Thames Valley Harriers	1995	7.46	
Posn	Num	Name	Club	Perf	Details
1	66	Nick Thomas	Newham & Essex Beagles AC	7.05	7.03; nj; 6.73; 6.81; 7.05; nj
2	36	Mark Holloway	Windsor S E & Hounslow	6.90	6.47; 6.62; nj; nj; 6.82; 6.90
3	183	Royden John	Hercules Wimbledon AC	6.85	NJ; 6.56; 6.40; pas; 6.79; 6.85;
4	181	Jody Chappell	Bournemouth AC	6.67	6.65; 5.29; nj; nj; 5.17; 6.67
5	156	Joe Appiah	Kent AC	6.26	6.26; 6.06; 6.12; 6.22; nj; 6.14
6	17	Philip Browne	University of Bath AC	5.95	5.95; 3.99; 5.94; red
7	67	Ka Chuen To	Hercules Wimbledon AC	5.94	5.62; 5.94; 5.81
8	182	Nnaemeka Ibe	Herne Hill Harriers	5.46	5.25; 5.24; 5.46

Senior Men Triple Jump (b)

CBP	P.Idowu	Belgrave Harriers	2007	16.48
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Posn	Num	Name	Club	Perf	Details
1	189	Phil Idowu	Belgrave Harriers	17.06 CBP	16.96; 17.06; nj; nj; pass; nj
2	192	Tosin Oke	Woodford Green w Essex L	15.34	Nj; nj; 15.34; nj; nj; nj
3	187	Nnaemeka Ezenwa	Cambridge Harriers	14.82	13.97; nj; 14.82; 14.54; 14.66; nj
4	186	Matthew Burton	Kent AC	14.79	Nj; nj; 13.82; 13.77; 14.05; 14.79
5	190	Tomide Isinkaye	Enfield & Haringey AC	14.19	Nj; 13.25; 13.04; 13.45; nj; 14.19
6	191	Keith Newton	Woodford Green w Essex L	13.52	13.42; nj; nj; nj; 13.52; nj
7	193	Rory Vanhorn	Orion Harriers	13.11	13.11; 12.17; 12.26

Senior Men Shot (b)

CBP E.Udechuku Woodford Green w Essex L 2006 18.36

Posn	Num	Name	Club	Perf	Details
1	194	Albert Johnson	Kent AC	12.42	11.44; 11.44; 12.42; np; 12.10; np
2	196	Stuart Thurgood	Watford Harriers	12.37	11.39; 11.68; 11.75; 12.37; np; np