

# SEAA Indoor Championships - Lee Valley Athletic Centre

## 19(a)/20(b) January 2008

### Senior Women 60 Metres (a)

CBP L.Turner Harrow AC 2007 7.33

Posn	Num	Name	Club	Heat	Perf
1	7	Amina Ceesay	Newham & Essex Beagles AC	1	7.59Q
2	23	Claire Spurway	Rugby & Northampton AC	1	7.73Q
3	28	Louise Wood	Chelmsford AC	1	7.74q
4	11	Azaria Francis	Woodford Green w Essex L	1	8.00
5	29	Emily Young	Team Southampton	1	8.08
6	22	Simone Smyth	Victoria Park H & Tower H AC	1	9.48

Posn	Num	Name	Club	Heat	Perf
1	8	Sarah Claxton	Woodford Green w Essex L	2	7.57Q
2	1	Margaret Adeoye	Enfield & Haringey AC	2	7.70Q
3	21	Katherine Skelding	Woodford Green w Essex L	2	7.99
4	5	Angelita Broadbelt	Thames Valley Harriers	2	8.02
5	2	Ria Ali-Jackson	Chelmsford AC	2	8.41
6	19	Yvonne Salmon	Cambridge Harriers	2	8.74

Posn	Num	Name	Club	Heat	Perf
1	14	Jade Johnson	Herne Hill Harriers	3	7.65Q
2	16	Tunrayo Nubi	Enfield & Haringey AC	3	7.73Q
3	18	Helen Pryer	Windsor S E & Hounslow	3	7.81q
4	24	Karlene Turner	Windsor S E & Hounslow	3	7.83q
5	20	Kayleigh Short	Bracknell AC	3	8.27
DNS	27	Nadia Williams	Shaftesbury Barnet Harriers	3	

Posn	Num	Name	Club	Heat	Perf
1	13	Yvette Henry	Thames Valley Harriers	4	7.77Q
2	25	Michelle Watson	Herne Hill Harriers	4	7.84q
3	26	Michelle Webster	Bedford & County AC	4	7.85q
4	17	Xanine Powell	Cambridge Harriers	4	7.88
5	4	Karen Barden	Chelmsford AC	4	8.49
DQ	12	Johnelle Gibbons	Woodford Green w Essex L	4	

Posn	Num	Name	Club	S/F	Perf
1	8	Sarah Claxton	Woodford Green w Essex L	1	7.55Q
2	1	Margaret Adeoye	Enfield & Haringey AC	1	7.65Q
3	25	Michelle Watson	Herne Hill Harriers	1	7.80Q
4	26	Michelle Webster	Bedford & County AC	1	7.81
5	13	Yvette Henry	Thames Valley Harriers	1	7.90
DNS	28	Louise Wood	Chelmsford AC		

Posn	Num	Name	Club	S/F	Perf
1	14	Jade Johnson	Herne Hill Harriers	2	7.7Q
2	7	Amina Ceesay	Newham & Essex Beagles AC	2	7.7Q
3	16	Tunrayo Nubi	Enfield & Haringey AC	2	7.7Q
4	23	Claire Spurway	Rugby & Northampton AC	2	7.8
5	24	Karlene Turner	Windsor S E & Hounslow	2	7.9
DNS	18	Helen Pryer	Windsor S E & Hounslow		

Posn	Num	Name	Club	FINAL	Perf
1	8	Sarah Claxton	Woodford Green w Essex L		7.52
2	7	Amina Ceesay	Newham & Essex Beagles AC		7.53
3	14	Jade Johnson	Herne Hill Harriers		7.54
4	16	Tunrayo Nubi	Enfield & Haringey AC		7.64

5	1	Margaret Adeoye	Enfield & Haringey AC	7.77
6	25	Michelle Watson	Herne Hill Harriers	7.78

### Senior Women 200 Metres (b)

CBP K-A.Thomas Marshall Milton Keynes AC 2007 24.37

Posn	Num	Name	Club	Heat	Perf
1	26	Michelle Webster	Bedford & County AC	1	26.32 Q
2	30	Tracy Cunningham	Dartford Harriers AC	1	26.84 Q
3	34	Euphemia Scott	Thames Valley Harriers	1	28.59
4	19	Yvonne Salmon	Cambridge Harriers	1	28.83
Posn	Num	Name	Club	Heat	Perf
1	7	Amina Ceesay	Newham & Essex Beagles AC	2	25.21 Q
2	23	Claire Spurway	Rugby & Northampton AC	2	25.70 Q
3	33	Natalie McManus	Oxford University AC	2	27.43 q
4	32	Estelle Djah	South London Harriers	2	28.42 q

Posn	Num	Name	Club	FINAL	Perf
1	7	Amina Ceesay	Newham & Essex Beagles AC		25.00
2	23	Claire Spurway	Rugby & Northampton AC		25.51
3	26	Michelle Webster	Bedford & County AC		25.82
4	30	Tracy Cunningham	Dartford Harriers AC		26.98
5	33	Natalie McManus	Oxford University AC		27.69
6	32	Estelle Djah	South London Harriers		27.84

### Senior Women 400 Metres (b)

CBP L.Owusu Windsor S E & Hounslow 2007 56.42

Posn	Num	Name	Club	Heat	Perf
1	50	Sarah Tomkins	Sale Harriers	1	56.80 Q
2	38	Emily Bonnett	Yeovil Olympiads AC	1	57.00 Q
3	39	Ruth Brereton	Woodford Green w Essex L	1	59.15 Q
4	41	Jess Fogarty	Cambridge University AC	1	63.49 q
	36	Hannah Biddiss	Medway & Maidstone AC	1	DQ
Posn	Num	Name	Club	Heat	Perf
1	46	Melanie Purkiss	Team Southampton	2	57.79 Q
2	35	Becky Welbourn	Cambridge University AC	2	60.12 Q
3	30	Tracy Cunningham	Dartford Harriers AC	2	61.65 Q
4	34	Euphemia Scott	Thames Valley Harriers	2	66.06 q
	49	Rebecca Slaymaker	Newport Harriers	2	DQ
Posn	Num	Name	Club	Heat	Perf
1	37	Tara Bird	Woodford Green w Essex L	3	56.58 Q
2	48	Samantha Singer	Blackheath & Bromley Harriers	3	59.65 Q
3	40	Louise Douglass	Aldershot Farnham & DAC	3	63.38 Q
4	44	Madeleine Patston	Cambridge University AC	3	63.73 q

5	47	Corin Reynolds	Havant AC	3	67.03
	32	Estelle Djah	South London Harriers	3	DNF

Posn	Num	Name	Club	SEMIFINAL	Perf
1	37	Tara Bird	Woodford Green w Essex L	1	56.31Q CBP
2	38	Emily Bonnett	Yeovil Olympiads AC	1	57.18Q
3	48	Samantha Singer	Blackheath & Bromley Harriers	1	58.19q
4	30	Tracy Cunningham	Dartford Harriers AC	1	61.48
	34	Euphemia Scott	Thames Valley Harriers	1	DNS
	40	Louise Douglass	Aldershot Farnham & DAC	1	DNF

Posn	Num	Name	Club	SEMIFINAL	Perf
1	46	Melanie Purkiss	Team Southampton	2	55.93Q CBP
2	50	Sarah Tomkins	Sale Harriers	2	56.25Q
3	39	Ruth Brereton	Woodford Green w Essex L	2	59.27q
4	35	Becky Welbourn	Cambridge University AC	2	59.50
5	41	Jess Fogarty	Cambridge University AC	2	61.97
6	44	Madeleine Patston	Cambridge University AC	2	62.05

Posn	Num	Name	Club	FINAL	Perf
1	37	Tara Bird	Woodford Green w Essex L		55.57 CBP
2	46	Melanie Purkiss	Team Southampton		55.59
3	50	Sarah Tomkins	Sale Harriers		55.80
4	38	Emily Bonnett	Yeovil Olympiads AC		57.54
5	48	Samantha Singer	Blackheath & Bromley Harriers		57.86
6	39	Ruth Brereton	Woodford Green w Essex L		59.18

#### Senior Women 800 Metres (a)

CBP E.Brathwaite Herts Phoenix AC 2007 2.06.1

Posn	Num	Name	Club	Heat	Perf
1	57	Claire Nichols	Woking AC	1	2:21.51Q
2	60	Natalie Shaw	Loughborough University AC	1	2:24.31Q
3	59	Alexandra Shamloll	Herne Hill Harriers	1	2:26.54
4	52	Monique Davis	Herne Hill Harriers	1	2:27.81

#### Senior Women 800 Metres (a)

				Heat	Perf
1	58	Carolyn Plateau	Radley AC	2	2:18.98Q
2	61	Rachel Stringer	City of Norwich AC	2	2:19.36Q
3	53	Nicki Gooderham	City of Norwich AC	2	2:20.50q
4	56	Georgina Neame	Basingstoke & Mid Hants AC	2	2:26.42q

#### Senior Women 800 Metres (a)

				FINAL	
1	61	Rachel Stringer	City of Norwich AC		2:08.84
2	58	Carolyn Plateau	Radley AC		2:09.17
3	57	Claire Nichols	Woking AC		2:09.27
4	60	Natalie Shaw	Loughborough University AC		2:16.11
5	53	Nicki Gooderham	City of Norwich AC		2:21.83

**Senior Women 1,500 Metres (b)**

CBP M.Hutchinson Hillingdon AC 2007 4.35.46

Posn	Num	Name	Club	FINAL	Perf
1	63	Faye Fullerton	Havering Mayesbrook AC	1	4:22.71 CBP
2	62	Clare Elms	Cambridge Harriers	1	4:41.01
3	55	Elaine Murty	Dartford Harriers AC	1	4:42.84
4	64	Rosanna Iannone	Vale of Aylesbury AC	1	4:47.83
5	53	Nicki Gooderham	City of Norwich AC	1	4:51.17
6	65	Diana Kennedy	Woodford Green w Essex L	1	4:55.97

**Senior Women 60m Hurdles (a)**

CBP J.Agyepong Croydon Harriers 1991 8.3

Posn	Num	Name	Club	Heat	Perf
1	8	Sarah Claxton	Woodford Green w Essex L	1	8.32Q
2	69	Laura Jones	Herts Phoenix AC	1	9.17Q
3	66	Claire Brennan	Havering Mayesbrook AC	1	9.62q
4	70	Stephanie Madgett	Oxford University AC	1	9.80
Posn	Num	Name	Club	Heat	Perf
1	5	Angelita Broadbelt	Thames Valley Harriers	2	8.65Q
2	68	Chanelle Garnett	Herne Hill Harriers	2	8.68Q
3	67	Natalie Farman	Herts Phoenix AC	2	9.70q

**Senior Women 60m Hurdles (a)**

Posn	Num	Name	Club	FINAL	Perf
1	8	Sarah Claxton	Woodford Green w Essex L		8.18CBP
2	68	Chanelle Garnett	Herne Hill Harriers		8.60
3	5	Angelita Broadbelt	Thames Valley Harriers		8.68
4	69	Laura Jones	Herts Phoenix AC		9.09
5	66	Claire Brennan	Havering Mayesbrook AC		9.54
6	67	Natalie Farman	Herts Phoenix AC		6.69