

# SEAA Indoor Championships - Lee Valley Athletic Centre

## 19(a)/20(b) January 2008

Under 17 Men 60 Metres (a)

CBP H.Aikines-Aryeetey

Sutton & District AC

2004 6.95

*Some heats manual time; qualifying on manual times*

Posn	Num	Name	Club	Heat	Perf
1	52	Kieran Showler-Davis	Winchester & District AC	1	7.00Q
2	15	Lewis Elliott	Ashford AC	1	7.55Q
3	2	Joshua Alexis	Harrow AC	1	7.66
4	6	Samuel Benfield	Witney RRC	1	7.70
5	31	Gabriel Makinwa	Havering Mayesbrook AC	1	7.79
6	33	Connor Mennell	Braintree & District AC	1	8.23
Posn	Num	Name	Club	Heat	Perf
1	53	Deji Tobais	Bedford & County AC	2	7.17Q
2	27	Jake King	Southend on Sea AC	2	7.43Q
3	1	James Alcock	Medway & Maidstone AC	2	7.47q
4	39	Mayo Oluwole	Cambridge Harriers	2	7.48q
5	8	Tom Chambers	Ashford AC	2	7.88
6	29	Tarric Lewis	Ealing Southall & Middlesex AC	2	7.98
Posn	Num	Name	Club	Heat	Perf
1	34	Jack Miller	Bexley AC	3	7.3Q
2	45	Rorie Robinson	Herne Hill Harriers	3	7.7Q
3	10	Dominic Coelho	Blackheath and Bromley Harriers	3	7.7
4	12	Joseph-Benjamin Cumberbatch	St Mary's Richmond AC	3	7.7
5	54	Mark Udeh	Enfield & Haringey AC	3	8.0
6	14	Kema Egbunike	Ealing Southall & Middlesex AC	3	8.0
Posn	Num	Name	Club	Heat	Perf
1	40	Laurence Owen	Thames Valley Harriers	4	7.3Q
2	19	Renard Frederick	Shaftesbury Barnet Harriers	4	7.5Q
3	13	Burton Dredge	Herne Hill Harriers	4	7.5q
4	43	Carl Rendora	Woodford Green w Essex L	4	7.6q
5	51	William Shepherd	Chiltern Harriers AC	4	7.8
6	35	Ryan Norcross	Eastbourne Rovers	4	8.0
Posn	Num	Name	Club	Heat	Perf
1	26	Tom Kennedy	Sutton & District AC	5	7.37Q
2	16	Tom Evans	Windsor S E & Hounslow	5	7.52Q
3	47	Matty Sadoh	Salvatorian College	5	7.61
4	3	Julien Allwood	Herne Hill Harriers	5	7.75
5	9	Dominic Clarke	Bexley AC	5	7.76
6	20	Ryan Harris	Ashford AC	5	7.91
Posn	Num	Name	Club	Heat	Perf
1	42	Dan Putnam	Blackheath & Bromley Harriers	6	7.26Q
2	11	Alex Cooke	Chelmsford AC	6	7.35Q
3	17	Matthew Fletcher	Blackheath & Bromley Harriers	6	7.41q
4	30	Adam Lincoln	Watford Harriers	6	7.88
5	24	Taariq John-Clarke	Shaftesbury Barnet Harriers	6	7.88
6	197	Kyle Hodge	WSEH	6	7.89
Posn	Num	Name	Club	Heat	Perf
1	18	Rudy Francis	Kent AC	7	7.31Q
2	55	Matthew Walcott	Herne Hill Harriers	7	7.39Q
3	56	Romane Walcott	Enfield & Haringey AC	7	7.52q
4	28	Thomas Larkin	Woodford Green w Essex L	7	7.60
5	21	David Harvey	Windsor S E & Hounslow	7	7.74
6	32	Christopher Meakin	Ashford AC	7	7.76
Posn	Num	Name	Club	Heat	Perf

1	44	Finbarr Ricketts	Highgate Harriers	8	7.23Q
2	50	Damilola Segun	Croydon Harriers	8	7.31Q
3	41	Leon Phillips	Isle of Wight AC	8	7.72
4	49	Connor Searing	Dartford Harriers AC	8	7.73
5	36	Manny Oamen	Shaftesbury Barnet Harriers	8	8.09
	48	Terry Scott	Westminster Academy	8	DNS
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
1	25	Alexander Jovanovski	Watford Harriers	9	7.30Q
2	5	Jordan Arthur	Enfield & Haringey AC	9	7.48Q
3	38	James Okeyemi	Harrow AC	9	7.74
4	46	Nathan Rockett	Oxford City AC	9	7.83
5	7	Oliver Brooks	Watford Harriers	9	7.97
6	22	Fraser Hubbard	Chelmsford AC	9	7.99

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>2<sup>nd</sup> rd</b>	<b>Perf</b>
1	52	Kieran Showler-Davis	Winchester & District AC	1	6.96Q
2	26	Tom Kennedy	Sutton & District AC	1	7.28Q
3	18	Rudy Francis	Kent AC	1	7.31q
4	15	Lewis Elliott	Ashford AC	1	7.43
5	56	Romane Walcott	Enfield & Haringey AC	1	7.49
6	16	Tom Evans	Windsor S E & Hounslow	1	7.50

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>2<sup>nd</sup> rd</b>	<b>Perf</b>
1	53	Deji Tobais	Bedford & County AC	2	7.13Q
2	50	Damilola Segun	Croydon Harriers	2	7.31Q
3	25	Alexander Jovanovski	Watford Harriers	2	7.32q
4	5	Jordan Arthur	Enfield & Haringey AC	2	7.45
5	43	Carl Rendora	Woodford Green w Essex L	2	7.52
6	45	Rorie Robinson	Herne Hill Harriers	2	7.69

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>2<sup>nd</sup> rd</b>	<b>Perf</b>
1	42	Dan Putnam	Blackheath & Bromley Harriers	3	7.16Q
2	44	Finbarr Ricketts	Highgate Harriers	3	7.17Q
3	11	Alex Cooke	Chelmsford AC	3	7.33q
4	17	Matthew Fletcher	Blackheath & Bromley Harriers	3	7.34
5	19	Renard Frederick	Shaftesbury Barnet Harriers	3	7.37
6	1	James Alcock	Medway & Maidstone AC	3	7.49

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>2<sup>nd</sup> rd</b>	<b>Perf</b>
1	40	Laurence Owen	Thames Valley Harriers	4	7.13Q
2	34	Jack Miller	Bexley AC	4	7.23Q
3	55	Matthew Walcott	Herne Hill Harriers	4	7.32q
4	27	Jake King	Southend on Sea AC	4	7.40
5	39	Mayo Oluwole	Cambridge Harriers	4	7.45
6	13	Burton Dredge	Herne Hill Harriers	4	7.56

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>S/F</b>	<b>Perf</b>
1	52	Kieran Showler-Davis	Winchester & District AC	1	6.95Q =CBP
2	42	Dan Putnam	Blackheath & Bromley Harriers	1	7.10Q
3	44	Finbarr Ricketts	Highgate Harriers	1	7.19Q
4	18	Rudy Francis	Kent AC	1	7.32
5	50	Damilola Segun	Croydon Harriers	1	7.33
6	11	Alex Cooke	Chelmsford AC	1	7.35

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>S/F</b>	<b>Perf</b>
1	53	Deji Tobais	Bedford & County AC	2	7.07Q
2	40	Laurence Owen	Thames Valley Harriers	2	7.12Q
3	34	Jack Miller	Bexley AC	2	7.16Q

4	26	Tom Kennedy	Sutton & District AC	2	7.30
5	55	Matthew Walcott	Herne Hill Harriers	2	7.31
6	25	Alexander Jovanovski	Watford Harriers	2	7.33

Posn	Num	Name	Club	Final	Perf
	52	Kieran Showler-Davis	Winchester & District AC		6.86CBP
2	53	Deji Tobais	Bedford & County AC		7.08
3	40	Laurence Owen	Thames Valley Harriers		7.08
4	42	Dan Putnam	Blackheath & Bromley Harriers		7.11
5	34	Jack Miller	Bexley AC		7.17
6	44	Finbarr Ricketts	Highgate Harriers		7.34

#### Under 17 Men 200 Metres (b)

CBP L.McLaughlin Croydon Harriers 2007 22.58

Posn	Num	Name	Club	Heat	Perf
1	42	Dan Putnam	Blackheath & Bromley Harriers	1	23.1 Q
2	62	Ramsey Kechacha	Victoria Park H & Tower H AC	1	23.8 Q
3	57	Omololu Abiodun	Eton Manor AC	1	24.7 q
4	59	Jordan Brown	Havering Mayesbrook AC	1	24.7 q
5	19	Renard Frederick	Shaftesbury Barnet Harriers	1	25.2
6	35	Ryan Norcross	Eastbourne Rovers	1	25.6
Posn	Num	Name	Club	Heat	Perf
1	64	Adam Medcraft	Windsor S E & Hounslow	2	23.7 Q
2	60	Josh Gilbey	Isle of Wight AC	2	24.5 Q
3	63	Keno Mario-Ghae	Isle of Wight AC	2	24.8
4	68	laurence Telesia	St Mary's Richmond AC	2	25.2
5	22	Fraser Hubbard	Chelmsford AC	2	25.2
	71	Emile Yesutu	Orion Harriers	2	DNF
Posn	Num	Name	Club	Heat	Perf
1	53	Deji Tobais	Bedford & County AC	3	23.2 Q
2	5	Jordan Arthur	Enfield & Haringey AC	3	23.7 Q
3	34	Jack Miller	Bexley AC	3	23.9 q
4	27	Jake King	Southend on Sea AC	3	24.2 q
5	8	Tom Chambers	Ashford AC	3	25.0
6	20	Ryan Harris	Ashford AC	3	25.3
Posn	Num	Name	Club	Heat	Perf
1	65	Olu Oyewobi	Enfield & Haringey AC	4	23.6 Q
2	67	Isaac Rasmussen	Luton AC	4	23.6 Q
3	70	Ryan Wenzel	London Heathside Runners	4	24.9
4	2	Joshua Alexis	Harrow AC	4	25.4
5	14	Kema Egbunike	Ealing Southall & Middlesex AC	4	25.8

Posn	Num	Name	Club	SEMI-FINAL	Perf
1	42	Dan Putnam	Blackheath & Bromley Harriers		22.59 Q
2	64	Adam Medcraft	Windsor S E & Hounslow		23.30 Q
3	67	Isaac Rasmussen	Luton AC		23.49 Q
4	34	Jack Miller	Bexley AC		23.95
5	60	Josh Gilbey	Isle of Wight AC		24.32
6	59	Jordan Brown	Havering Mayesbrook AC		24.81
Posn	Num	Name	Club	SEMI-FINAL	Perf

				<b>FINAL</b>
1	65	Olu Oyewobi	Enfield & Haringey AC	22.88 Q
2	53	Deji Tobais	Bedford & County AC	23.01 Q
3	5	Jordan Arthur	Enfield & Haringey AC	23.16 Q
4	62	Ramsey Kechacha	Victoria Park H & Tower H AC	23.74
5	27	Jake King	Southend on Sea AC	24.07
6	57	Omololu Abiodun	Eton Manor AC	24.81

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>FINAL</b>	<b>Perf</b>
1	42	Dan Putnam	Blackheath & Bromley Harriers		22.14
2	65	Olu Oyewobi	Enfield & Haringey AC		22.64
3	53	Deji Tobais	Bedford & County AC		23.01
4	64	Adam Medcraft	Windsor S E & Hounslow		23.27
5	5	Jordan Arthur	Enfield & Haringey AC		23.39
6	67	Isaac Rasmussen	Luton AC		23.56

#### Under 17 Men 400 Metres (b)

CBP M.Webster

Shaftesbury Barnet Harriers

2007 51.06

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
1	76	Jack Green	Ashford AC	1	52.87Q
2	84	Sam Rogers	Chiltern Harriers AC	1	54.66Q
3	77	Adam Harwood	Andover AC	1	54.67Q
4	86	Nathan Stalker	Bracknell AC	1	55.17q
5	66	Ben Parkin	Blackheath & Bromley Harriers	1	56.28q
6	79	Alexander Jones	Enfield & Haringey AC	1	57.33
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
1	73	Thomas Bensted	Blackheath & Bromley Harriers	2	51.74Q
2	82	Tom Marsland	Isle of Wight AC	2	54.17Q
3	72	Christopher Adams	Andover AC	2	57.13Q
4	81	Amir Khan	Charters School	2	57.15
	70	Ryan Wenzel	London Heathside Runners	2	DQ
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
1	85	Adam Smith	Marshall Milton Keynes AC	3	53.97Q
2	28	Thomas Larkin	Woodford Green w Essex L	3	54.80Q
3	75	Ashley Fry	Windsor S E & Hounslow	3	55.04Q
4	88	Thomas Worboys	Biggleswade AC	3	55.09q
5	83	David Patey	Horsham Blue Star Harriers	3	56.69

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>SEMI FINAL</b>	<b>Perf</b>
1	73	Thomas Bensted	Blackheath & Bromley Harriers	1	52.66 Q
2	75	Ashley Fry	Windsor S E & Hounslow	1	53.99 Q
3	82	Tom Marsland	Isle of Wight AC	1	54.23 q
4	84	Sam Rogers	Chiltern Harriers AC	1	54.59
5	72	Christopher Adams	Andover AC	1	55.91

	66	Ben Parkin	Blackheath & Bromley Harriers	1	DNS
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>SEMI FINAL</b>	<b>Perf</b>
	1	76 Jack Green	Ashford AC	2	52.01 Q
	2	85 Adam Smith	Marshall Milton Keynes AC	2	53.00 Q
	3	28 Thomas Larkin	Woodford Green w Essex L	2	53.46 q
	4	88 Thomas Worboys	Biggleswade AC	2	54.94
	5	86 Nathan Stalker	Bracknell AC	2	56.63
		77 Adam Harwood	Andover AC	2	DQ

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>FINAL</b>	<b>Perf</b>
	1	73 Thomas Bensted	Blackheath & Bromley Harriers		51.20
	2	85 Adam Smith	Marshall Milton Keynes AC		51.48
	3	28 Thomas Larkin	Woodford Green w Essex L		53.65
	4	82 Tom Marsland	Isle of Wight AC		54.16
	5	75 Ashley Fry	Windsor S E & Hounslow		56.04
		76 Jack Green	Ashford AC		DQ

#### Under 17 Men 800 Metres (a)

CBP O.Mansour Woodford Green w Essex L 2007 2.03.1

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
	1	102 James Senior	City of Norwich AC	1	2:06.10 Q
	2	101 Paul Scanlan	Woodford Green w Essex L	1	2:06.58 Q
	3	91 Peter Devaney	Bedford & County AC	1	2:06.88 Q
	4	94 Joseph Gill	Newham & Essex Beagles AC	1	2:08.28 Q
	5	100 Richard Pollitt	Braintree & District AC	1	2:11.10 q
	6	90 Luke Daniel	Herts Phoenix AC	1	2:20.47
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
	1	98 George Miller	Radley AC	2	2:03.85 Q
	2	97 Philippe Manning	Radley AC	2	2:03.85 Q
	3	89 Andrew Clement	Basingstoke & Mid Hants AC	2	2:03.94 Q
	4	105 Jamie Taylor-Caldwell	Ealing Southall & Middlesex AC	2	2:04.16 q
	5	79 Alexander Jones	Enfield & Haringey AC	2	2:05.41 q
	6	106 Daniel Yaxley	Woodford Green w Essex L	2	2:21.26
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Heat</b>	<b>Perf</b>
	1	95 Jack Graham	Basingstoke & Mid Hants AC	3	2:08.61 Q
	2	104 Joel Taylor	City of Norwich AC	3	2:08.97 Q
	3	103 Adam Smith	Brighton & Hove City AC	3	2:08.99 Q
	4	93 Joe Gaynor	Herts Phoenix AC	3	2:09.42
	5	96 Matthew Lewis	Harrow AC	3	2:11.43
	6	92 Hari Faulkner	Bexley AC	3	2:13.75

<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>S/F</b>	<b>Perf</b>
	1	101 Paul Scanlan	Woodford Green w Essex L	1	2:02.6Q
	2	103 Adam Smith	Brighton & Hove City AC	1	2:02.9Q
	3	91 Peter Devaney	Bedford & County AC	1	2:04.6
	4	97 Philippe Manning	Radley AC	1	2:06.1
	5	98 George Miller	Radley AC	1	2:06.1
	6	94 Joseph Gill	Newham & Essex Beagles AC	1	2:06.6
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>S/F</b>	<b>Perf</b>
	1	102 James Senior	City of Norwich AC	2	2:00.5Q

2	104	Joel Taylor	City of Norwich AC	2	2:01.8Q
3	89	Andrew Clement	Basingstoke & Mid Hants AC	2	2:02.5q
4	95	Jack Graham	Basingstoke & Mid Hants AC	2	2:03.7q
5	105	Jamie Taylor-Caldwell	Ealing Southall & Middlesex AC	2	2:04.1
6	79	Alexander Jones	Enfield & Haringey AC	2	2;08.3

Posn	Num	Name	Club	Final	Perf
1	104	Joel Taylor	City of Norwich AC		1:59.80
2	102	James Senior	City of Norwich AC		2:00.97
3	103	Adam Smith	Brighton & Hove City AC		2:01.92
4	89	Andrew Clement	Basingstoke & Mid Hants AC		2:03.68
5	95	Jack Graham	Basingstoke & Mid Hants AC		2:05.51
6	101	Paul Scanlan	Woodford Green w Essex L		2:08.81

#### Under 17 Men 1,500 Metres (b)

CBP T.Bowerman Aldershot Farnham & DAC 2007 4.12.86

Posn	Num	Name	Club	FINAL	Perf
1	113	Rikkie Letch	Aldershot Farnham & DAC		4:11.58 CBP
2	108	Connor Darby	City of Norwich AC		4:11.97
3	109	Samuel Deathe	Marshall Milton Keynes AC		4:12.67
4	110	Stuart Ferguson	Radley AC		4:22.62
5	100	Richard Pollitt	Braintree & District AC		4:29.38
6	96	Matthew Lewis	Harrow AC		4:31.12
7	107	Nick Burch	Cambridge & Coleridge AC		4:31.49
8	111	Alex Groiss	West Suffolk AC		4:35.53

#### Under 17 Men 60m Hurdles (a)

CBP D.Davis Sutton & District AC 2004 7.99

Posn	Num	Name	Club	Heat	Perf
1	123	Alexander Wharfe	Medway & Maidstone AC	1	8.55Q
2	120	Benedict Kelk	Cambridge & Coleridge AC	1	8.72Q
3	116	Anthony Ebundayo	Enfield & Haringey AC	1	8.83
4	55	Matthew Walcott	Herne Hill Harriers	1	8.91
5	114	Ross Armorgie	Herts Phoenix AC	1	9.00
6	61	Nathan Greenaway	Chelmsford AC	1	9.42
Posn	Num	Name	Club	Heat	Perf
1	118	James Forman	Isle of Wight AC	2	8.39Q
2	117	Jack Edgar-Hill	Havering Mayesbrook AC	2	8.69Q
3	121	Tom Parry	Kingston AC & Poly Harriers	2	8.83q
4	119	Ben Hopkins	Blackheath & Bromley Harriers	2	8.83q
5	115	Anthony Cummings	Croydon Harriers	2	8.91
6	122	Huy Vu	Orion Harriers	2	9.49

Posn	Num	Name	Club	FINAL	Perf
1	118	James Forman	Isle of Wight AC		8.5
2	123	Alexander Wharfe	Medway & Maidstone AC		8.5
3	119	Ben Hopkins	Blackheath & Bromley Harriers		8.6
4	120	Benedict Kelk	Cambridge & Coleridge AC		8.6
5	117	Jack Edgar-Hill	Havering Mayesbrook AC		8.8
6	121	Tom Parry	Kingston AC & Poly Harriers		8.8