

SEAA Indoor Championships - Lee Valley Athletic Centre

19(a)/20(b) January 2008

Under 20 Women High Jump (a)

CBP	A.Bemrose	Aldershot Farnham & DAC	1998	1.71		
Pos n	Num	Name	Club	Perf	Details	
1	77	Pamela Hughes	Brunel University AC	1.73	1.60 o; 1.65 o; 1.70 xo; 1.73 xxo; 1.76 xxx	
2	56	Jo Rowland	Crawley AC	1.55	1.50 o; 1.55 o; 1.60 xxx	
3	79	Bethan Siddons	Havering Mayesbrook AC	1.55	1.50 xo; 1.55 o; 1.60 xxx	
4	78	Kate Lysons	Fleet & Crookham AC	1.55	1.50 o; 1.55 xo; 1.60 xxx	
5=	76	Suzanne Clifton	Isle of Wight AC	1.50	1.50 o; 1.55 xxx	
5=	47	Sophie Twinam	Channel Islands AC	1.50	1.50 o; 1.55 xxx	
5=	75	Rianne Charles	Ealing Southall & Middlesex AC	1.50	1.50 o; 1.55 xxx	
5=	74	Hizzi Barazetti	Thames Valley Harriers	1.50	1.50 o; 1.55 xxx	
	80	Helena Warren	Aldershot Farnham & DAC	nh	1.50 xxx	

Under 20 Women Pole Vault (b)

CBP	E.Godley	Blackheath & Bromley Harriers	2007	3.51		
Posn	Num	Name	Club	Perf	Details	
1	81	Rachel Arnheim	Blackheath & Bromley Harriers	3.40	3.20 xxo; 3.30 o; 3.40 xo; 3.52 xxx	
2	85	Emmeline Rendell	Invicta East Kent AC	2.90	2.50 o; 2.70 o; 2.80 o; 2.90 xxo; 3.00 xxx	
3	82	Kara Gibbs	Ashford AC	2.50	2.30 xo; 2.50 xxo; 2.70 xxx	

Under 20 Women Long Jump (b)

CBP	S.Claxton	Colchester & Tendring AC	1997	6.18		
Posn	Num	Name	Club	Perf	Details	
1	93	Aimee Richardson	Bedford & County AC	5.51	nj; nj; 5.04; 4.93; 5.06; 5.51	
2	89	Lauren Blackie	Blackheath & Bromley Harriers	5.50	5.18; 5.27; 5.26; 5.50; 5.37; 5.49	
3	92	Jade Morgan	Colchester Harriers	5.28	5.28; nj; 5.23; 3.70; 5.14; 4.87	
4	88	Hannah Besford	Chelmsford AC	5.22	4.95; 5.22; 4.84; nj; nj; 5.07	
5	87	Dee Bakre	Enfield & Haringey AC	5.11	4.45; 5.11; 5.16; 4.23; 5.09; 4.91	
6	23	Sophie Copping	Medway & Maidstone AC	5.02	4.93; 5.02; 5.01; 4.94; 4.98; nj	
7	90	Natalie Delahunty	Oxford City AC	4.97	4.88; 4.97; nj	
8	56	Jo Rowland	Crawley AC	4.92	4.91; 4.92; 4.91	
9	15	Lyndsey North	Chelmsford AC	4.85	nj; nj; 4.85	
10	74	Hizzi Barazetti	Thames Valley Harriers	4.70	4.70; nj; 4.51	
11	41	Lisa Potter	Braintree & District AC	4.55	4.44; 4.55; 4.45	

Under 20 Women Triple Jump (a)

CBP	C.Linskill	North Devon AC	2006	12.23		
Posn	Num	Name	Club	Perf	Details	
1	96	Shakira Whight	Reading AC	11.76	11.76:11.71:9.87:11.45:11.76:1139	
2	89	Lauren Blackie	Blackheath & Bromley Harriers	11.71	NJ:NJ:11.33:11.39:11.43:11.71	
3	92	Jade Morgan	Colchester Harriers	11.40	11.40:NJ:NJ:11.09:11.14:11.14	
4	87	Dee Bakre	Enfield & Haringey AC	11.38	11.38:10.94:11.29:NJ:11.34:11.33	
5	8	Chloe Flowers	Harrow AC	11.13	10.71:10.57:11.13:10.83:9.80:10.88	
6	90	Natalie Delahunty	Oxford City AC	10.93	10.93:NJ:10.77:10.63:10.77:10.93	

7	9	Asha Forde-Scille	Herne Hill Harriers	10.89	10.50:10.89:10.83:
8	23	Sophie Copping	Medway & Maidstone AC	10.85	NJ:10.58:10.85
9	94	Danielle Currie	Herts Phoenix AC	10.85	10.85:10.47:10.84:
10	95	Roseanne Mackay	Cambridge & Coleridge AC	10.58	10.49:10.53:10.58:

Under 20 Women Shot (b)

CBP	T Agoro	Cambridge Harriers	2006	12.04	
Posn	Num	Name	Club	Perf	Details
1	97	Shaunagh Brown	Blackheath & Bromley Harriers	13.50 CBP	12.89; 12.38;11.96; 12.90; np; 13.50
2	56	Jo Rowland	Crawley AC	11.10	10.10; 10.19; 10.35; 11.01; 11.10; 10.81
3	98	Abigail Moronkeji	Thames Valley Harriers	11.09	10.71; 10.62; 11.07; 10.86; 10.54; 11.09
4	92	Jade Morgan	Colchester Harriers	9.46	8.95; 9.46; 9.17; 8.78; np; -
5	74	Kizzi Barazetti	Thames Valley Harriers	5.34	5.34; 7.20; 6.98; -; -; -