

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 13 Girls

| Event:     | Pos: | Name:        | Surname        | Club:               | Result: | CBP: |
|------------|------|--------------|----------------|---------------------|---------|------|
| 100m Final | 1    | Bridie-Leigh | Wilkins        | St Albans           | 14.4    |      |
|            | 2    | Ellie        | Keswick        | Culford School      | 15.3    |      |
|            | 3    | Peggy-Mai    | Norman         | W Suffolk AC        | 15.6    |      |
|            | 4    | April        | Castle         | Brantree & Dist AC  | 15.8    |      |
|            | 5    | Charlotte    | Russell-Ring   | Culford School      | 15.9    |      |
|            | 6    | Charlotte    | Grass          | Newmarket Joggers   | 16.8    |      |
| 200m Ht 1  | 1    | Sarah        | Prescott-Smith | Colchester Harriers | 30.1    |      |
|            | 2    | Bridie-Leigh | Wilkins        | St Albans           | 30.2    |      |
|            | 3    | Sophie       | Barker         | W Suffolk AC        | 33.0    |      |
|            | 4    | Ellie        | Keswick        | Culford School      | 33.5    |      |
| 200m Ht 2  | 1    | Megan        | Soanes         | Waveney Valley AC   | 31.0    |      |
|            | 2    | Peggy-Mai    | Norman         | W Suffolk AC        | 34.7    |      |
|            | 3    | Charlotte    | Grass          | Newmarket Joggers   | 37.2    |      |
| 200m Final | 1    | Sarah        | Prescott-Smith | Colchester Harriers | 29.8    |      |
|            | 2    | Bridie-Leigh | Wilkins        | St Albans           | 30.4    |      |
|            | 3    | Megan        | Soanes         | Waveney Valley AC   | 31.9    |      |
|            | 4    | Sophie       | Barker         | W Suffolk AC        | 33.7    |      |
|            | 5    | Peggy-Mai    | Norman         | W Suffolk AC        | 35.8    |      |
| 800m       | 1    | Megan        | Soanes         | Waveney Valley AC   | 2.38.6  |      |
|            | 2    | Sophie       | Barker         | W Suffolk AC        | 2.44.9  |      |
|            | 3    | Hannah       | Maher          | Diss AC             | 2.45.0  |      |
|            | 4    | Natasha      | Mead           | Culford School      | 3.01.6  |      |
|            | 5    | Sophie       | Coates         | Brandeston Hall     | 3.09.6  |      |
|            | 6    | Charlotte    | Grass          | Newmarket Joggers   | 3.13.5  |      |
| 1500m      | 1    | Alice        | Cheverton      | C.O.N.A.C           | 5.17.0  | CBP  |
|            | 2    | Katie        | Peake          | Ipswich Harriers    | 5.40.8  |      |
|            | 3    | Georgia      | Scott          | Brandeston Hall     | 5.49.5  |      |
| 70m H      | 1    | Sarah        | Prescott-Smith | Colchester Harriers | 12.6    |      |
|            | 2    | Ella         | Pettingale     | W Suffolk AC        | 13.9    |      |
|            | 3    | Katherine    | Robertson      | W Suffolk AC        | 14.0    |      |
|            | 4    | Holly        | Jaycock        | Culford School      | 14.7    |      |
|            | 5    | April        | Castle         | Brantree & Dist AC  | 14.7    |      |
|            | 6    | Natasha      | Mead           | Culford School      | 17.2    |      |

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Under 13 Girls

|    |    |           |                |                     |       |     |
|----|----|-----------|----------------|---------------------|-------|-----|
| HJ | 1  | Ella      | Pettingale     | W Suffolk AC        | 1.30  |     |
|    | 2  | Emma      | Owen           | Brandeston Hall     | 1.25  |     |
|    | 3  | Katherine | Robertson      | W Suffolk AC        | 1.20  |     |
|    | 4  | Holly     | Jaycock        | Culford School      | 1.20  |     |
|    | 5  | Sophie    | Lawson         | Brandeston Hall     | 1.20  |     |
| LJ | 1  | Sarah     | Prescott-Smith | Colchester Harriers | 4.55  | CBP |
|    | 2  | Megan     | Soanes         | Waveney Valley AC   | 4.07  |     |
|    | 3  | Hannah    | Maher          | Diss AC             | 3.94  |     |
|    | 4  | Ella      | Pettingale     | W Suffolk AC        | 3.82  |     |
|    | 5  | Katherine | Robertson      | W Suffolk AC        | 3.72  |     |
|    | 6  | Katie     | Peake          | Ipswich Harriers    | 3.54  |     |
|    | 7  | Holly     | Jaycock        | Culford School      | 3.50  |     |
|    | 8  | Georgia   | Scott          | Brandeston Hall     | 3.10  |     |
|    | 9  | Alice     | Cheverton      | C.O.N.A.C           | 2.95  |     |
|    | 10 | Charlotte | Russell-Ring   | Culford School      | 2.93  |     |
|    | 11 | April     | Castle         | Brantree & Dist AC  | 2.76  |     |
| SP | 1  | Helena    | Coe            | Diss AC             | 7.23  |     |
|    | 2  | Ellie     | Bloomfield     | Ipswich Harriers    | 6.75  |     |
|    | 3  | Emma      | Owen           | Brandeston Hall     | 6.32  |     |
|    | 4  | Eleanor   | Gemmill        | Brandeston Hall     | 5.57  |     |
|    | 5  | Peggy-Mai | Norman         | W Suffolk AC        | 5.39  |     |
| DT | 1  | Ellie     | Bloomfield     | Ipswich Harriers    | 24.84 | CBP |
|    | 2  | Charlotte | Goode          | Woodbridge School   | 18.78 |     |
|    | 3  | Jessica   | Wilson         | Brandeston Hall     | 16.51 |     |
| JT | 1  | Ellie     | Bloomfield     | Ipswich Harriers    | 18.44 |     |
|    | 2  | Hannah    | Maher          | Diss AC             | 13.55 |     |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 15 Girls

| Event:     | Pos: | Name:     | Surname       | Club:              | Result: | CBP: |
|------------|------|-----------|---------------|--------------------|---------|------|
| 100m Ht 1  | 1    | Jessica   | Crissell      | Ipswich Harriers   | 13.4    |      |
|            | 2    | Aby       | Hadley        | Ipswich Harriers   | 13.5    |      |
|            | 3    | Eilish    | Currie        | Ipswich Harriers   | 13.7    |      |
|            | 4    | Beth      | Clarke        | Ipswich Harriers   | 13.7    |      |
|            | 5    | Freya     | De Wild       | W Suffolk AC       | 15.1    |      |
|            | 6    | Debbie    | Castle        | Brantree & Dist AC | 15.3    |      |
| 100m Ht 2  | 1    | Enya      | Moore         | Ipswich Harriers   | 13.1    |      |
|            | 2    | Emily     | Lambert       | Ipswich Harriers   | 13.5    |      |
|            | 3    | Favour    | Osuchukwu     | W Suffolk AC       | 13.7    |      |
|            | 4    | Sophie    | Leigh-Pearson | Ipswich Harriers   | 14.3    |      |
|            | 5    | Elisabeth | Lehkyt        | Ipswich Harriers   | 14.5    |      |
|            | 6    | Jenny     | Poole         | Ipswich Harriers   | 15.6    |      |
| 100m Ht 3  | 1    | Rachel    | Smith         | Waveney Valley AC  | 14.1    |      |
|            | 2    | Keeley    | Whitlock      | Ipswich Harriers   | 14.3    |      |
|            | 3    | Alice     | Robinson      | Ipswich Harriers   | 14.5    |      |
|            | 4    | Becky     | Shinedling    | Newmarket Joggers  | 15.4    |      |
|            | 5    | Naomi     | Winter        | Culford School     | 15.9    |      |
| 100m Final | 1    | Enya      | Moore         | Ipswich Harriers   | 12.9    |      |
|            | 2    | Emily     | Lambert       | Ipswich Harriers   | 13.1    |      |
|            | 3    | Jessica   | Crissell      | Ipswich Harriers   | 13.2    |      |
|            | 4    | Aby       | Hadley        | Ipswich Harriers   | 13.7    |      |
|            | 5    | Eilish    | Currie        | Ipswich Harriers   | 13.8    |      |
|            | 6    | Beth      | Clarke        | Ipswich Harriers   | 13.9    |      |
|            | 7    | Rachel    | Smith         | Waveney Valley AC  | 14.1    |      |
| 200m Ht 1  | 1    | Emily     | Lambert       | Ipswich Harriers   | 27.9    |      |
|            | 2    | Enya      | Moore         | Ipswich Harriers   | 27.9    |      |
|            | 3    | Charlotte | Shelley       | Ipswich Harriers   | 28.0    |      |
|            | 4    | Isabel    | Davies        | Culford School     | 28.5    |      |
|            | 5    | Keeley    | Whitlock      | Ipswich Harriers   | 30.2    |      |
|            | 6    | Claire    | Caiger        | Ipswich Harriers   | 31.4    |      |
| 200m Ht 2  | 1    | Aby       | Hadley        | Ipswich Harriers   | 29.1    |      |
|            | 2    | Leah      | Mapston       | W Suffolk AC       | 30.5    |      |
|            | 3    | Charlotte | Stewart       | Culford School     | 32.7    |      |
|            | 4    | Tasha     | Coates        | Brandeston Hall    | 34.2    |      |
|            | 5    | Rebecca   | O'Leary       | Brandeston Hall    | 35.3    |      |
| 200m Final | 1    | Enya      | Moore         | Ipswich Harriers   | 27.6    |      |
|            | 2    | Charlotte | Shelley       | Ipswich Harriers   | 28.0    |      |
|            | 3    | Emily     | Lambert       | Ipswich Harriers   | 28.6    |      |
|            | 4    | Isabel    | Davies        | Culford School     | 29.4    |      |
|            | 5    | Leah      | Mapston       | W Suffolk AC       | 30.7    |      |
| 300m Final | 1    | Emily     | Lambert       | Ipswich Harriers   | 44.2    | CBT  |
|            | 2    | Leah      | Mapston       | W Suffolk AC       | 46.5    |      |
|            | 3    | Sophie    | Leigh-Pearson | Ipswich Harriers   | 47.6    |      |
|            | 4    | Jade      | Willis        | Ipswich Harriers   | 52.2    |      |
|            | 5    | Lauren    | James         | W Suffolk AC       | 54.3    |      |
|            | 6    | Lucy      | Ashby-Hoare   | Brandeston Hall    | 55.5    |      |

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Under 15 Girls

|             |   |           |             |                    |        |
|-------------|---|-----------|-------------|--------------------|--------|
| 800m        | 1 | Claire    | Caiger      | Ipswich Harriers   | 2.26.0 |
|             | 2 | Emily     | Robinson    | Ipswich Harriers   | 2.39.8 |
|             | 3 | Lauren    | James       | W Suffolk AC       | 2.49.6 |
|             | 4 | Louise    | Stevens     | Stradbroke B & E   | 2.53.9 |
|             | 5 | Sarah     | O'Rourke    | Newmarket Joggers  | 2.54.9 |
|             | 6 | Emma      | Stud        | Farlingaye H.S.    | 2.54.9 |
|             | 7 | Becky     | Shinedling  | Newmarket Joggers  | 3.03.1 |
| 1500m       | 1 | Susannah  | Reid        | Brandeston Hall    | 5.01.0 |
|             | 2 | Jasmine   | Seller      | Ipswich Harriers   | 5.19.3 |
|             | 3 | Sam       | Carson      | W Suffolk AC       | 5.27.9 |
|             | 4 | Fiona     | Devoy       | Culford School     | 5.49.9 |
|             | 5 | Sophie    | Demetriades | Hadleigh H.S.      | 5.55.5 |
| 75m H Final | 1 | Charlotte | Shelley     | Ipswich Harriers   | 12.4   |
|             | 2 | Ellie     | De Wild     | W Suffolk AC       | 13.1   |
|             | 3 | Rachael   | Arbon       | W Suffolk AC       | 13.2   |
|             | 4 | Joanne    | Eley        | W Suffolk AC       | 15.1   |
|             | 5 | Debbie    | Castle      | Brantree & Dist AC | 15.1   |
|             | 6 | Louisiana | Ogunfowora  | Culford School     | 15.8   |
|             | 7 | Tabitha   | Ives        | Brandeston Hall    | 16.9   |
|             | 8 | Rebecca   | O'Leary     | Brandeston Hall    | 17.2   |
| 1K Walk     | 1 | Chloe     | Beeton      | Newmarket Joggers  | 6.24.8 |
|             | 2 | Sophie    | Moss        | Newmarket Joggers  | 6.29.8 |

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Under 15 Girls

|    |   |           |             |                    |       |      |
|----|---|-----------|-------------|--------------------|-------|------|
| HJ | 1 | Charlotte | Shelley     | Ipswich Harriers   | 1.66  |      |
|    | 2 | Chelsea   | Wade        | W Suffolk AC       | 1.40  |      |
|    | 3 | Ellie     | De Wild     | W Suffolk AC       | 1.35  |      |
|    | 4 | Louisiana | Ogunfowora  | Culford School     | 1.25  |      |
|    | 5 | Lydia     | Bowers      | W Suffolk AC       | 1.20  |      |
|    | 6 | Ellie     | Hutson      | Brandeston Hall    | 1.20  |      |
|    | 7 | Louise    | Stevens     | Stradbroke B & E   | 1.20  |      |
| LJ | 1 | Jessica   | Crissell    | Ipswich Harriers   | 4.60  |      |
|    | 2 | Beth      | Clarke      | Ipswich Harriers   | 4.48  |      |
|    | 3 | Isabel    | Davies      | Culford School     | 4.31  |      |
|    | 4 | Louise    | Stevens     | Stradbroke B & E   | 4.28  |      |
|    | 5 | Favour    | Osuchukwu   | W Suffolk AC       | 4.01  |      |
|    | 6 | Freya     | De Wild     | W Suffolk AC       | 3.94  |      |
|    | 7 | Charlotte | Stewart     | Culford School     | 3.91  |      |
|    | 8 | Emma      | Stud        | Farlingaye H.S.    | 3.29  |      |
|    | 9 | Jade      | Willis      | Ipswich Harriers   | 2.04  |      |
| TJ | 1 | Rachael   | Arbon       | W Suffolk AC       | 9.53  | CBP: |
|    | 2 | Chelsea   | Wade        | W Suffolk AC       | 9.37  |      |
| SP | 1 | Chelsea   | Wade        | W Suffolk AC       | 8.63  |      |
|    | 2 | Lydia     | Bowers      | W Suffolk AC       | 8.01  |      |
|    | 3 | Beth      | Wade        | W Suffolk AC       | 7.63  |      |
|    | 4 | Jessica   | Crissell    | Ipswich Harriers   | 6.89  |      |
|    | 5 | Sophie    | Warner      | Brandeston Hall    | 6.75  |      |
|    | 6 | Rosemary  | Aldous      | Ipswich Harriers   | 6.38  |      |
|    | 7 | Debbie    | Castle      | Brantree & Dist AC | 5.59  |      |
|    | 8 | Naomi     | Winter      | Culford School     | 4.53  |      |
| DT | 1 | Beth      | Wade        | W Suffolk AC       | 23.97 |      |
|    | 2 | Lucy      | Ashby-Hoare | Brandeston Hall    | 18.58 |      |
|    | 3 | Rosemary  | Aldous      | Ipswich Harriers   | 16.67 |      |
|    | 4 | Elle      | Howe        | Farlingaye H.S.    | 16.66 |      |
|    | 5 | Flora     | Hill        | Culford School     | 16.33 |      |
|    | 6 | Sophie    | Warner      | Brandeston Hall    | 15.17 |      |
|    | 7 | Sam       | Carson      | W Suffolk AC       | 14.83 |      |
|    | 8 | Lauren    | James       | W Suffolk AC       | 9.49  |      |
| HT | 1 | Rosemary  | Aldous      | Ipswich Harriers   | 21.40 | CBP: |
| JT | 1 | Isabel    | Davies      | Culford School     | 27.07 |      |
|    | 2 | Sophie    | Warner      | Brandeston Hall    | 19.75 |      |
|    | 3 | Flora     | Hill        | Culford School     | 14.49 |      |
|    | 4 | Emma      | Stud        | Farlingaye H.S.    | 9.05  |      |

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Under 17 Women

| Event:     | Pos: | Name:     | Surname       | Club:              | Result: | CBP: |
|------------|------|-----------|---------------|--------------------|---------|------|
| 100m Ht 1  | 1    | Charlotte | Cattermole    | Holbrooke H. S.    | 12.9    |      |
|            | 2    | Katy      | Barber        | Gt Yarmouth AC     | 13.1    |      |
|            | 3    | Polly     | Davies        | Waveney Valley AC  | 13.3    |      |
|            | 4    | Reniks    | Akintayu      | Ipswich Harriers   | 13.4    |      |
|            | 5    | Emily     | Bunbury       | Diss AC            | 13.9    |      |
|            | 6    | Hannah    | Castle        | Brantree & Dist AC | 16.3    |      |
| 100m Ht 2  | 1    | Alexandra | Leigh-Pearson | Ipswich Harriers   | 13.4    |      |
|            | 2    | Emily     | Rogers        | W Suffolk AC       | 13.4    |      |
|            | 3    | Georgina  | Gray          | Ipswich Harriers   | 13.7    |      |
|            | 4    | Anna      | Spratt        | Culford School     | 14.2    |      |
|            | 5    | Catherine | Jackson       | Debenham           | 14.7    |      |
| 100m Final | 1    | Charlotte | Cattermole    | Holbrooke H. S.    | 13.1    |      |
|            | 2    | Emily     | Rogers        | W Suffolk AC       | 13.2    |      |
|            | 3    | Alexandra | Leigh-Pearson | Ipswich Harriers   | 13.3    |      |
|            | 4    | Polly     | Davies        | Waveney Valley AC  | 13.4    |      |
|            | 5    | Katy      | Barber        | Gt Yarmouth AC     | 13.5    |      |
|            | 6    | Reniks    | Akintayu      | Ipswich Harriers   | 13.9    |      |
| 200m Ht 1  | 1    | Emily     | Rogers        | W Suffolk AC       | 27.5    |      |
|            | 2    | Heather   | Booth         | Ipswich Harriers   | 29.3    |      |
|            | 3    | Reniks    | Akintayu      | Ipswich Harriers   | 31.6    |      |
|            | 4    | Melanie   | Okuneye       | Culford School     | 33.4    |      |
| 200m Ht 2  | 1    | Katy      | Barber        | Gt Yarmouth AC     | 27.8    |      |
|            | 2    | Katie     | Redgrave      | Ipswich Harriers   | 29.0    |      |
|            | 3    | Catherine | Jackson       | Debenham           | 31.0    |      |
| 200m       | 1    | Emily     | Rogers        | W Suffolk AC       | 28.0    |      |
|            | 2    | Katy      | Barber        | Gt Yarmouth AC     | 28.4    |      |
|            | 3    | Heather   | Booth         | Ipswich Harriers   | 29.4    |      |
| 300m Final | 1    | Alexandra | Leigh-Pearson | Ipswich Harriers   | 42.6    |      |
|            | 2    | Holly     | Archer        | W Suffolk AC       | 43.0    |      |
|            | 3    | Polly     | Davies        | Waveney Valley AC  | 43.3    |      |
|            | 4    | Emma      | Burroughs     | Ipswich Harriers   | 44.1    |      |
|            | 5    | Sophia    | Nicklin       | Woodbridge School  | 45.0    |      |
|            | 6    | Melanie   | Okuneye       | Culford School     | 53.3    |      |
| 800m       | 1    | Sophia    | Nicklin       | Woodbridge School  | 2.25.4  |      |
|            | 2    | Hannah    | Pettersson    | Ipswich Harriers   | 2.27.4  |      |
|            | 3    | Emily     | Barker        | W Suffolk AC       | 2.31.5  |      |
|            | 4    | Grace     | Waters        | W Suffolk AC       | 2.34.8  |      |
| 1500m      | 1    | Holly     | Archer        | W Suffolk AC       | 5.03.5  |      |
|            | 2    | Charlotte | Christensen   | Ipswich Harriers   | 5.06.7  |      |
|            | 3    | Hannah    | Pettersson    | Ipswich Harriers   | 5.08.3  |      |
|            | 4    | Sophie    | Topman        | W Suffolk AC       | 5.09.5  |      |
|            | 5    | Emily     | Barker        | W Suffolk AC       | 5.25.0  |      |
|            | 6    | Justine   | Anthony       | W Suffolk AC       | 5.29.8  |      |
| 3000m      | 1    | Charlotte | Christensen   | Ipswich Harriers   | 10.25.6 | CBP  |
|            | 2    | Holly     | Archer        | W Suffolk AC       | 11.05.5 |      |
|            | 3    | Mary      | Galbraith     | Ipswich Harriers   | 11.19.8 |      |
|            | 4    | Tamsin    | Desborough    | Waveney Valley AC  | 13.54.9 |      |
| 1500m S/C  | 1    | Justine   | Anthony       | W Suffolk AC       | 6.28.0  | CBP  |
| 80m H      | 1    | Charlotte | Cattermole    | Holbrooke H. S.    | 12.1    |      |
|            | 2    | Anna      | Spratt        | Culford School     | 13.1    |      |
|            | 3    | Katie     | Redgrave      | Ipswich Harriers   | 13.2    |      |
|            | 4    | Evie      | Castle        | Brantree & Dist AC | 13.6    |      |
|            | 5    | Emily     | Cross         | W Suffolk AC       | 15.1    |      |

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Under 17 Women

|        |   |      |        |                |      |
|--------|---|------|--------|----------------|------|
| 300m H | 1 | Anna | Spratt | Culford School | 49.9 |
|--------|---|------|--------|----------------|------|

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Under 17 Women

|    |   |          |            |                    |       |     |
|----|---|----------|------------|--------------------|-------|-----|
| LJ | 1 | Emily    | Rogers     | W Suffolk AC       | 5.08  |     |
|    | 2 | Emily    | Cross      | W Suffolk AC       | 4.11  |     |
| TJ | 1 | Montana  | Jackson    | W Suffolk AC       | 11.21 | CBP |
| SP | 1 | Samantha | Milner     | W Suffolk AC       | 9.93  |     |
|    | 2 | Melanie  | Okuneye    | Culford School     | 7.04  |     |
|    | 3 | Hannah   | Castle     | Brantree & Dist AC | 4.34  |     |
| DT | 1 | Samantha | Milner     | W Suffolk AC       | 36.56 | CBP |
|    | 2 | Evie     | Castle     | Brantree & Dist AC | 25.03 |     |
|    | 3 | Hannah   | Castle     | Brantree & Dist AC | 18.57 |     |
|    | 4 | Tamsin   | Desborough | Waveney Valley AC  | 15.30 |     |
| HT | 1 | Samantha | Milner     | W Suffolk AC       | 31.49 | CBP |
| JT | 1 | Evie     | Castle     | Brantree & Dist AC | 28.59 |     |
|    | 2 | Louise   | Barber     | Culford School     | 27.96 |     |
|    | 3 | Emily    | Cross      | W Suffolk AC       | 18.34 |     |

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Under 20 Women

| Event: | Pos: | Name:   | Surname  | Club:              | Result: | CBP: |
|--------|------|---------|----------|--------------------|---------|------|
| 100m   | 1    | Melisa  | Castle   | Brantree & Dist AC | 16.6    |      |
| 200m   | 1    | Fenella | Foskett  | Woodbridge School  | 32.1    |      |
| 400m   | 1    | Helen   | Waters   | W Suffolk AC       | 60.4    |      |
|        | 2    | Emily   | Wenman   | W Suffolk AC       | 63.3    |      |
|        | 3    | Ella    | Jennings | Stowmarket H.S.    | 64.0    |      |
|        | 4    | Posy    | Ash      | Woodbridge School  | 66.6    |      |
|        | 5    | Abbie   | Beales   | CONAC              | 67.8    |      |
| 800m   | 1    | Abbie   | Beales   | CONAC              | 2.41.8  |      |
|        | 2    | Emily   | Baker    | W Suffolk AC       | 2.46.5  |      |
| 1500m  | 1    | Ellen   | Wilton   | Woodbridge School  | 5.44.3  |      |
| 3000m  | 1    | Zara    | McLoone  | W Suffolk AC       | 11.39.3 |      |
| 100m H | 1    | Katy    | Sealy    | Ipswich Harriers   | 17.3    |      |

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Under 20 Women

|    |   |         |          |                    |       |
|----|---|---------|----------|--------------------|-------|
| HJ | 1 | Lizzy   | Harrison | W Suffolk AC       | 1.60  |
|    | 2 | Katy    | Sealy    | Ipswich Harriers   | 1.60  |
|    | 3 | Emily   | Bunbury  | Diss AC            | 1.25  |
| LJ | 1 | Katy    | Sealy    | Ipswich Harriers   | 4.85  |
|    | 2 | Posy    | Ash      | Woodbridge School  | 4.41  |
| TJ | 1 | Fenella | Foskett  | Woodbridge School  | 7.82  |
| SP | 1 | Katy    | Sealy    | Ipswich Harriers   | 10.11 |
|    | 2 | Fenella | Foskett  | Woodbridge School  | 6.95  |
|    | 3 | Melisa  | Castle   | Brantree & Dist AC | 6.00  |
| DT | 1 | Melisa  | Castle   | Brantree & Dist AC | 14.35 |
| JT | 1 | Katy    | Sealy    | Ipswich Harriers   | 35.18 |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Senior Women

| Event:    | Pos: | Name:     | Surname    | Club:                | Result: | CBP: |
|-----------|------|-----------|------------|----------------------|---------|------|
| 100m      | 1    | Angie     | Alstrachen | St Edmunds Pacers    | 14.3    |      |
| 200m      | 1    | Angie     | Alstrachen | St Edmunds Pacers    | 29.3    |      |
| 400m      | 1    | Angie     | Alstrachen | St Edmunds Pacers    | 64.8    |      |
|           | 2    | Leanne    | Thorndyke  | Ipswich Harriers     | 67.7    |      |
| 1500m     | 1    | Penny     | Rooney     | Woodbridge Shufflers | 5.23.7  |      |
| 3000m     | 1    | Christine | Anthony    | W Suffolk AC         | 11.49.5 |      |
| 1500m S/C | 1    | Christine | Anthony    | W Suffolk AC         | 6.22.9  |      |
| 100m H    | 1    | Tania     | Spurling   | W Suffolk AC         | 15.9    |      |
|           | 2    | Hayley    | Todd       | Ipswich Harriers     | 17.2    |      |
| 400m H    | 1    | Angie     | Alstrachen | St Edmunds Pacers    | 71.4    |      |
| 3k Walk   | 1    | Serena    | Queeney    | Enfield H A C        | 20.55.8 |      |
|           | 2    | Jennie    | Grimwood   | Newmarket Joggers    | 22.57.0 |      |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Senior Women

|    |   |           |          |                       |       |
|----|---|-----------|----------|-----------------------|-------|
| HJ | 1 | Tania     | Spurling | W Suffolk AC          | 1.55  |
| LJ | 1 | Tania     | Spurling | W Suffolk AC          | 5.43  |
| TJ | 1 | Tania     | Spurling | W Suffolk AC          | 11.57 |
| SP | 1 | Charlotte | Nicholls | Lincoln Wellington AC | 7.21  |
| DT | 1 | Charlotte | Nicholls | Lincoln Wellington AC | 18.15 |
| HT | 1 | Charlotte | Nicholls | Lincoln Wellington AC | 20.0  |
| JT | 1 | Jo        | Chapman  | W Suffolk AC          | 41.33 |
|    | 2 | Tania     | Spurling | W Suffolk AC          | 30.55 |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 13 Boys

| Event:     | Pos: | Name:     | Surname     | Club:             | Result: | CBP: |
|------------|------|-----------|-------------|-------------------|---------|------|
| 100m Ht 1  | 1    | Kasey     | Hagan       | Ipswich Harriers  | 13.9    |      |
|            | 2    | Roman     | Engelbrecht | Brandeston Hall   | 14.2    |      |
|            | 3    | Michael   | Bartram     | Newmarket Joggers | 14.2    |      |
|            | 4    | Jack      | Gawthrop    | Brandeston Hall   | 15.0    |      |
|            | 5    | Ben       | Bournes     | Brandeston Hall   | 15.8    |      |
|            | 6    | Ewan      | Anderson    | Waveney Valley AC | 16.1    |      |
| 100m Ht 2  | 1    | George    | Johnson     | Hadleigh H.S.     | 13.4    |      |
|            | 2    | Thomas    | Stanford    | Newmarket Joggers | 13.7    |      |
|            | 3    | Tom       | Knight      | Culford School    | 14.4    |      |
|            | 4    | Harry     | Unwin       | W Suffolk AC      | 14.5    |      |
| 100m Final | 1    | George    | Johnson     | Hadleigh H.S.     | 13.5    |      |
|            | 2    | Kasey     | Hagan       | Ipswich Harriers  | 13.7    |      |
|            | 3    | Thomas    | Stanford    | Newmarket Joggers | 13.8    |      |
|            | 4    | Michael   | Bartram     | Newmarket Joggers | 13.8    |      |
|            | 5    | Roman     | Engelbrecht | Brandeston Hall   | 14.6    |      |
|            | 6    | Tom       | Knight      | Culford School    | 14.8    |      |
| 200m Ht1   | 1    | Michael   | Bartram     | Newmarket Joggers | 29.9    |      |
|            | 2    | Harry     | Unwin       | W Suffolk AC      | 30.4    |      |
|            | 3    | Jack      | Gawthrop    | Brandeston Hall   | 32.0    |      |
|            | 4    | Ewan      | Anderson    | Waveney Valley AC | 33.7    |      |
|            | 5    | Matthew   | Nichols     | St Edmunds Pacers | 34.2    |      |
| 200m Ht 2  | 1    | Thomas    | Stanford    | Newmarket Joggers | 29.8    |      |
|            | 2    | Charlie   | Kenworthy   | Kesgrave H.S.     | 31.0    |      |
|            | 3    | Sebastian | Anthony     | W Suffolk AC      | 32.0    |      |
|            | 4    | Jamie     | Finch       | Waveney Valley AC | 33.3    |      |
| 200m Final | 1    | Thomas    | Stanford    | Newmarket Joggers | 29.4    |      |
|            | 2    | Michael   | Bartram     | Newmarket Joggers | 29.5    |      |
|            | 3    | Harry     | Unwin       | W Suffolk AC      | 31.3    |      |
|            | 4    | Jack      | Gawthrop    | Brandeston Hall   | 31.5    |      |
|            | 5    | Charlie   | Kenworthy   | Kesgrave H.S.     | 32.9    |      |
|            | 6    | Sebastian | Anthony     | W Suffolk AC      | 38.1    |      |
| 800m       | 1    | Michael   | Bartram     | Newmarket Joggers | 2.30.1  |      |
|            | 2    | Thomas    | Stanford    | Newmarket Joggers | 2.32.9  |      |
|            | 3    | Charlie   | Kenworthy   | Kesgrave H.S.     | 2.33.4  |      |
|            | 4    | Cameron   | Duncan      | Ipswich Harriers  | 2.34.5  |      |
|            | 5    | Samuel    | Tripp       | Farlingaye H.S.   | 2.47.2  |      |
| 1500m      | 1    | Cameron   | McKie       | W Suffolk AC      | 5.08.2  | CBP  |
|            | 2    | Ben       | Eames       | W Suffolk AC      | 5.16.5  |      |
|            | 3    | Sebastian | Anthony     | W Suffolk AC      | 5.17.7  |      |
|            | 4    | Ben       | Parker      | Felixstowe R.R.   | 5.19.0  |      |
|            | 5    | Samuel    | Barber      | Farlingaye H.S.   | 5.21.9  |      |
|            | 6    | Louis     | Seller      | Ipswich Harriers  | 5.22.1  |      |
|            | 7    | Scott     | Jackson     | Farlingaye H.S.   | 5.23.1  |      |
|            | 8    | Jamie     | Finch       | Waveney Valley AC | 5.36.4  |      |
|            | 9    | Matthew   | Nichols     | St Edmunds Pacers | 5.44.5  |      |
|            | 10   | Toby      | Warner      | Brandeston Hall   | 5.53.6  |      |
|            | 11   | Charles   | Green       | Brandeston Hall   | 6.03.1  |      |
| 75m H      | 1    | Kasey     | Hagan       | Ipswich Harriers  | 13.5    | CBP  |
|            | 2    | Tom       | Knight      | Culford School    | 14.2    |      |
|            | 3    | Ewan      | Anderson    | Waveney Valley AC | 17.2    |      |
|            | 4    | Tom       | Easey       | Brandeston Hall   | 20.1    |      |
|            | 5    | Jason     | Strauss     | Ipswich Harriers  | 24.4    |      |

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Under 13 Boys

|    |   |           |             |                   |       |     |
|----|---|-----------|-------------|-------------------|-------|-----|
| HJ | 1 | Kasey     | Hagan       | Ipswich Harriers  | 1.45  | CBP |
|    | 2 | Roman     | Engelbrecht | Brandeston Hall   | 1.30  |     |
|    | 3 | Toby      | Warner      | Brandeston Hall   | 1.05  |     |
| LJ | 1 | Sebastian | Anthony     | W Suffolk AC      | 4.28  |     |
|    | 2 | Cameron   | McKie       | W Suffolk AC      | 4.05  |     |
|    | 3 | Roman     | Engelbrecht | Brandeston Hall   | 3.95  |     |
|    | 4 | Ben       | Bournes     | Brandeston Hall   | 3.44  |     |
|    | 5 | Jack      | Gawthrop    | Brandeston Hall   | 3.41  |     |
|    | 6 | Jamie     | Finch       | Waveney Valley AC | 3.28  |     |
| SP | 1 | Harry     | Hughes      | W Suffolk AC      | 6.79  |     |
|    | 2 | Ben       | Bournes     | Brandeston Hall   | 5.68  |     |
|    | 3 | Oliver    | King        | Brandeston Hall   | 5.33  |     |
|    | 4 | Oliver    | Yeatts      | Brandeston Hall   | 5.26  |     |
| DT | 1 | Harry     | Hughes      | W Suffolk AC      | 20.25 |     |
| JT | 1 | Harry     | Hughes      | W Suffolk AC      | 37.01 |     |
|    | 2 | Oliver    | King        | Brandeston Hall   | 24.40 |     |
|    | 3 | Charles   | Green       | Brandeston Hall   | 24.29 |     |
|    | 4 | Euan      | McKie       | W Suffolk AC      | 23.78 |     |
|    | 5 | Tom       | Easey       | Brandeston Hall   | 23.71 |     |
|    | 6 | Oliver    | Yeatts      | Brandeston Hall   | 19.19 |     |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 15 Boys

| Event:     | Pos: | Name:     | Surname     | Club:                 | Result: | CBP: |
|------------|------|-----------|-------------|-----------------------|---------|------|
| 100m Final | 1    | Cain      | Sobers      | Ipswich Harriers      | 12.2    |      |
|            | 2    | Thomas    | Powell      | Ipswich Harriers      | 12.4    |      |
|            | 3    | Benjamin  | Hutchison   | Farlingaye H.S.       | 12.8    |      |
|            | 4    | Callum    | Jennings    | Ipswich Harriers      | 13.4    |      |
|            | 5    | Tobias    | Rankin      | Hadleigh Hares        | 13.7    |      |
|            | 6    | Adam      | Lawrence    | W Suffolk AC          | 14.2    |      |
|            | 7    | Scot      | Ransom      | W Suffolk AC          | 14.9    |      |
|            | 8    | Charlie   | O'Neill     | Brandeston Hall       | 15.2    |      |
| 200m       | 1    | Joshua    | Edgley      | Newmarket Joggers     | 27.2    |      |
|            | 2    | Samuel    | Johnson     | Culford School        | 27.2    |      |
|            | 3    | George    | Park        | Ipswich Harriers      | 27.7    |      |
|            | 4    | Callum    | Jennings    | Ipswich Harriers      | 28.1    |      |
|            | 5    | Adam      | Lawrence    | W Suffolk AC          | 29.6    |      |
| 400m Final | 1    | Rupert    | Powell      | Royal Hospital School | 54.4    |      |
|            | 2    | Samuel    | Johnson     | Culford School        | 62.0    |      |
|            | 3    | Dominic   | Oliver      | Waveney Valley AC     | 66.4    |      |
|            | 4    | Oliver    | Norman      | Ipswich Harriers      | 67.4    |      |
| 800m       | 1    | Oliver    | Jones       | Ipswich Harriers      | 2.14.9  |      |
|            | 2    | Tobias    | Rankin      | Hadleigh Hares        | 2.22.9  |      |
|            | 3    | Ross      | Tennant     | Ipswich Harriers      | 2.26.6  |      |
|            | 4    | Jack      | Anthony     | W Suffolk AC          | 2.32.9  |      |
|            | 5    | Dominic   | Oliver      | Waveney Valley AC     | 2.32.9  |      |
|            | 6    | Alexander | Grey        | Culford School        | 2.40.8  |      |
|            | 7    | Oliver    | Thornton    | Brandeston Hall       | 2.44.4  |      |
|            | 8    | Jake      | McCarthy    | St Edmunds Pacers     | 2.45.7  |      |
| 1500m      | 1    | Henry     | Alexander   | Ipswich Harriers      | 4.41.3  |      |
|            | 2    | Benjamin  | Moore       | Royal Hospital School | 4.45.4  |      |
|            | 3    | Macauley  | Delo        | W Suffolk AC          | 4.48.4  |      |
|            | 4    | Bradley   | Wattleworth | Ipswich Harriers      | 4.49.5  |      |
|            | 5    | Tom       | Eames       | W Suffolk AC          | 4.56.0  |      |
|            | 6    | Andrew    | Revell      | Ipswich Harriers      | 5.03.5  |      |
|            | 7    | George    | Byrne Hill  | Ipswich Harriers      | 5.04.5  |      |
|            | 8    | Edmund    | Mills       | W Suffolk AC          | 5.04.8  |      |
| 80m H      | 1    | Oliver    | Thornton    | Brandeston Hall       | 18.9    |      |
| 1k Walk    | 1    | Jack      | Anthony     | W Suffolk AC          | 6.41.7  |      |

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Under 15 Boys

|    |   |           |           |                       |       |
|----|---|-----------|-----------|-----------------------|-------|
| HJ | 1 | Cain      | Sobers    | Ipswich Harriers      | 1.70  |
|    | 2 | Benjamin  | Moore     | Royal Hospital School | 1.50  |
|    | 3 | Errol     | Thompson  | Ipswich Harriers      | 1.50  |
| LJ | 1 | Cain      | Sobers    | Ipswich Harriers      | 5.98  |
|    | 2 | Errol     | Thompson  | Ipswich Harriers      | 4.81  |
|    | 3 | Callum    | Jennings  | Ipswich Harriers      | 4.58  |
|    | 4 | Scot      | Ransom    | W Suffolk AC          | 4.27  |
|    | 5 | Dominic   | Oliver    | Waveney Valley AC     | 3.89  |
|    | 6 | Charlie   | O'Neill   | Brandeston Hall       | 3.61  |
| TJ | 1 | Timothy   | Barrow    | Culford School        | 11.32 |
|    | 2 | George    | Park      | Ipswich Harriers      | 11.07 |
|    | 3 | Errol     | Thompson  | Ipswich Harriers      | 9.41  |
|    | 4 | Jack      | Anthony   | W Suffolk AC          | 9.33  |
|    | 5 | Scot      | Ransom    | W Suffolk AC          | 8.76  |
| SP | 1 | Harri     | Mortimer  | Ipswich Harriers      | 11.29 |
|    | 2 | Alexander | Parkinson | Culford School        | 9.98  |
|    | 3 | Theo      | Moore     | Ipswich Harriers      | 8.34  |
|    | 4 | Gavin     | Kiernan   | Brandeston Hall       | 7.55  |
|    | 5 | Oliver    | Thornton  | Brandeston Hall       | 6.67  |
| DT | 1 | Harri     | Mortimer  | Ipswich Harriers      | 30.67 |
|    | 2 | Benjamin  | Hutchison | Farlingaye H.S.       | 29.01 |
|    | 3 | Alexander | Parkinson | Culford School        | 27.80 |
|    | 4 | Theo      | Moore     | Ipswich Harriers      | 24.65 |
|    | 5 | Gavin     | Kiernan   | Brandeston Hall       | 19.53 |
| HT | 1 | Joshua    | Edgley    | Newmarket Joggers     | 20.53 |
| JT | 1 | Oliver    | Norman    | Ipswich Harriers      | 30.05 |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 17 Men

| Event: | Pos: | Name:   | Surname      | Club:            | Result: | CBP: |
|--------|------|---------|--------------|------------------|---------|------|
| 100m   | 1    | Joshua  | Hutchison    | Farlingaye H.S.  | 12.1    |      |
|        | 2    | Michael | Davis        | Orwell Panthers  | 12.1    |      |
|        | 3    | Jordan  | Griffin      | Stowmarket H.S.  | 12.5    |      |
|        | 4    | Elliott | Smith        | Culford School   | 12.8    |      |
|        | 5    | Michael | Sturgeon     | Ipswich Harriers | 12.9    |      |
| 200m   | 1    | Lewis   | Manfield     | W Suffolk AC     | 24.7    |      |
|        | 2    | Thomas  | Creasey      | Ipswich Harriers | 24.9    |      |
|        | 3    | Ben     | Martin       | Culford School   | 25.4    |      |
|        | 4    | Jordan  | Griffin      | Stowmarket H.S.  | 26.4    |      |
| 400m   | 1    | Lewis   | Manfield     | W Suffolk AC     | 56.3    |      |
| 800m   | 1    | Kieran  | Clements     | Hadleigh H.S.    | 2.03.6  |      |
|        | 2    | Shaun   | Webb         | Ipswich Harriers | 2.04.3  |      |
|        | 3    | Jim     | Norris       | Ipswich Harriers | 2.05.5  |      |
|        | 4    | Andrew  | Tanner       | Ipswich Harriers | 2.08.1  |      |
|        | 5    | Alex    | Groiss       | W Suffolk AC     | 2.09.0  |      |
|        | 6    | Jack    | Garvin       | Ipswich Harriers | 2.23.1  |      |
| 1500m  | 1    | Shaun   | Webb         | Ipswich Harriers | 4.19.4  |      |
|        | 2    | Rhys    | Hinton-Smith | Ipswich Harriers | 4.23.1  |      |
|        | 3    | Dominic | Thackeray    | W Suffolk AC     | 4.23.9  |      |
|        | 4    | Jordan  | Ali          | Ipswich Harriers | 4.25.8  |      |
|        | 5    | Danny   | Jackson      | Ipswich Harriers | 4.34.0  |      |
| 3000m  | 1    | Shaun   | Webb         | Ipswich Harriers | 9.06.6  | CBP: |
|        | 2    | Kieran  | Clements     | Hadleigh H.S.    | 9.09.1  |      |
|        | 3    | Jordan  | Ali          | Ipswich Harriers | 9.33.0  |      |
|        | 4    | Jack    | Garvin       | Ipswich Harriers | 9.36.0  |      |
|        | 5    | Simon   | Dawson       | W Suffolk AC     | 9.44.1  |      |
|        | 6    | Rhys    | Hinton-Smith | Ipswich Harriers | 9.52.2  |      |
|        | 7    | Danny   | Jackson      | Ipswich Harriers | 9.53.5  |      |
|        | 8    | Asa     | Burnett      | W Suffolk AC     | 10.04.1 |      |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 17 Men

|    |   |        |            |                       |       |
|----|---|--------|------------|-----------------------|-------|
| HJ | 1 | Jack   | Chrisman   | W Suffolk AC          | 1.75  |
|    | 2 | James  | Mann       | Ipswich Harriers      | 1.65  |
| LJ | 1 | Daniel | Hughes     | W Suffolk AC          | 5.29  |
|    | 2 | James  | Mann       | Ipswich Harriers      | 5.21  |
| TJ | 1 | Daniel | Hughes     | W Suffolk AC          | 11.49 |
|    | 2 | Ben    | Martin     | Culford School        | 10.77 |
|    | 3 | Peter  | Burke      | Royal Hospital School | 10.42 |
| SP | 1 | Jake   | Allen      | Samuel Ward U.S.      | 8.93  |
| DT | 1 | Matti  | Mortimer   | Ipswich Harriers      | 39.48 |
|    | 2 | Frank  | Bloomfield | Ipswich Harriers      | 30.47 |
|    | 3 | Joshua | Hutchison  | Farlingaye H.S.       | 28.89 |
|    | 4 | Jake   | Allen      | Samuel Ward U.S.      | 20.82 |
| HT | 1 | Frank  | Bloomfield | Ipswich Harriers      | 25.11 |
| JT | 1 | Matti  | Mortimer   | Ipswich Harriers      | 67.41 |
|    | 2 | Jake   | Allen      | Samuel Ward U.S.      | 24.07 |

CBP

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Under 20 Men

| Event:    | Pos: | Name:       | Surname   | Club:               | Result:      | CBP: |
|-----------|------|-------------|-----------|---------------------|--------------|------|
| 100m      | 1    | Adam        | Rawling   | Ipswich Harriers    | 11.8         |      |
|           | 2    | John        | Cousins   | Woodbridge School   | 11.9         |      |
|           | 3    | Luke        | Allen     | W Suffolk AC        | 12.0         |      |
|           | 4    | Christopher | Peck      | Sir John Leman H.S. | 12.7         |      |
| 200m      | 1    | Adam        | Rawling   | Ipswich Harriers    | 23.9         |      |
|           | 2    | Daniel      | Green     | Northgate           | 24.1         |      |
|           | 3    | Christopher | Peck      | Sir John Leman H.S. | 26.5         |      |
|           | 4    | Michael     | Davis     | Orwell Panthers     | 29.0         |      |
| 400m      | 1    | Daniel      | Green     | Northgate           | 52.2         |      |
|           | 2    | Mark        | Robinson  | Ipswich Harriers    | 53.3         |      |
|           | 3    | Anthony     | Kitterman | Ipswich Harriers    | 53.3         |      |
| 800m      | 1    | John        | Bird      | Ipswich Harriers    | 1.59.0       |      |
|           | 2    | Andrew      | Rooke     | Ipswich Harriers    | 2.01.3       |      |
|           | 3    | Andrew      | Constable | Ipswich Harriers    | 2.02.5       |      |
|           | 4    | Anthony     | Kitterman | Ipswich Harriers    | 2.18.2       |      |
|           | 5    | Elliott     | Palmer    | Ipswich Harriers    | Disqualified |      |
| 1500m     | 1    | Andrew      | Rooke     | Ipswich Harriers    | 4.05.0       |      |
|           | 2    | Andrew      | Constable | Ipswich Harriers    | 4.05.8       |      |
|           | 3    | Elliott     | Palmer    | Ipswich Harriers    | 4.07.8       |      |
|           | 4    | Andrew      | Ridley    | W Suffolk AC        | 4.10.4       |      |
| 3000m     | 1    | Samuel      | Cheverton | C.O.N.A.C           | 9.14.6       |      |
| 2000m S/C | 1    | Alex        | Dunbar    | W Suffolk AC        | 6.24.7       | CBP  |
|           | 2    | Charlie     | Fry       | W Suffolk AC        | 6.57.2       |      |
|           | 3    | Stephen     | Foulger   | Orwell Panthers     | 9.05.0       |      |
| 110m H    | 1    | Luke        | Allen     | W Suffolk AC        | 16.2         |      |
|           | 2    | Matthew     | Wake      | W Suffolk AC        | 17.2         |      |
| 400m H    | 1    | Anthony     | Kitterman | Ipswich Harriers    | 62.4         |      |
|           | 2    | Matthew     | Wake      | W Suffolk AC        | 64.0         |      |
|           | 3    | Michael     | Davis     | Orwell Panthers     | 1.58.3       |      |

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Under 20 Men

|    |   |         |            |                  |       |     |
|----|---|---------|------------|------------------|-------|-----|
| HJ | 1 | Matthew | Wake       | W Suffolk AC     | 1.75  |     |
|    | 2 | Anthony | Kitterman  | Ipswich Harriers | 1.70  |     |
|    | 3 | Gordon  | Coe        | Diss AC          | 1.60  |     |
| LJ | 1 | Rhys    | MacDonald  | Ipswich Harriers | 6.09  |     |
|    | 2 | Luke    | Allen      | W Suffolk AC     | 5.89  |     |
|    | 3 | Gordon  | Coe        | Diss AC          | 5.49  |     |
|    | 4 | Stephen | Foulger    | Orwell Panthers  | 4.39  |     |
| TJ | 1 | Rhys    | MacDonald  | Ipswich Harriers | 12.08 |     |
| SP | 1 | Joe     | Bloomfield | Ipswich Harriers | 14.92 |     |
|    | 2 | Luke    | Allen      | W Suffolk AC     | 12.47 |     |
|    | 3 | Gordon  | Coe        | Diss AC          | 11.66 |     |
| DT | 1 | Joe     | Bloomfield | Ipswich Harriers | 44.45 |     |
|    | 2 | Gordon  | Coe        | Diss AC          | 28.74 |     |
| HT | 1 | Joe     | Bloomfield | Ipswich Harriers | 63.25 | CBP |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Senior Men:

| Event:  | Pos: | Name:   | Surname    | Club:             | Result: | CBP: |
|---------|------|---------|------------|-------------------|---------|------|
| 100m    | 1    | Neil    | Gillingham | Ipswich Harriers  | 12.2    |      |
|         | 2    | Steven  | Leggett    | u/a               | 12.4    |      |
|         | 3    | Jon     | Lockwood   | St Edmunds Pacers | 13.4    |      |
|         | 4    | Paul    | Willcox    | Ipswich Harriers  | 14.6    |      |
| 200m    | 1    | Neil    | Gillingham | Ipswich Harriers  | 25.3    |      |
|         | 2    | Paul    | Davis      | Orwell Panthers   | 30.3    |      |
| 400m    | 1    | Tom     | Love       | UEA               | 50.6    |      |
| 800m    | 1    | Tom     | Love       | UEA               | 2.05.6  |      |
|         | 2    | Daniel  | Palmer     | Ipswich Harriers  | 2.09.6  |      |
|         | 3    | Terry   | Back       | Ipswich JAFFA     | 2.23.3  |      |
| 1500m   | 1    | Daniel  | Palmer     | Ipswich Harriers  | 4.18.5  |      |
|         | 2    | Chris   | Rooke      | Ipswich Harriers  | 4.25.7  |      |
|         | 3    | Colin   | Ridley     | W Suffolk AC      | 4.27.0  |      |
| 3000m   | 1    | Colin   | Ridley     | W Suffolk AC      | 9.45.7  | CBP: |
| 400m H  | 1    | Paul    | Davis      | Orwell Panthers   | 1.22.7  |      |
| 3k Walk | 1    | Paul    | Graham     | Univ of Bedford   | 13.38.0 |      |
|         | 2    | Alan    | Ellam      | Enfield H A C     | 16.09.8 |      |
|         | 3    | Don     | Cox        | Enfield H A C     | 17.01.4 |      |
|         | 4    | Michael | Graham     | Belgrave H        | 19.37.6 |      |
|         | 5    | Ron     | Wallwork   | Enfield H A C     | 21.20.4 |      |

Suffolk County AA Championships Results 2009 - 10th May, Ipswich

Senior Men:

|    |   |          |            |                  |       |
|----|---|----------|------------|------------------|-------|
| HJ | 1 | Neil     | Gillingham | Ipswich Harriers | 1.30  |
| LJ | 1 | Jermaine | Bernard    | Woodford Gr E.L. | 6.67  |
|    | 2 | Neil     | Gillingham | Ipswich Harriers | 5.08  |
| TJ | 1 | Neil     | Gillingham | Ipswich Harriers | 10.06 |
| SP | 1 | Neil     | Gillingham | Ipswich Harriers | 6.78  |
| DT | 1 | Malcolm  | Fenton     | Ipswich Harriers | 11.77 |
| HT | 1 | Malcolm  | Fenton     | Ipswich Harriers | 54.88 |
|    | 2 | Neil     | Gillingham | Ipswich Harriers | 16.02 |
| JT | 1 | Neil     | Gillingham | Ipswich Harriers | 6.04  |

| No. | 1st Name  | Initial | Surname     | Club               |
|-----|-----------|---------|-------------|--------------------|
| -   | -         | -       | -           | -                  |
| 1   | Reniks    | R       | Akintayu    | Ipswich Harriers   |
| 2   | Rosemary  | R       | Aldous      | Ipswich Harriers   |
| 3   | Angie     | A       | Alstrachen  | St Edmunds Pacers  |
| 4   | Christine | C       | Anthony     | W Suffolk AC       |
| 5   | Justine   | J       | Anthony     | W Suffolk AC       |
| 6   | Rachael   | R       | Arbon       | W Suffolk AC       |
| 7   | Holly     | H       | Archer      | W Suffolk AC       |
| 8   | Lindsay   | L       | Arthur      | Ipswich JAFFA      |
| 9   | Posy      | P       | Ash         | Woodbridge School  |
| 10  | Lucy      | L       | Ashby-Hoare | Brandeston Hall    |
| 11  | Emily     | E       | Baker       | W Suffolk AC       |
| 12  | Katy      | K       | Barber      | Gt Yarmouth AC     |
| 13  | Louise    | L       | Barber      | Culford School     |
| 14  | Emily     | E       | Barker      | W Suffolk AC       |
| 15  | Sophie    | S       | Barker      | W Suffolk AC       |
| 16  | Emma      | E       | Barrett     | W Suffolk AC       |
| 17  | Abbie     | A       | Beales      | CONAC              |
| 18  | Chloe     | C       | Beeton      | Newmarket Joggers  |
| 19  | Amanda    | A       | Birch       | Brandeston Hall    |
| 20  | Ellie     | E       | Bloomfield  | Ipswich Harriers   |
| 21  | Francesca | F       | Bonnett     | Culford School     |
| 22  | Heather   | H       | Booth       | Ipswich Harriers   |
| 23  | Lydia     | L       | Bowers      | W Suffolk AC       |
| 24  | Emily     | E       | Bunbury     | Diss AC            |
| 25  | Emma      | E       | Burroughs   | Ipswich Harriers   |
| 26  | Florence  | F       | Cage        | Stowmarket H.S.    |
| 27  | Claire    | C       | Caiger      | Ipswich Harriers   |
| 28  | Sam       | S       | Carson      | W Suffolk AC       |
| 29  | April     | A       | Castle      | Brantree & Dist AC |
| 30  | Debbie    | D       | Castle      | Brantree & Dist AC |
| 31  | Evie      | E       | Castle      | Brantree & Dist AC |
| 32  | Hannah    | H       | Castle      | Brantree & Dist AC |
| 33  | Melisa    | M       | Castle      | Brantree & Dist AC |
| 34  | Charlotte | C       | Cattermole  | Holbrooke H. S.    |
| 35  | Jo        | J       | Chapman     | W Suffolk AC       |
| 36  | Alice     | A       | Cheverton   | C.O.N.A.C          |
| 37  | Charlotte | C       | Christensen | Ipswich Harriers   |
| 38  | Beth      | B       | Clarke      | Ipswich Harriers   |
| 39  | Sophie    | S       | Coates      | Brandeston Hall    |
| 40  | Tasha     | T       | Coates      | Brandeston Hall    |
| 41  | Helena    | H       | Coe         | Diss AC            |
| 42  | Sarah     | S       | Colson      | W Suffolk AC       |
| 43  | Jessica   | J       | Crissell    | Ipswich Harriers   |
| 44  | Emily     | E       | Cross       | W Suffolk AC       |
| 45  | Eilish    | E       | Currie      | Ipswich Harriers   |
| 46  | Isabel    | I       | Davies      | Culford School     |
| 47  | Polly     | P       | Davies      | Waveney Valley AC  |

|    |           |   |               |                       |
|----|-----------|---|---------------|-----------------------|
| 48 | Natasha   | N | Dawson        | Culford School        |
| 49 | Ellie     | E | De Wild       | W Suffolk AC          |
| 50 | Freya     | F | De Wild       | W Suffolk AC          |
| 51 | Sophie    | S | Demetriades   | Hadleigh H.S.         |
| 52 | Tamsin    | T | Desborough    | Waveney Valley AC     |
| 53 | Fiona     | F | Devoy         | Culford School        |
| 54 | Remy      | R | Dowe          | Bungay H.S.           |
| 55 | Jodie     | J | Driver        | Newmarket Joggers     |
| 56 | Sarah     | S | Driver        | Newmarket Joggers     |
| 57 | Joanne    | J | Eley          | W Suffolk AC          |
| 58 | Fenella   | F | Foskett       | Woodbridge School     |
| 59 | Mary      | M | Galbraith     | Ipswich Harriers      |
| 60 | Eleanor   | E | Gemmill       | Brandeston Hall       |
| 61 | Charlotte | C | Goode         | Woodbridge School     |
| 62 | Charlotte | C | Grass         | Newmarket Joggers     |
| 63 | Georgina  | G | Gray          | Ipswich Harriers      |
| 64 | Jennie    | J | Grimwood      | Newmarket Joggers     |
| 65 | Aby       | A | Hadley        | Ipswich Harriers      |
| 66 | Lizzy     | L | Harrison      | W Suffolk AC          |
| 67 | Rachael   | R | Hatwell       | Culford School        |
| 68 | Flora     | F | Hill          | Culford School        |
| 69 | Elle      | E | Howe          | Farlingaye H.S.       |
| 70 | Ellie     | E | Hutson        | Brandeston Hall       |
| 71 | Tabitha   | T | Ives          | Brandeston Hall       |
| 72 | Catherine | C | Jackson       | Debenham              |
| 73 | Montana   | M | Jackson       | W Suffolk AC          |
| 74 | Lauren    | L | James         | W Suffolk AC          |
| 75 | Holly     | H | Jaycock       | Culford School        |
| 76 | Ella      | E | Jennings      | Stowmarket H.S.       |
| 77 | Charlotte | C | Jones         | Newmarket Joggers     |
| 78 | Ellie     | E | Keswick       | Culford School        |
| 79 | Leila     | L | King          | Culford School        |
| 80 | Emily     | E | Lambert       | Ipswich Harriers      |
| 81 | Sophie    | S | Lawson        | Brandeston Hall       |
| 82 | Danni     | D | Lee           | Stowmarket H.S.       |
| 83 | Elisabeth | E | Lehkyt        | Ipswich Harriers      |
| 84 | Alexandra | A | Leigh-Pearson | Ipswich Harriers      |
| 85 | Sophie    | S | Leigh-Pearson | Ipswich Harriers      |
| 86 | Charlotte | C | Long          | East Bergholt H.S.    |
| 87 | Hannah    | H | Maher         | Diss AC               |
| 88 | Leah      | L | Mapston       | W Suffolk AC          |
| 89 | Abigail   | A | Marriott      | W Suffolk AC          |
| 90 | Clare     | C | McCauley      | Thomas Mills H.S.     |
| 91 | Zara      | Z | McLoone       | W Suffolk AC          |
| 92 | Natasha   | N | Mead          | Culford School        |
| 93 | Samantha  | S | Milner        | W Suffolk AC          |
| 94 | Enya      | E | Moore         | Ipswich Harriers      |
| 95 | Faye      | F | Morey         | Kesgrave H.S.         |
| 96 | Sophie    | S | Moss          | Newmarket Joggers     |
| 97 | Charlotte | C | Nicholls      | Lincoln Wellington AC |
| 98 | Sophia    | S | Nicklin       | Woodbridge School     |

|     |              |   |                |                      |
|-----|--------------|---|----------------|----------------------|
| 99  | Shantel      | S | Noble          | Stowmarket H.S.      |
| 100 | Peggy-Mai    | P | Norman         | W Suffolk AC         |
| 101 | Louisiana    | L | Ogunfowora     | Culford School       |
| 102 | Melanie      | M | Okuneye        | Culford School       |
| 103 | Rebecca      | R | O'Leary        | Brandeston Hall      |
| 104 | Sarah        | S | O'Rourke       | Newmarket Joggers    |
| 105 | Favour       | F | Osuchukwu      | W Suffolk AC         |
| 106 | Emma         | E | Owen           | Brandeston Hall      |
| 107 | Katie        | K | Peake          | Ipswich Harriers     |
| 108 | Hannah       | H | Pettersson     | Ipswich Harriers     |
| 109 | Ella         | E | Pettingale     | W Suffolk AC         |
| 110 | Jenny        | J | Poole          | Ipswich Harriers     |
| 111 | Sarah        | S | Prescott-Smith | Colchester Harriers  |
| 112 | Serena       | S | Queeney        | Enfield H A C        |
| 113 | Ashleigh     | A | Read           | W Suffolk AC         |
| 114 | Katie        | K | Redgrave       | Ipswich Harriers     |
| 115 | Susannah     | S | Reid           | Brandeston Hall      |
| 116 | Katherine    | K | Robertson      | W Suffolk AC         |
| 117 | Alice        | A | Robinson       | Ipswich Harriers     |
| 118 | Emily        | E | Robinson       | Ipswich Harriers     |
| 119 | Emily        | E | Rogers         | W Suffolk AC         |
| 120 | Penny        | P | Rooney         | Woodbridge Shufflers |
| 121 | Charlotte    | C | Russell-Ring   | Culford School       |
| 122 | Georgia      | G | Scott          | Brandeston Hall      |
| 123 | Katy         | K | Sealy          | Ipswich Harriers     |
| 124 | Jasmine      | J | Seller         | Ipswich Harriers     |
| 125 | Charlotte    | C | Shelley        | Ipswich Harriers     |
| 126 | Becky        | B | Shinedling     | Newmarket Joggers    |
| 127 | Marie        | M | Shirley        | Sudbury Joggers      |
| 128 | Rachel       | R | Smith          | Waveney Valley AC    |
| 129 | Megan        | M | Soanes         | Waveney Valley AC    |
| 130 | Ellie        | E | Sprake         | Ipswich Harriers     |
| 131 | Anna         | A | Spratt         | Culford School       |
| 132 | Tania        | T | Spurling       | W Suffolk AC         |
| 133 | Eleanor      | E | Stevens        | Culford School       |
| 134 | Louise       | L | Stevens        | Stradbroke B & E     |
| 135 | Charlotte    | C | Stewart        | Culford School       |
| 136 | Emma         | E | Stud           | Farlingaye H.S.      |
| 137 | Leanne       | L | Thorndyke      | Ipswich Harriers     |
| 138 | Hayley       | H | Todd           | Ipswich Harriers     |
| 139 | Sophie       | S | Topman         | W Suffolk AC         |
| 140 | Beth         | B | Wade           | W Suffolk AC         |
| 141 | Chelsea      | C | Wade           | W Suffolk AC         |
| 142 | Sophie       | S | Warner         | Brandeston Hall      |
| 143 | Grace        | G | Waters         | W Suffolk AC         |
| 144 | Helen        | H | Waters         | W Suffolk AC         |
| 145 | Tiffany      | T | Weeks          | Stowmarket H.S.      |
| 146 | Emily        | E | Wenman         | W Suffolk AC         |
| 147 | Keeley       | K | Whitlock       | Ipswich Harriers     |
| 148 | Saffron      | S | Wilford        | Brandeston Hall      |
| 149 | Bridie-Leigh | B | Wilkins        | St Albans            |

|     |                |   |        |                   |
|-----|----------------|---|--------|-------------------|
| 150 | Jade           | J | Willis | Ipswich Harriers  |
| 151 | Jessica        | J | Wilson | Brandeston Hall   |
| 152 | Ellen          | E | Wilton | Woodbridge School |
| 153 | Naomi          | N | Winter | Culford School    |
| 154 |                |   |        |                   |
| 155 |                |   |        |                   |
| 156 |                |   |        |                   |
| 157 |                |   |        |                   |
| 158 |                |   |        |                   |
| 159 |                |   |        |                   |
| 160 | No competition |   |        |                   |
| 161 | -              |   | -      | -                 |
| 162 |                |   |        |                   |
| 163 |                |   |        |                   |
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| No. | 1st Name  | Initial | Surname     | Club                  |
|-----|-----------|---------|-------------|-----------------------|
|     | -         |         | -           | -                     |
| 1   | Henry     | H       | Alexander   | Ipswich Harriers      |
| 2   | Jordan    | J       | Ali         | Ipswich Harriers      |
| 3   | Jake      | J       | Allen       | Samuel Ward U.S.      |
| 4   | Luke      | L       | Allen       | W Suffolk AC          |
| 5   | Ewan      | E       | Anderson    | Waveney Valley AC     |
| 6   | Jack      | J       | Anthony     | W Suffolk AC          |
| 7   | Sebastian | S       | Anthony     | W Suffolk AC          |
| 8   | Gary      | G       | Austin      | Ipswich Harriers      |
| 9   | Terry     | T       | Back        | Ipswich JAFFA         |
| 10  | James     | J       | Baker       | Ipswich Harriers      |
| 11  | Samuel    | S       | Barber      | Farlingaye H.S.       |
| 12  | Peter     | P       | Barker      | St Edmunds Pacers     |
| 13  | Timothy   | T       | Barrow      | Culford School        |
| 14  | Michael   | M       | Bartram     | Newmarket Joggers     |
| 15  | Wesley    | W       | Benton      | Sudbury Joggers       |
| 16  | Jermaine  | J       | Bernard     | Woodford Gr E.L.      |
| 17  | John      | J       | Bird        | Ipswich Harriers      |
| 18  | Frank     | F       | Bloomfield  | Ipswich Harriers      |
| 19  | Joe       | J       | Bloomfield  | Ipswich Harriers      |
| 20  | Ben       | B       | Bournes     | Brandeston Hall       |
| 21  | Peter     | P       | Burke       | Royal Hospital School |
| 22  | Asa       | A       | Burnett     | W Suffolk AC          |
| 23  | George    | G       | Byrne Hill  | Ipswich Harriers      |
| 24  | Samuel    | S       | Cheverton   | C.O.N.A.C             |
| 25  | Jack      | J       | Chrisman    | W Suffolk AC          |
| 26  | Kieran    | K       | Clements    | Hadleigh H.S.         |
| 27  | Gordon    | G       | Coe         | Diss AC               |
| 28  | Paul      | P       | Cole        | Enfield H A C         |
| 29  | Andrew    | A       | Constable   | Ipswich Harriers      |
| 30  | George    | G       | Coulson     | Brandeston Hall       |
| 31  | John      | J       | Cousins     | Woodbridge School     |
| 32  | Don       | D       | Cox         | Enfield H A C         |
| 33  | Thomas    | T       | Creasey     | Ipswich Harriers      |
| 34  | Adam      | A       | Cripps      | W Suffolk AC          |
| 35  | Michael   | M       | Cripps      | W Suffolk AC          |
| 36  | Connor    | C       | Darby       | Sir John Leman H.S.   |
| 37  | Michael   | M       | Davis       | Orwell Panthers       |
| 38  | Paul      | P       | Davis       | Orwell Panthers       |
| 39  | Simon     | S       | Dawson      | W Suffolk AC          |
| 40  | Macauley  | M       | Delo        | W Suffolk AC          |
| 41  | Alex      | A       | Dunbar      | W Suffolk AC          |
| 42  | Cameron   | C       | Duncan      | Ipswich Harriers      |
| 43  | Ben       | B       | Eames       | W Suffolk AC          |
| 44  | Tom       | T       | Eames       | W Suffolk AC          |
| 45  | Tom       | T       | Easey       | Brandeston Hall       |
| 46  | Joshua    | J       | Edgley      | Newmarket Joggers     |
| 47  | Alan      | A       | Ellam       | Enfield H A C         |
| 48  | Roman     | R       | Engelbrecht | Brandeston Hall       |

|    |           |   |              |                       |
|----|-----------|---|--------------|-----------------------|
| 49 | Malcolm   | M | Fenton       | Ipswich Harriers      |
| 50 | Jamie     | J | Finch        | Waveney Valley AC     |
| 51 | James     | J | Floyd        | Farlingaye H.S.       |
| 52 | Matthew   | M | Foulger      | Orwell Panthers       |
| 53 | Stephen   | S | Foulger      | Orwell Panthers       |
| 54 | Charlie   | C | Fry          | W Suffolk AC          |
| 55 | Simon     | S | Gardiner     | Ipswich Harriers      |
| 56 | Jack      | J | Garvin       | Ipswich Harriers      |
| 57 | Jack      | J | Gawthrop     | Brandeston Hall       |
| 58 | Neil      | N | Gillingham   | Ipswich Harriers      |
| 59 | Michael   | M | Graham       | Belgrave H            |
| 60 | Paul      | P | Graham       | Univ of Bedford       |
| 61 | Charles   | C | Green        | Brandeston Hall       |
| 62 | Daniel    | D | Green        | Northgate             |
| 63 | Deonte    | D | Green        | Ipswich Harriers      |
| 64 | Alexander | A | Grey         | Culford School        |
| 65 | Jordan    | J | Griffin      | Stowmarket H.S.       |
| 66 | Alex      | A | Groiss       | W Suffolk AC          |
| 67 | Kasey     | K | Hagan        | Ipswich Harriers      |
| 68 | Josh      | J | Hearnden     | Royal Hospital School |
| 69 | Rhys      | R | Hinton-Smith | Ipswich Harriers      |
| 70 | Daniel    | D | Hughes       | W Suffolk AC          |
| 71 | Harry     | H | Hughes       | W Suffolk AC          |
| 72 | Benjamin  | B | Hutchison    | Farlingaye H.S.       |
| 73 | Joshua    | J | Hutchison    | Farlingaye H.S.       |
| 74 | Danny     | D | Jackson      | Ipswich Harriers      |
| 75 | Scott     | S | Jackson      | Farlingaye H.S.       |
| 76 | Callum    | C | Jennings     | Ipswich Harriers      |
| 77 | Max       | M | Johns        | Brandeston Hall       |
| 78 | George    | G | Johnson      | Hadleigh H.S.         |
| 79 | Samuel    | S | Johnson      | Culford School        |
| 80 | Oliver    | O | Jones        | Ipswich Harriers      |
| 81 | Charlie   | C | Kenworthy    | Kesgrave H.S.         |
| 82 | Gavin     | G | Kiernan      | Brandeston Hall       |
| 83 | Oliver    | O | King         | Brandeston Hall       |
| 84 | Anthony   | A | Kitterman    | Ipswich Harriers      |
| 85 | Tom       | T | Knight       | Culford School        |
| 86 | Adam      | A | Lawrence     | W Suffolk AC          |
| 87 | Steven    | S | Leggett      | u/a                   |
| 88 | Jon       | J | Lockwood     | St Edmunds Pacers     |
| 89 | Tom       | T | Love         | UEA                   |
| 90 | Rhys      | R | MacDonald    | Ipswich Harriers      |
| 91 | Lewis     | L | Manfield     | W Suffolk AC          |
| 92 | James     | J | Mann         | Ipswich Harriers      |
| 93 | Ben       | B | Martin       | Culford School        |
| 94 | Jake      | J | McCarthy     | St Edmunds Pacers     |
| 95 | Cameron   | C | McKie        | W Suffolk AC          |
| 96 | Euan      | E | McKie        | W Suffolk AC          |
| 97 | Kieran    | K | McMorran     | Bungay Black Dog      |
| 98 | Edmund    | E | Mills        | W Suffolk AC          |
| 99 | Benjamin  | B | Moore        | Royal Hospital School |

|     |             |   |              |                       |
|-----|-------------|---|--------------|-----------------------|
| 100 | Theo        | T | Moore        | Ipswich Harriers      |
| 101 | Harri       | H | Mortimer     | Ipswich Harriers      |
| 102 | Matti       | M | Mortimer     | Ipswich Harriers      |
| 103 | Matthew     | M | Nichols      | St Edmunds Pacers     |
| 104 | Oliver      | O | Norman       | Ipswich Harriers      |
| 105 | Jim         | J | Norris       | Ipswich Harriers      |
| 106 | Dominic     | D | Oliver       | Waveney Valley AC     |
| 107 | Charlie     | C | O'Neill      | Brandeston Hall       |
| 108 | Daniel      | D | Palmer       | Ipswich Harriers      |
| 109 | Elliott     | E | Palmer       | Ipswich Harriers      |
| 110 | George      | G | Park         | Ipswich Harriers      |
| 111 | Ben         | B | Parker       | Felixstowe R.R.       |
| 112 | Alexander   | A | Parkinson    | Culford School        |
| 113 | Christopher | C | Peck         | Sir John Leman H.S.   |
| 114 | Rupert      | R | Powell       | Royal Hospital School |
| 115 | Thomas      | T | Powell       | Ipswich Harriers      |
| 116 | Paul        | P | Preston      | Sudbury Joggers       |
| 117 | Tobias      | T | Rankin       | Hadleigh Hares        |
| 118 | Scot        | S | Ransom       | W Suffolk AC          |
| 119 | Adam        | A | Rawling      | Ipswich Harriers      |
| 120 | Andrew      | A | Revell       | Ipswich Harriers      |
| 121 | Andrew      | A | Ridley       | W Suffolk AC          |
| 122 | Colin       | C | Ridley       | W Suffolk AC          |
| 123 | Mark        | M | Robinson     | Ipswich Harriers      |
| 124 | Steven      | S | Robinson     | Bedfrod & County AC   |
| 125 | Andrew      | A | Rooke        | Ipswich Harriers      |
| 126 | Chris       | C | Rooke        | Ipswich Harriers      |
| 127 | Neil        | N | Scopes       | Farlingaye H.S.       |
| 128 | Louis       | L | Seller       | Ipswich Harriers      |
| 129 | Alexander   | A | Shea-Simonds | Ipswich Harriers      |
| 130 | Elliott     | E | Smith        | Culford School        |
| 131 | Ben         | B | Snaith       | Newmarket Joggers     |
| 132 | Cain        | C | Sobers       | Ipswich Harriers      |
| 133 | Thomas      | T | Stanford     | Newmarket Joggers     |
| 134 | Denzel      | D | Stewart      | Stowmarket H.S.       |
| 135 | Jason       | J | Strauss      | Ipswich Harriers      |
| 136 | Michael     | M | Sturgeon     | Ipswich Harriers      |
| 137 | Andrew      | A | Tanner       | Ipswich Harriers      |
| 138 | Ross        | R | Tennant      | Ipswich Harriers      |
| 139 | Dominic     | D | Thackeray    | W Suffolk AC          |
| 140 | Errol       | E | Thompson     | Ipswich Harriers      |
| 141 | Oliver      | O | Thornton     | Brandeston Hall       |
| 142 | Samuel      | S | Tripp        | Farlingaye H.S.       |
| 143 | Harry       | H | Unwin        | W Suffolk AC          |
| 144 | Matthew     | M | Wake         | W Suffolk AC          |
| 145 | Ron         | R | Wallwork     | Enfield H A C         |
| 146 | Toby        | T | Warner       | Brandeston Hall       |
| 147 | Bradley     | B | Wattleworth  | Ipswich Harriers      |
| 148 | Shaun       | S | Webb         | Ipswich Harriers      |
| 149 | Paul        | P | Willcox      | Ipswich Harriers      |
| 150 | Oliver      | O | Yeatts       | Brandeston Hall       |

|     |                |   |         |                       |
|-----|----------------|---|---------|-----------------------|
| 151 | Steven         | S | Simkins | Royal Hospital School |
| 152 |                |   |         |                       |
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| 159 |                |   |         |                       |
| 160 | No Competition |   |         |                       |
| 161 | -              |   | -       | -                     |
| 162 |                |   |         |                       |
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| 198 |                |   |         |                       |
| 199 |                |   |         |                       |
| 200 | No Competition |   |         |                       |
| 201 |                |   |         |                       |