

Welsh Athletics Junior Track & Field Championships

University Track, Swansea 2007



U15 Girls - Results

PRIFYSGOL CYMRU ABERTAWE



UNIVERSITY OF WALES SWANSEA

Welsh Athletics
Junior Track and Field Championships 2007
University Track, Swansea

Saturday 16th June

U15 Girls 100m

Outdoor Helen Miles
WCBP Karen Taylor

Cardiff AAC

12.00

Heats

11:00

12.20

Final

13:00

Heat 1

No	Name	Club	Perf	W/S
1	83 Mica Moore	Newport	13.0	-0.5 Q
2	81 Jessica MacDonald	Aberdare	13.4	-0.5 q
3	76 Shaleena Graham	Newport	13.5	-0.5
4	79 Chloe Jones	Wrexham	13.5	-0.5
5	82 Kirsty Marshall	Aberdare	13.5	-0.5
6	73 Stacey Collins	Neath	14.2	-0.5
7	94 Emma Thomas	Swansea	14.2	-0.5

Heat 2

No	Name	Club	Perf	W/S
1	78 Rachel Johncock	Colwyn Bay	13.0	-0.5 Q
2	69 Jamie-Leigh Bowen	Cardiff	13.2	-0.5 q
3	85 Sara Otung	Cardiff	13.3	-0.5 q
4	84 Rachel O'Connor	Bridgend	13.4	-0.5 q
5	87 Lorna Pengelly	Cardiff	13.7	-0.5
6	71 Ellie Carter	Barry	14.1	-0.5
7	93 Leah Tanner	Bridgend	14.4	-0.5

Heat 3

No	Name	Club	Perf	W/S
1	95 Hannah Thomas	Wrexham	12.9	-0.4 Q
2	88 Laura Penhallurick	Carmarthen	13.3	-0.4 q
3	72 Samantha Cogan	Cardiff	13.5	-0.4
4	70 Nia Breeze	Wrexham	13.6	-0.4
5	86 Leah Parry	Pembrokeshire H	13.6	-0.4
6	89 Eleanor Rowland	Pembrokeshire H	13.6	-0.4
7	77 Mali James	Swansea	14.5	-0.4
	92 Laura Sparkes	Swansea	15.0	-0.4

Final

No	Name	Club	Perf	W/S
1	95 Hannah Thomas	Wrexham	12.59	-1.8
2	78 Rachel Johncock	Colwyn Bay	12.69	-1.8
3	83 Mica Moore	Newport	12.99	-1.8
4	69 Jamie-Leigh Bowen	Cardiff	13.32	-1.8
5	85 Sara Otung	Cardiff	13.34	-1.8
6	84 Rachel O'Connor	Bridgend	13.39	-1.8
7	81 Jessica MacDonald	Aberdare	13.47	-1.8
8	88 Laura Penhallurick	Carmarthen	13.59	-1.8

U15 Girls 200m

Outdoor Erica Burfoot
WCBP Jane Bradbeer

Cardiff AAC
Cardiff AAC

25.28

Heats

14:20

24.90

Final

16:50

Heat 1

No	Name	Club	Perf	W/S
1	83 Mica Moore	Newport	27.34	0.0 Q
2	168 Katie Gardner	City of Stoke	27.35	0.0 q
3	176 Christie Williams	Aberdare	27.36	0.0 q
4	76 Shaleena Graham	Newport	29.25	0.0
5	173 Laura Thomas	Swansea	29.88	0.0
6	174 Amy Tidball	Bridgend	30.11	0.0

Heat 2

No	Name	Club	Perf	W/S
1	78 Rachel Johncock	Colwyn Bay	26.37	-1.3 Q
2	177 Gwenllian Williams	Cardiff	26.91	-1.3 q
3	79 Chloe Jones	Wrexham	27.08	-1.3 q
4	72 Samantha Cogan	Cardiff	27.47	-1.3
5	69 Jamie-Leigh Bowen	Cardiff	27.98	-1.3
6	70 Nia Breeze	Wrexham	29.45	-1.3
7	77 Mali James	Swansea	30.38	-1.3

Heat 3

No	Name	Club	Perf	W/S
1	85 Sara Otung	Cardiff	27.12	-0.9 Q
2	170 Sian Huxtable	Wycombe Phoenix	27.41	-0.9 q
3	84 Rachel O'Connor	Bridgend	27.59	-0.9 q
4	80 Stephanie Kinsey	Newport	27.90	-0.9
5	166 Sirona Birch	Maldwyn H	28.31	-0.9
6	87 Lorna Pengelly	Cardiff	28.53	-0.9
7	172 Toyah Newman	Barry & Vale	30.07	-0.9
8	171 Lowri John	Aberdare	31.63	-0.9

Final

No	Name	Club	Perf	W/S
1	78 Rachel Johncock	Colwyn Bay	26.33	-3.9
2	79 Chloe Jones	Wrexham	27.17	-3.9
3	177 Gwenllian Williams	Cardiff	27.38	-3.9
4	83 Mica Moore	Newport	27.39	-3.9
5	85 Sara Otung	Cardiff	27.62	-3.9
6	168 Katie Gardner	City of Stoke	27.76	-3.9
7	170 Sian Huxtable	Wycombe Phoenix	28.42	-3.9
8	176 Christie Williams	Aberdare	DNS	

U15 Girls 300m

Outdoor Hannah Jones
WCBP Hannah Jones

Carmarthen Harriers
Carmarthen Harriers

40.54

Heats

15:50

41.18

Final

17:15

Heat 1

No	Name	Club	Perf	W/S
1	240 Rachel McCabe	Cardiff	43.90	Q
2	238 Katie Lewis	Bridgend	44.40	q
3	233 Lauren Archer	Newport	46.34	q
4	71 Ellie Carter	Barry	46.38	q
5	237 Chelsie-Leigh Kilner	Swansea	47.22	
6	241 Rhiannon Plant	Carmarthen	47.75	
7	236 Alysha Jones	Bridgend	48.70	

Heat 2

No	Name	Club	Perf	W/S
1	88 Laura Penhallurick	Carmarthen	42.87	Q
2	242 Ffion Rees	Carmarthen	43.63	q
3	243 Antonia Yorkshire	Newport	44.63	q
4	169 Meghan Good	Pembrokeshire H	46.05	q
5	235 Hannah Griffiths	Swansea	47.32	
6	239 Robyn Lingard	Swansea	48.31	

Final

No	Name	Club	Perf
1	88 Laura Penhallurick	Carmarthen	42.29
2	242 Ffion Rees	Carmarthen	43.27
3	240 Rachel McCabe	Cardiff	43.60
4	238 Katie Lewis	Bridgend	44.82
5	243 Antonia Yorkshire	Newport	45.35
6	71 Ellie Carter	Barry	46.08
7	169 Meghan Good	Pembrokeshire H	46.30
8	233 Lauren Archer	Newport	46.57

Welsh Athletics

Saturday 16th June

Junior Track and Field Championships 2007
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U15 Girls 800m

Outdoor		Amanda Pritchard		Cardiff AAC		2:10.66		Heats		11:55	
WCBP		Julie Garrett		Cardiff AAC		2:14.64		Final		15:30	
Heat 1						Heat 2					
No	Name	Club	Perf		No	Name	Club	Perf			
1	348	Jade Williams	2:27.82	Q	1	343	Cerys Morgan	Swansea	2:25.12		Q
2	346	Elysia Pearson	2:28.69	q	2	338	Lora James	Cwmbran	2:25.45		q
3	342	Katryna Ley	2:31.85		3	347	Zoe Thomas	Bridgend	2:25.95		q
4	335	Anne-Marie Hayward	2:34.78		4	345	Harriet Morris	Cardiff	2:26.88		q
5	344	Aoife Morris	2:39.86		5	337	Eluned Hyde	Cardiff	2:39.60		
					6	333	Ellice Harding	Cardiff	2:42.43		

U15 Girls 800m

Heat 3						Final					
No	Name	Club	Perf		No	Name	Club	Perf			
1	330	Natasha Cockram	2:29.39	Q	1	348	Jade Williams	Amman V	2:15.17		
2	334	Lucy Harvey	2:29.60	q	2	343	Cerys Morgan	Swansea	2:19.35		
3	332	Joelle Drummond	2:30.48		3	330	Natasha Cockram	Cwmbran	2:22.06		
4	329	Jennie Brock	2:35.67		4	334	Lucy Harvey	Cardiff	2:24.30		
5	341	Sloane Kinsella	2:39.65		5	347	Zoe Thomas	Bridgend	2:25.50		
6	339	Amy Jones	3:09.9*		6	346	Elysia Pearson	Swansea	2:27.69		
					7	338	Lora James	Cwmbran	2:28.06		
					8	345	Harriet Morris	Cardiff	2:34.86		

* manual entered time

U15 Girls 75m Hurdles

Outdoor		Heather Jones		Carmarthen Harriers		10.86		Heats		12:25		
WCBP		Heather Jones		Carmarthen Harriers		10.86		Final		15:00		
Heat 1						Heat 2						
No	Name	Club	Perf	W/S	No	Name	Club	Perf	W/S			
1	238	Katie Lewis	12.00	-0.7	Q	1	211	Catrin Stone	Swansea	11.66	-0.9	Q
2	207	Jordan Reynolds	12.38	-0.7	q	2	208	Megan Rogers	Wrexham	12.12	-0.9	q
3	73	Stacey Collins	12.43	-0.7	q	3	170	Sian Huxtable	Wycombe Phoenix	12.20	-0.9	q
4	243	Antonia Yorkshire	13.05	-0.7		4	212	Sian Swanson	Maldwyn H	12.75	-0.9	
5	206	Helena Madan	13.20	-0.7		5	235	Hannah Griffiths	Swansea	13.18	-0.9	
6	71	Ellie Carter	13.31	-0.7		6	202	Lydia David	Wrexham	13.75	-0.9	
7	241	Rhiannon Plant	13.50	-0.7		7	92	Laura Sparkes	Swansea	13.82	-0.9	

Heat 3

No	Name	Club	Perf	W/S	No	Name	Club	Perf	W/S		
1	86	Leah Parry	12.18	-1.2	Q	1	211	Catrin Stone	Swansea	11.58	-0.6
2	74	Rachel Davies	12.20	-1.2	q	2	86	Leah Parry	Pembrokeshire H	11.79	-0.6
3	203	Kimberley Davies	12.81	-1.2		3	208	Megan Rogers	Wrexham	11.97	-0.6
4	205	Olivia Jones	13.05	-1.2		4	238	Katie Lewis	Bridgend	12.05	-0.6
5	210	Kara Stedman	13.09	-1.2		5	74	Rachel Davies	Bridgend	12.17	-0.6
6	242	Ffion Rees	13.12	-1.2		6	207	Jordan Reynolds	Pembrokeshire H	12.24	-0.6
7	209	Gemma Seaman	13.24	-1.2		7	170	Sian Huxtable	Wycombe Phoenix	12.50	-0.6
8	201	Rhian Andrew	14.99	-1.2		8	73	Stacey Collins	Neath	12.62	-0.6

U15 Girls 1K Walk

Outdoor		WCBP		Final	
No	Name	Club	Perf		
1	420	Danni Andrews 15G	5:23.80		
2	207	Jordan Reynolds	5:24.99		

U15 Girls 4 x 100 Relay

Heat 1						Heat 2						Final	
No	Club	Perf		No	Club	Perf		No	Club	Perf			
1	F	Pembrokeshire	51.83		1	C	Bridgend A	51.73					
2	B	Newport	52.19		2	A	Cardiff	51.81					
3	I	Aberdare	53.36		3	H	Wrexham	52.34					
4	J	Swansea	55.53		4	E	Cwmbran	55.42					
5	D	Bridgend B	56.24										

Final			
No	Club	Perf	
1	H	Wrexham	50.58
2	A	Cardiff	50.82
3	B	Newport	50.87
4	F	Pembrokeshire	51.58
5	C	Bridgend A	51.60
6	I	Aberdare	52.90
7	E	Cwmbran	55.01
8	J	Swansea	55.60

Welsh Athletics

Saturday 16th June

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U15 Girls High Jump

Outdoor Leah Haggett
WCBP Julia Charlton

Carmarthen Harriers
1.81
1.75

Final 14:00

No	Name	Club	Perf	No	Name	Club	Perf
1	95 Hannah Thomas	Wrexham	1.61	8	206 Helena Madan	Pembrokeshire H	1.40
2	212 Sian Swanson	Maldwyn H	1.46	9	241 Rhiannon Plant	Carmarthen	1.35
3	431 Phoebe Heinrich	Swansea	1.40	10	202 Lydia David	Wrexham	1.35
4	434 Atlanta Williams	Swansea	1.40	11	340 Jody Jones	Carmarthen	1.25
5	236 Alysha Jones	Bridgend	1.40	12	166 Sirona Birch	Maldwyn H	1.25
6	432 Ellie Holton	Brecon	1.40	13	204 Bethan Jones	Swansea	1.20
7	205 Olivia Jones	Pembrokeshire H	1.40				

U15 Girls Pole Vault

Outdoor Emma Gould
WCBP Jessica Abraham

Brecon AC
Cardiff AC
3.11
3.00

Final 13:30

No	Name	Club	Perf	No	Name	Club	Perf
1	450 Emma Jones	Swansea	2.91	4	448 Naomi James	Swansea	2.71
2	75 Rebecca Davies	Deeside	2.91	5	449 Jessica John	Bridgend	2.71
3	465 Rhianydd Llewellyn	Bridgend	2.91	6	466 Lucy Rouston	Deeside	2.61

U15 Girls Long Jump

Outdoor Ceri Jenkins
WCBP Elinor Lamerton

Cardiff AAC
5.57
5.34

Final 10:30

No	Name	Club	Perf	WS	No	Name	Club	Perf	
1	95 Hannah Thomas	Wrexham	5.28	+1.4	12	209 Gemma Seaman	Swansea	4.49	+1.1
2	74 Rachel Davies	Bridgend	4.95	+0.5	13	240 Rachel McCabe	Cardiff	4.45	+0.3
3	168 Katie Gardner	City of Stoke	4.90	+1.4	14	170 Sian Huxtable	Wycombe Phoenix	4.40	+0.9
4	89 Eleanor Rowland	Pembrokeshire H	4.90	+0.1	15	432 Ellie Holton	Brecon	4.37	+0.5
5	467 Victoria Webb	Newport	4.76	+0.7	16	81 Jessica MacDonald	Aberdare	4.32	0.0
6	207 Jordan Reynolds	Pembrokeshire H	4.74	+0.3	17	210 Kara Stedman	Llanelli	4.17	+1.3
7	463 Jessica Harries	Pembrokeshire H	4.72	+0.5	18	462 Rachel Bevan	Cwmbran	4.14	+0.8
8	211 Catrin Stone	Swansea	4.70	+1.4	19	464 Natasha Lewis	Cwmbran	4.09	+1.6
9	242 Ffion Rees	Carmarthen	4.69	+0.2	20	172 Toyah Newman	Barry & Vale	3.89	+0.9
10	208 Megan Rogers	Wrexham	4.62	+0.9	21	174 Amy Tidball	Bridgend	3.81	+1.6
11	82 Kirsty Marshall	Aberdare	4.50	+0.1	22	239 Robyn Lingard	Swansea	3.81	+1.2
					23	434 Atlanta Williams	Swansea	3.76	+0.1

U15 Girls Shot Put

Outdoor Emily Steele
WCBP Phillipa Roles

Swansea Harriers
13.22
12.43

Final 12:00

No	Name	Club	Perf	No	Name	Club	Perf
1	497 Nina Prells	Swansea	8.73	4	202 Lydia David	Wrexham	7.10
2	208 Megan Rogers	Wrexham	8.35	5	496 Kathryn Phillips	Swansea	6.98
3	499 Trudy Williams	Bridgend	7.38				

U15 Girls Discus

Outdoor Phillipa Roles
WCBP Phillipa Roles

Swansea Harriers
Swansea Harriers
44.12
40.66

Final 13:00

No	Name	Club	Perf	No	Name	Club	Perf
1	499 Trudy Williams	Bridgend	27.47	4	524 Hannah Greenslade	Bridgend	20.39
2	488 Danielle Preece	Cwmbran	21.92	5	525 Nia Hodnett	Cardiff	19.82
3	523 Nicole Evans	Neath	21.73	6	496 Kathryn Phillips	Swansea	15.78

U15 Girls Hammer

Outdoor Charlott Murray
WCBP Charlott Murray

Swansea Harriers
Swansea Harriers
41.90
40.29

Final 11:00

No	Name	Club	Perf	No	Name	Club	Perf
1	525 Nia Hodnett	Cardiff	27.69	5	532 Alex Thompson	Rhondda	20.61
2	524 Hannah Greenslade	Bridgend	24.97	6	523 Nicole Evans	Neath	20.31
3	488 Nina Prells	Swansea	23.99	7	166 Sirona Birch	Maldwyn H	18.08
4	499 Trudy Williams	Bridgend	22.39				

U15 Girls Javelin

Outdoor Danielle Hamer
WCBP Robyn Purchase

Carmarthen Harriers
Wrexham
38.15
36.18

Final 16:30

No	Name	Club	Perf	No	Name	Club	Perf
1	176 Christie Williams	Aberdare	27.66	6	496 Kathryn Phillips	Swansea	19.40
2	543 Naomi Williams - Wadley	Newport	26.08	7	541 Hannah Goss	Swansea	19.12
3	462 Rachel Bevan	Cwmbran	24.00	8	201 Rhian Andrew	Maldwyn H	17.31
4	329 Jennie Brock	Pembrokeshire H	20.41	9	204 Bethan Jones	Swansea	14.41
5	172 Toyah Newman	Barry & Vale	19.44				