

Welsh Athletics Junior Track & Field Championships

University Track, Swansea 2007



U20 Women - Results

U20 Women 100m

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|----------------|--------------------|--------------------|--------------|--|
| Outdoor | Helen Miles | Cardiff AAC | 11.62 | |
| WCBP | Helen Miles | Cardiff AAC | 11.66 | |

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|--|--|--|--|--|--------------|--------------|
| | | | | | Heats | 11:35 |
| | | | | | Final | 13:10 |

Final

| No | Name | Club | Perf | W/S |
|----|------|--------------------|---------|------------|
| 1 | 149 | Melanie Stephenson | Cardiff | 12.34 -2.4 |
| 2 | 144 | Zara George | Cardiff | 12.34 -2.4 |
| 3 | 145 | Felicity James | Cardiff | 12.64 -2.4 |
| 4 | 143 | Llio Fflur Evans | Menai | 12.78 -2.4 |
| 5 | 147 | Eleri Noble | Cardiff | 12.82 -2.4 |
| 6 | 146 | Zoe Llewellyn | Newport | 12.85 -2.4 |
| 7 | 148 | Sarah Pole | Neath | 12.95 -2.4 |
| 8 | 141 | Hannah Chadwick | Cardiff | 13.50 -2.4 |
| 9 | 142 | Kirsty Crane | Newport | 13.88 -2.4 |

U20 Women 200m

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|----------------|-------------------------|--------------------|--------------|--|
| Outdoor | Michelle Probert | Cardiff AAC | 23.60 | |
| WCBP | Sallyanne Short | Torfaen | 24.20 | |

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| | | | | | Heats | 14:50 |
| | | | | | Final | 17:00 |

Final

| No | Name | Club | Perf | W/S |
|----|------|--------------------|------------|------------|
| 1 | 149 | Melanie Stephenson | Cardiff | 25.27 -2.4 |
| 2 | 145 | Felicity James | Cardiff | 25.89 -2.4 |
| 3 | 143 | Llio Fflur Evans | Menai | 26.15 -2.4 |
| 4 | 148 | Sarah Pole | Neath | 26.51 -2.4 |
| 5 | 189 | Bryony Turnbull | Cwmbran | 26.77 -2.4 |
| 6 | 150 | Hannah Thomas | Carmarthen | 27.04 -2.4 |
| 7 | 147 | Eleri Noble | Cardiff | 27.09 -2.4 |
| 8 | 142 | Kirsty Crane | Newport | 28.79 -2.4 |

U20 Women 400m

| | | | | |
|----------------|-------------------------|--------------------|--------------|--|
| Outdoor | Sian Morris | | 52.80 | |
| WCBP | Amanda Pritchard | Cardiff AAC | 55.80 | |

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| | | | | | Final | 16:00 |
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Final

| No | Name | Club | Perf | W/S |
|----|------|------------------|---------|-------|
| 1 | 274 | Rebecca Williams | Newport | 57.42 |
| 2 | 146 | Zoe Llewellyn | Newport | 58.63 |
| 3 | 271 | Bethany Cann | Newport | 60.42 |
| 4 | 273 | Alicia Spettie | Cardiff | 63.82 |
| 5 | 272 | Rebecca Nuttall | Deeside | DNF |

U20 Women 800m

| | | | | |
|----------------|-------------------------|--------------------|----------------|--|
| Outdoor | Kirsty McDermott | Cardiff AAC | 2:04.10 | |
| WCBP | Amanda Pritchard | Cardiff AAC | 2:08.28 | |

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| | | | | | Final | 15:20 |
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Final

| No | Name | Club | Perf | W/S |
|----|------|-----------------|--------------|---------|
| 1 | 371 | Katie Parkes | Carmarthen | 2:15.23 |
| 2 | 370 | Sara Dobler | Swansea | 2:16.27 |
| 3 | 272 | Rebecca Nuttall | Deeside | 2:17.48 |
| 4 | 369 | Julia Cooke | Cheltenham H | 2:17.75 |
| 5 | 372 | Kate Wiltshire | Cardiff | 2:20.38 |

U20 Women 1500m

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|----------------|--|--|--|--|
| Outdoor | | | | |
| WCBP | | | | |

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| | | | | | Final | 15:20 |
|--|--|--|--|--|--------------|--------------|

Final

| No | Name | Club | Perf | W/S |
|----|------|---------------|--------------|---------|
| 1 | 398 | Elinor Kirk | Swansea | 4:38.73 |
| 2 | 399 | Jenna Roberts | Cwmbran | 5:05.55 |
| 3 | 396 | Sophie Cooke | Cheltenham H | 5:14.86 |

U20 Women 3000m

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|----------------|----------------------|-------------------------|----------------|--|
| Outdoor | Non Stanford | Swansea Harriers | 9:22.84 | |
| WCBP | Carol Hayward | Newport Harriers | 9:47.77 | |

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| | | | | | Final | 16:35 |
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Final

| No | Name | Club | Perf | W/S |
|----|------|---------------|---------|----------|
| 1 | 399 | Jenna Roberts | Cwmbran | 10:43.04 |

U20 Women 100m Hurdles

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|----------------|--|--|--|--|
| Outdoor | | | | |
| WCBP | | | | |

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|--|--|--|--|--|--------------|--------------|
| | | | | | Final | 15:20 |
|--|--|--|--|--|--------------|--------------|

Final

| No | Name | Club | Perf | W/S |
|----|------|------------------|------------|------------|
| 1 | 231 | Caryl Granville | Carmarthen | 15.05 -1.5 |
| 2 | 230 | Gemma Goulbourne | Cardiff | 15.97 -1.5 |
| 3 | 232 | Megan Thomas | Carmarthen | 16.69 -1.5 |

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| U20 Women 400m Hurdles | | | | | |
| Outdoor | Alyson Evans | | | 58.37 | |
| WCBP | Faye Harding | Wrexham | | 59.98 | Final 15:20 |
| Final | | | | | |
| No | Name | Club | Perf | | |
| 1 | 231 Caryl Granville | Carmarthen | 61.66 | | |
| 2 | 281 Kathryn Davies | Newport | 62.05 | | |
| 3 | 232 Megan Thomas | Carmarthen | 63.67 | | |
| 4 | 282 Hannah Pick | Carmarthen | 68.58 | | |
| 5 | 188 Emma Garstang | Deeside | 72.98 | | |
| 6 | 283 Laura Seary | Cardiff | 74.64 | | |
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| U20 Women 2000m S/C | | | | | |
| Outdoor | Kayleigh Brown | Carmarthen Harriers | | 7:46.97 | |
| WCBP | No Record Set | | | 0:00.0 | Final 17:40 |
| Final | | | | | |
| No | Name | Club | Perf | | |
| 1 | 395 Alaw Beynon-Thomas | Carmarthen | 7:40.60 | | |
| 2 | 418 Kayleigh Brown | Carmarthen | 8:07.96 | | |
| 3 | 232 Megan Thomas | Carmarthen | 8:11.95 | | |
| 4 | 417 Leigh Barker | Brecon | 8:12.51 | | |
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| U20 Women High Jump | | | | | |
| Outdoor | Rebecca Jones | Wrexham | | 1.88 | |
| WCBP | Rebecca Jones | Wrexham | | 1.77 | Final 16:00 |
| No | Name | Club | Perf | | |
| 1 | 444 Jennifer Wade | Barry & Vale | 1.65 | | |
| 2 | 396 Sophie Cooke | Cheltenham H | 1.55 | | |
| 3 | 282 Hannah Pick | Carmarthen | 1.50 | | |
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| U20 Women Pole Vault | | | | | |
| Outdoor | Rhian Clarke | | | 3.70 | |
| WCBP | Lyndsay Maund | Swansea Harriers | | 3.50 | Final 11:00 |
| No | Name | Club | Perf | | |
| 1 | 458 Jessica Abraham | Cardiff | 3.41 | | |
| 2 | 457 Hannah Abraham | Cardiff | 3.31 | | |
| | | | | | |
| U20 Women Long Jump | | | | | |
| Outdoor | Lisa Armstrong | Torfaen | | 6.25 | |
| WCBP | Lisa Armstrong | Torfaen | | 6.19w | Final 13:30 |
| No | Name | Club | Perf | W/S | |
| 1 | 144 Zara George | Cardiff | 5.63 | -0.6 | |
| 2 | 231 Caryl Granville | Carmarthen | 5.52 | -0.4 | |
| 3 | 188 Emma Garstang | Deeside | 4.94 | -1.4 | |
| 4 | 150 Hannah Thomas | Carmarthen | 4.63 | +0.6 | |
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| U20 Women Triple Jump | | | | | |
| Outdoor | Sally Peake | Liverpool | | 12.24 | |
| WCBP | Sally Peake | Liverpool | | 12.02 | Final 13:30 |
| No | Name | Club | Perf | | |
| 1 | 282 Hannah Pick | Carmarthen | 9.53 | | |
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| U20 Women Shot Put | | | | | |
| Outdoor | Sally Hinds | Swansea Harriers | | 14.72 | |
| WCBP | Sally Hinds | Swansea Harriers | | 14.21 | Final 14:00 |
| No | Name | Club | Perf | | |
| 1 | 516 Faye Calvert | Deeside | 10.54 | | |
| 2 | 518 Charlotte Murray | Swansea | 10.43 | | |
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| U20 Women Discus | | | | | |
| Outdoor | Phillipa Roles | Swansea Harriers | | 51.60 | |
| WCBP | Phillipa Roles | Swansea Harriers | | 46.62 | Final 13:00 |
| No | Name | Club | Perf | | |
| 1 | 531 Sarah Richards | Swansea | 36.57 | | |
| 2 | 516 Faye Calvert | Deeside | 33.81 | | |
| | | | | | |
| U20 Women Hammer | | | | | |
| Outdoor | Laura Douglas | Sale Harriers | | 58.44 | |
| WCBP | Laura Douglas | Sale Harriers | | 52.18 | Final 11:00 |
| No | Name | Club | Perf | | |
| 1 | 537 Nicola Stevenson | Bridgend | 46.55 | | |
| 2 | 518 Charlotte Murray | Swansea | 43.01 | | |
| 3 | 516 Faye Calvert | Deeside | 39.87 | | |
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| U20 Women Javelin | | | | | |
| Outdoor | Lianne Clarke | Neath Harriers | | 50.95 | |
| WCBP | Lianne Clarke | Neath Harriers | | 47.95 | Final 16:30 |
| No | Name | Club | Perf | | |
| 1 | 546 Dannielle Hamer | Carmarthen | 41.00 | | |
| 2 | 556 Claire Williams | Swansea | 38.08 | | |
| 3 | 555 Kylie Clarke | Swansea | 32.59 | | |