

Welsh Athletics Junior Track & Field Championships

University Track, Swansea 2007



U20 Men - Results

PRIFYSGOL CYMRU ABERTAWNE



UNIVERSITY OF WALES SWANSEA

U20 Men 100m

Outdoor Jamie Henthorn Carmarthen Harriers 10.54
WCBP Christian Malcolm Cardiff AAC 10.12

Heats 11:45
Final 13:15

Heat 1

| No | Name | Club | Perf | W/S |
|----|------------------------|-----------------|-------|--------|
| 1 | 140 Gwyn Williams | Menai | 11.44 | -1.6 Q |
| 2 | 135 Rhys Knapman | Barry & Vale | 11.53 | -1.6 q |
| 3 | 131 Christopher Hall | Kingston & Poly | 11.54 | -1.6 q |
| 4 | 138 Johnathan Simonson | Swansea | 11.65 | -1.6 q |
| 5 | 133 Nigel Jones | Rhymney Valley | 11.93 | -1.6 |

Heat 2

| No | Name | Club | Perf | W/S |
|----|----------------------|---------|-------|--------|
| 1 | 139 Andrew Smith | Swansea | 11.36 | -1.5 Q |
| 2 | 130 Gareth Breeze | Sale | 11.41 | -1.5 q |
| 3 | 132 Christopher Howe | Cardiff | 11.45 | -1.5 q |
| 4 | 136 Jamie Mayers | Cwmbran | 11.53 | -1.5 q |
| 5 | 134 Thomas Kivell | Newport | 11.98 | -1.5 |

Final

| No | Name | Club | Perf | W/S |
|----|------------------------|-----------------|-------|------|
| 1 | 139 Andrew Smith | Swansea | 11.17 | -1.5 |
| 2 | 138 Johnathan Simonson | Swansea | 11.21 | -1.5 |
| 3 | 140 Gwyn Williams | Menai | 11.25 | -1.5 |
| 4 | 130 Gareth Breeze | Sale | 11.26 | -1.5 |
| 5 | 132 Christopher Howe | Cardiff | 11.32 | -1.5 |
| 6 | 136 Jamie Mayers | Cwmbran | 11.53 | -1.5 |
| 7 | 131 Christopher Hall | Kingston & Poly | 11.56 | -1.5 |
| 8 | 135 Rhys Knapman | Barry & Vale | 11.59 | -1.5 |

U20 Men 200m

Outdoor Christian Malcolm Cardiff AAC 20.29
WCBP Jamie Henthorn Carmarthen Harriers 21.46

Final 17:05

Final

| No | Name | Club | Perf | W/S |
|----|------------------------|-----------------|-------|------|
| 1 | 138 Johnathan Simonson | Swansea | 23.18 | -4.6 |
| 2 | 140 Gwyn Williams | Menai | 23.31 | -4.6 |
| 3 | 131 Christopher Hall | Kingston & Poly | 23.40 | -4.6 |
| 4 | 135 Rhys Knapman | Barry & Vale | 23.63 | -4.6 |
| 5 | 130 Gareth Breeze | Sale | 23.77 | -4.6 |
| 6 | 136 Jamie Mayers | Cwmbran | 23.95 | -4.6 |
| 7 | 132 Christopher Howe | Cardiff | 27.06 | -4.6 |
| 8 | 133 Nigel Jones | Rhymney Valley | DNF | |

U20 Men 400m

Outdoor Tim Benjamin Cardiff AAC 46.1
WCBP Bruce Tasker Carmarthen Harriers 48.14

Final 16:10

Final

| No | Name | Club | Perf |
|----|--------------------|---------------|-------|
| 1 | 139 Andrew Smith | Swansea | 49.83 |
| 2 | 268 Thomas Roberts | Leeds City AC | 51.13 |
| 3 | 266 Rhys Hopkins | Bridgend | 51.44 |
| 4 | 265 Nathan Cooze | Swansea | 51.65 |
| 5 | 270 Fred Wilson | Cardiff | 52.96 |
| 6 | 269 Gawain Rogers | Wrexham | 56.70 |

U20 Men 800m

Outdoor Paul Williams Swansea Harriers 1:48.20
WCBP Tony Dyke 1:52.8

Final 15:25

Final

| No | Name | Club | Perf |
|----|---------------------|------------|---------|
| 1 | 368 Joe Thomas | Cardiff | 1:55.22 |
| 2 | 367 Guy Smith | St Josephs | 1:56.18 |
| 3 | 363 Jonathan Butler | Swansea | 1:59.37 |
| 4 | 362 Huw Adams | Bridgend | 1:59.63 |
| 5 | 365 Dan Lester | Cwmbran | 2:04.05 |
| 6 | 364 Craig Hudson | Cardiff | 2:18.79 |

U20 Men 1500m

Outdoor Neil Horsfield Newport Harriers 3:44.49
WCBP Tony Blackwell Wolverhampton 3:52.7

Final 13:30

Final

| No | Name | Club | Perf |
|----|---------------------|---------|---------|
| 1 | 393 Thomas Phillips | WGEL | 4:02.6* |
| 2 | 391 Simon Lawson | Cardiff | 4:06.3* |
| 3 | 392 Jonathan Peters | Cwmbran | 4:09.8* |
| 4 | 394 Ali Solhjo | Cardiff | 4:14.9* |
| 5 | 389 Gethin Edwards | Menai | 4:29.6* |
| 6 | 390 Gavin Hanrahan | Cwmbran | DNF |

* manually entered times

U20 Men 3000m

| | | | | |
|----------------|-----------------------|-------------------------|----------------|--------------------|
| Outdoor | Andrew Rodgers | Leeds | 8:12.60 | |
| WCBP | Colin Clarkson | Swansea Harriers | 8:31.80 | Final 16:35 |
| | <u>Final</u> | | | |
| | No | Name | Club | Perf |
| 1 | 391 | Simon Lawson | Cardiff | 8:52.47 |
| 2 | 413 | Thomas Marshall | Brecon | 8:57.82 |
| 3 | 411 | Ricky Challinor | Deeside | 9:34.66 |

U20 Men 2000m S/C

| | | | | |
|----------------|--------------|----------------|----------------|--------------------|
| Outdoor | | | 8:54.60 | |
| WCBP | | | 0:00.00 | Final 16:35 |
| | | | | |
| | <u>Final</u> | | | |
| | No | Name | Club | Perf |
| 1 | 390 | Gavin Hanrahan | Cwmbran | 6:31.78 |
| 2 | 412 | Nathan Hardee | Newport | 6:35.32 |

U20 Men 400m Hurdles

| | | | | |
|----------------|----------------------|-------------------------|-----------------|--------------------|
| Outdoor | David Greene | Swansea Harriers | 51.14 | |
| WCBP | Rhys Williams | Cardiff AAC | 52.54 | Final 14:10 |
| | | | | |
| | <u>Heat 1</u> | | | |
| | No | Name | Club | Perf |
| 1 | 280 | Gareth Sutcliffe | Cardiff | 59.2* |
| 2 | 279 | Robert Bushrod | Wycombe Phoenix | 59.9* |

U20 Men High Jump

| | | | | |
|----------------|------------------|-----------------|-------------|--------------------|
| Outdoor | John Hill | Solihull | 2.24 | |
| WCBP | John Hill | Solihull | 2.08 | Final 12:00 |
| | | | | |
| | No | Name | Club | Perf |
| 1 | 440 | Craig Davies | Carmarthen | 1.90 |
| 2 | 441 | John Edwards | Deeside | 1.85 |
| 3 | 443 | Daniel Williams | Aberdare | 1.75 |
| 4 | 269 | Gawain Rogers | Wrexham | 1.70 |
| 5 | 442 | Lewis Long | Cardiff | 1.70 |

U20 Men Pole Vault

| | | | | |
|----------------|--------------------|--------------------|-------------|--------------------|
| Outdoor | Neil Winter | Shaftesbury | 5.50 | |
| WCBP | Andrew Penk | Cardiff | 4.71 | Final 13:30 |
| | | | | |
| | No | Name | Club | Perf |
| 1 | 456 | Liam Edwards | Deeside | 3.50 |
| 2 | 455 | Gavin Berry | Basingstoke | 3.20 |

U20 Men Long Jump

| | | | | | |
|----------------|-----------------------|--------------------|-------------------|--------------------|------------|
| Outdoor | Colin Jackson | Cardiff AAC | 7.56 | | |
| WCBP | Ricardo Childs | Brecon AC | 7.28w | Final 13:30 | |
| | | | | | |
| | No | Name | Club | Perf | W/S |
| 1 | 474 | David Cook | Exeter University | 6.94 | +1.7 |
| 2 | 134 | Thomas Kivell | Newport | 6.52 | +1.6 |
| 3 | 131 | Christopher Hall | Kingston & Poly | 6.22 | +0.7 |
| 4 | 475 | Michael Dwight | Cardiff | 6.16 | +2.1 |
| 5 | 477 | Adam Williams | Menai | 5.87 | +0.3 |
| 6 | 441 | John Edwards | Deeside | 5.72 | +1.9 |

U20 Men Triple Jump

| | | | | | |
|----------------|-----------------------|--------------------|--------------|--------------------|------------|
| Outdoor | Steve Shalders | Cardiff AAC | 15.99 | | |
| WCBP | Graham Webb | Newport HSc | 14.67 | Final 13:30 | |
| | | | | | |
| | No | Name | Club | Perf | W/S |
| 1 | 477 | Adam Williams | Menai | 13.13 | -1.1 |
| 2 | 269 | Gawain Rogers | Wrexham | 11.25 | -2.8 |
| 3 | 479 | Jamie Stedman | Llanelli | 11.14 | -1.5 |

U20 Men Shot Put

| | | | | |
|----------------|----------------------|----------------------------|-----------------|--------------------|
| Outdoor | Matthew Evans | Carmarthen Harriers | 15.75 | |
| WCBP | Matthew Evans | Carmarthen Harriers | 15.52 | Final 13:00 |
| | | | | |
| | No | Name | Club | Perf |
| 1 | 514 | Brett Morse | Cardiff | 15.35 |
| 2 | 513 | Robert Llewellyn | Pembrokeshire H | 10.26 |
| 3 | 512 | Mark Boswell | Newport | 8.87 |

U20 Men Discus

| | | | | | |
|---|----------------------------|----------------------|--------------|--------------|--------------|
| | Outdoor Brett Morse | Cardiff AAC | 56.35 | | |
| | WCBP John Parkin | Sale Harriers | 47.43 | Final | 14:00 |
| | | New WCBP | | | |
| | No Name | Club | Perf | | |
| 1 | 514 Brett Morse | Cardiff | 53.39 | | |
| 2 | 530 Ritchie Wells | Swansea | 42.96 | | |
| 3 | 529 Peter Morgan | Cardiff | 36.75 | | |
| 4 | 513 Robert Llewellyn | Pembrokeshire H | 36.11 | | |

U20 Men Hammer

| | | | | | |
|---|---------------------------------|-------------------------|--------------|--------------|--------------|
| | Outdoor Matthew Richards | Swansea Harriers | 58.44 | | |
| | WCBP Matthew Richards | Swansea Harriers | 53.56 | Final | 12:00 |
| | | New WCBP | | | |
| | No Name | Club | Perf | | |
| 1 | 529 Peter Morgan | Cardiff | 55.11 | | |
| 2 | 530 Ritchie Wells | Swansea | 53.76 | | |
| 3 | 512 Mark Boswell | Newport | 33.42 | | |
| 4 | 536 James Dobler | Swansea | 32.58 | | |
| 5 | 513 Robert Llewellyn | Pembrokeshire H | 29.25 | | |

U20 Men Javelin

| | | | | | |
|---|--------------------------------|-------------------------|--------------|--------------|--------------|
| | Outdoor Jonathan Clarke | Swansea Harriers | 68.74 | | |
| | WCBP Jonathan Clarke | Swansea Harriers | 63.14 | Final | 15:00 |
| | | | | | |
| | No Name | Club | Perf | | |
| 1 | 553 Garth Loughran | Cardiff | 60.15 | | |
| 2 | 554 Stephen Winter | Brecon | 53.91 | | |
| 3 | 561 Michael John | Cardiff | 52.81 | | |
| 4 | 552 Mathew Holloway | Swansea | 44.45 | | |
| 5 | 551 Philip Alvey | Pembrokeshire H | 41.54 | | |